










End of Life SYMPOSIUM

December 16 to 17, 2021
VIRTUAL

End of Life Symposium | Virtual

-  **WELCOME**
-  **END OF LIFE SYMPOSIUM PLANNING COMMITTEE**
-  **END OF LIFE SYMPOSIUM FACULTY BIOS**
-  **GENERAL INFORMATION**
-  **E-SYLLABUS**
-  **ACKNOWLEDGMENT OF SUPPORT**
-  **CONFERENCE SCHEDULE**



End of Life Symposium | Virtual

Welcome to the End of Life Virtual Symposium!

On behalf of City of Hope and the Department of Continuing Medical Education, we would like to thank you for joining us for this educational activity.

Interest and input from our participants encouraged us to continue to expand the focus of this symposium, incorporating requests and suggestions from attendees. The previous years of this symposium have been a great success and we are happy to have you join us this year.

Our goal is to provide the desired information and skills which physicians and allied health care providers need in order to better serve their patient populations and research. Your thoughts are valuable and important, so please share them with us on the evaluation. A link to the evaluation will be provided at the conclusion of the conference.

Should you have any questions, please contact us:

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A Special Thanks to the End of Life Planning Committee



**Chandana Banerjee, MD, MPA
HMDC, FAAHPM**

Director & Designated Institutional Official
Graduate Medical Education
Assistant Clinical Professor
Supportive Care Medicine
Course Director & Chair
End of Life Symposium
City of Hope



Kim Callinan, MPP, PMP

President & Chief Executive Officer
Compassion & Choices



Robert S. Drake, MDiv, MSci

Ordained Interfaith Clergy
Hospice & Palliative Care Chaplain
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Satheesh Gunaga, DO

Emergency Department Medical
Director
Henry Ford Brownstown
Vice Chair of Emergency Medicine
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End of Life Planning Committee Cont.



Victoria Ramirez, LCSW, ACHP-SW

Social Work Program Specialist
End of Life Option Act
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Steven T. Rosen, MD

Provost and Chief Scientific Officer
Director, Comprehensive Cancer
Center and Beckman Research
Institute
City of Hope



Kimberly Shapiro, MD

Medical Director
Outpatient Behavioral Health and Wellness
Mission Hospital Laguna Beach



Samantha Trad, MA

California and Hawai'i State
Director
Compassion & Choices

End of Life Symposium Faculty



Chandana Banerjee, MD, MPA, HMDC, FAAHPM

Chair & Course Director, End of Life Symposium; Director & Designated Institutional Officer, Graduate Medical Education; Assistant Clinical Professor, Supportive Care Medicine; City of Hope

Dr. Banerjee is an assistant clinical professor in the Department of Supportive Care Medicine at City of Hope, where she specialized in palliative and hospice medicine. Her focus is specifically on all educational and clinical aspects related to complex symptom management and end-of-life care. Dr. Banerjee was instrumental in developing City of Hope's

ACGME accredited Hospice & Palliative Medicine Fellowship. She also developed the End of Life Symposium, which was first held at City of Hope in September 2019. The symposium has now been endowed for multiple years. She is the physician lead for Schwartz Rounds at City of Hope and serves as chair on the End of Life Option Act Subcommittee.

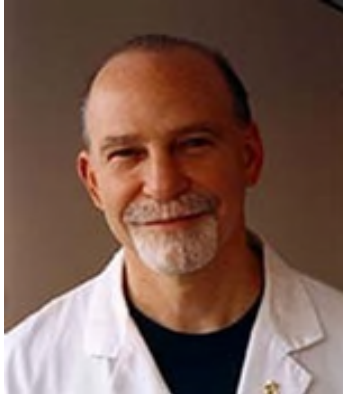
Dr. Banerjee was chair for the American Academy of Hospice & Palliative Medicine's Humanities and Spirituality Special Interest Group from March 2020-2021. She serves on AAHPM's editorial board for the publication AAHPM Quarterly and has served on the assembly's Abstract Review Board for multiple years. She is a reviewer for evidence-based research articles in hospice and palliative medicine submitted to McMaster University in Canada. She currently serves as first vice chair on the board of directors for Compassion & Choices.

Dr. Banerjee's work has been published in newspapers, journals and books. She has spoken at conferences and has been interviewed for her thought leadership in end-of-life care and medical aid in dying. She is the editor for an upcoming book by Springer Publishing's CTAR series exploring views on end-of-life care, death, burial and bereavement within different cultures and religions. Dr. Banerjee is a contributing member on the National Comprehensive Cancer Network Fatigue Panel. Her leadership activities in education include excellence in teaching, faculty development and mentoring, and curriculum and program development.

Dr. Banerjee earned her bachelor's degree in English with an honors scholar designation and magna cum laude from the University of Connecticut. She received her master's degree in public administration from New York University and her medical degree from Saba University School of Medicine. She completed her residency in pediatrics and her fellowship in hospice and palliative medicine from Kaiser Permanente Los Angeles. She is also certified as a hospice medical director.

Dr. Banerjee was recently selected as a Health Equity Scholar into the prestigious Cambridge Health Alliance - Center for Health Equity Education & Advocacy Program's 2021-2022 Cohort.

Dr. Banerjee loves to write poetry and her first collection, "Ashen Leaves," was published in July 2020. Her second book of poems, "Neruda in Bed," is currently in production.



Steven T. Rosen, MD

Provost and Chief Scientific Officer; Director, Comprehensive Cancer Center and Beckman Research Institute; City of Hope

Dr. Rosen is the provost, chief scientific officer, and director of the Comprehensive Cancer Center and the Beckman Research Institute, Irell & Manella Cancer Center Director's Distinguished Chair for the City of Hope in Duarte, California. Following his graduation with distinction from Northwestern University Medical School's Six-Year Honors Program in Chicago, Illinois, Dr Rosen completed his residency in internal medicine at Northwestern and a fellowship in medical oncology at the National Cancer Institute in Maryland. He served as the Director of the Robert H. Lurie Comprehensive Cancer Center at Northwestern University Feinberg School of Medicine from 1989-2014.

Dr Rosen's laboratory research focuses on experimental therapeutics and hematologic malignancies. He has received funding from the National Cancer Institute (NCI), American Cancer Society, Leukemia and Lymphoma Society (LLS), Multiple Myeloma Research Foundation, and Rising Tide Foundation. Dr Rosen has received numerous grant awards and contracts, and has published more than 400 scientific papers. He is editor-in-chief of Cancer Treatment and Research. Dr Rosen is the chair of the Medical Science Committee of the LLS and serves on its Board. He also serves on the Board of American Society of Clinical Oncology's Conquer Cancer Foundation. Dr Rosen has been an advisor to more than two dozen NCI Comprehensive Cancer Centers.

He was the recipient of Northwestern University Medical School's Alumni Achievement Award (1994), the Martin Luther King Humanitarian Award from Northwestern Memorial Hospital (1995), the Marv Samuel Award from the Chicago Baseball Cancer Charities (1996), recognition from the Woman's Board of Northwestern Memorial Hospital for Compassionate Care (1996), and Israel Cancer Research Fund, Man of Distinction Award (2011), and Lifetime Achievement Award (2015). Best Doctors in Chicago and Los Angeles. American Institute for Medical and Biological Engineering (AIMBE's) College of Fellows (2017). Association of American Physicians (AAP) (2019). The Giants of Cancer Care award for 2021.



Vijay Trisal, MD

Chief Medical Officer; Norman and Melinda Payson Professor in Medicine; Associate Clinical Professor; Department of Surgery; City of Hope

Dr. Trisal is a highly skilled surgeon who draws raves from patients, as well as a passionate spokesman for the unique brand of compassionate care provided by City of Hope. Dr. Trisal appears regularly on our “Ask the Expert” video series, and he’s a vocal advocate of expanding the City of Hope experience beyond the Duarte campus with community practices

throughout the Southland.

Dr. Trisal says he believes in individualized care, taking into account a person’s family, lifestyle, employment, interests and expectations. He makes a point of spending significant time with each patient he treats. “Time is the most important thing,” he says.

He is a member of the National Comprehensive Cancer Network committee and helps formulate guidelines for the treatment of melanoma both nationally and internationally. Dr. Trisal’s specific interest lies in the study of novel genes that may help in early detection and treatment of melanoma and the use of isolated limb infusion delivering high dose chemotherapy to treat locally recurrent disease.

Educated in India, Dr. Trisal served six years at Providence Hospital and Medical Centers in Southfield, Michigan before arriving at City of Hope in 2002.



Betty Ferrell, PhD, RN

Director and Professor, Division of Nursing Research and Education, City of Hope

Dr. Ferrell has been in nursing for 41 years and has focused her clinical expertise and research in pain management, quality of life, and palliative care. Dr. Ferrell is the Director of Nursing Research & Education and a Professor at the City of Hope Medical Center in Duarte, California. She is a Fellow of the American Academy of Nursing and she has over 450 publications in peer-reviewed journals and texts. She is Principal

Investigator of a Research Project funded by the National Cancer Institute on “Palliative Care for Patients with Solid Tumors on Phase 1 Clinical Trials” and Principal Investigator of the “End-of-Life Nursing Education Consortium (ELNEC)” project. She directs several other funded projects related to palliative care in cancer centers and QOL issues. Dr. Ferrell is Co-Chairperson of the National Consensus Project for Quality Palliative Care. Dr. Ferrell completed a Masters degree in Theology, Ethics and Culture from Claremont Graduate University in 2007. She has authored eleven books including the Oxford Textbook of Palliative Nursing (5th Edition, 2019) published by Oxford University Press. She is co-author of the text, *The Nature of Suffering and the Goals of Nursing* published in 2008 by Oxford University Press and *Making Health Care Whole: Integrating Spirituality into Patient Care* (Templeton Press, 2010). In 2013 Dr. Ferrell was named one of the 30 Visionaries in the field by the American Academy of Hospice and Palliative Medicine.



Christian T. Sinclair, MD

Associate Professor, University of Kansas Health System

Dr. Sinclair is an Associate Professor of Palliative Medicine at the University of Kansas Health System, Editor-in-Chief of the website Pallimed, associate social media editor of the Journal of Pain and Symptom Management, and a past president of the American Academy of Hospice and Palliative Medicine.



Michael Hochman, MD, MPH

Chief Executive Officer, SCAN Medical Group (Homelessness Initiative)

Dr. Hochman is the inaugural CEO of SCAN's Homeless Medical Group initiative. Under his leadership, the group uses a "street medicine" model to focus on the care of patients experiencing homelessness in California. Dr. Hochman, a board-certified general internist, is an active physician providing care within the medical group.

Dr. Hochman previously served as the inaugural director of the USC Gehr Family Center for Health Systems Science and Innovation; the Medical Director for

Innovation at AltaMed Health Services; and the Senior Health Deputy for LA County Board of Supervisor Member Mark Ridley-Thomas.

Dr. Hochman attended Harvard Medical School. He completed his residency in Internal Medicine at the Cambridge Health Alliance and was a Robert Wood Johnson Foundation Clinical Scholars Fellow at UCLA. As an instructor, Dr. Hochman has won several clinical teaching awards from Harvard Medical School and LAC+USC Medical Center.

Dr. Hochman has written on health topics for the Boston Globe and other publications, and is the founding editor of the [50 Studies Every Doctor Should Know](#) book series published by Oxford University Press.



Alan Elbaum, MS

University of California Berkeley - University of California San Francisco Joint Medical Program

Alan Elbaum is a 4th-year medical student at UC San Francisco, going into psychiatry and interested in the intersection between mental health and end-of-life care. Prior to medical school, he worked as a disability rights advocate at a Palestinian organization in Nazareth, Israel. During the course of his medical training, he completed one summer of clinical pastoral education (hospital chaplaincy training). He is the author or coauthor of several articles and book

chapters examining the ethical implications of racial health care disparities and divergent cultural values as they relate to decision-making at the end of life.



Stephen J. Forman, MD

Professor, Department of Hematology and Hematopoietic Cell Transplantation; Director, Hematologic Malignancies Research; Institute Director, T Cell Therapeutics Research Laboratories; Professor, Department of Medical Oncology and Therapeutics Research; City of Hope

Dr. Forman is an international expert in hematologic malignancy, cancer immunotherapy, and bone marrow transplantation. He is the Director of the Hematologic Malignancies Research Institute, Director of the T Cell

Therapeutics Research Laboratories as well as staff physician in both the Department of Hematology and Hematopoietic Cell Transplantation and Department of Medical Oncology and Therapeutics Research at the City of Hope Comprehensive Cancer Center. Dr. Forman is also co-editor of "Thomas' Hematopoietic Cell Transplantation," the definitive textbook for clinicians, scientists and health care professionals. In addition, for his work he has been awarded the DKMS Mechtild Harf Science Award and the E. Donnall Thomas Lectureship.

In nearly 40 years at City of Hope, Dr. Forman has lead laboratory and clinical research that has advanced our understanding and treatment of patients with cancer. His current laboratory and clinical research is focused on CAR T cell cancer immunotherapy to treat both hematologic and solid tumor cancers.



Yelena Zatulovsky, LCAT, LPMT, MA, MT-BC, CCLS, HPMT

Vice President of Patient Experience, Seasons Healthcare Management - Seasons Hospice & Palliative Care

Yelena Zatulovsky is the Vice President of Patient Experience at Seasons Hospice & Palliative Care with over 20 years of bedside experience working with patients and families at the end-of-life. In addition to hospice and palliative care, Yelena is licensed as a Mental Health Practitioner, board-certified as a Child Life Specialist, and holds an advanced designation (along with board certification) as a Hospice & Palliative Care Music Therapist. Along

with Yelena's clinical work, Yelena currently serves on NHPCO's Ethics Advisory Council and on C&C's Healthcare Advisory Council. She previously served on NHPCO's Pediatric Advisory Council, served on the Children's Advisory Board of HPCANYS, contributed a training module to the HIPPC (HPCANYS Initiative for Pediatric Palliative Care) curriculum, has multiple published articles and chapters, and has presented at multiple conferences nationwide. In 2011, Yelena's music therapy work, along with that of several colleagues, was featured in the New York Times and in 2014 Yelena was honored as one of Jewish Week's 36 Under 36. Yelena is concurrently pursuing her Doctoral Degree in Clinical Bioethics.



Glen I. Komatsu, MD

Regional Chief Medical Officer, Providence TrinityCare Hospice Care

Dr. Komatsu earned a BS in biological sciences at the University of Arizona and his MD at the Arizona College of Medicine. After completing a pediatric residence at UC Irvine Affiliated Hospitals and a neonatology fellowship at Long Beach Memorial/Miller Children's Hospital, he entered private practice. He served as medical director of the Neonatal Intensive Care Unit at Providence Little Company of Mary Medical Center, Torrance from 1985-2004, as well as director of bioethics for Providence Health & Services in the South Bay. In 2004, Dr. Komatsu pursued an additional specialty by taking an adult palliative care fellowship at Dana-Farber Cancer Institute, Brigham and Women's Hospital, and Harvard Medical School. Returning to California in 2005, he now serves as Chief Medical Officer for Providence TrinityCare Hospice and Regional Palliative Care Southern California, Medical Director for TrinityKids pediatric hospice, director of the Edmond R. and Virginia G. Doak Center for Palliative Care at Providence Little Company of Mary Medical Center, Torrance and Medical Director of Palliative Care at Children's Hospital of Orange County.



Susan Elizabeth Wang, MD, HMDC

Chief, Geriatrics & Palliative Medicine; Medical Director, Life Care Planning & Serious Illness Care; Southern California Permanente Medical Group; Kaiser Permanente

Dr. Wang is the national lead for Dignified Journeys and Palliative Care at Kaiser Permanente (KP), where she supports the implementation of a high-quality ecosystem for the care of people with serious illness. Dr. Wang is also regional chief of the Department of Geriatrics & Palliative Medicine in KP Southern California. In this role, she oversees home-based palliative care, palliative clinic, geriatric clinic, inpatient palliative service and a robust SNF rounding program in 16 hospitals. She is the regional hospice medical director for an agency with an average daily census of 800 patients. She has led KP SCAL as Medical Director of Life Care Planning and Shared Decision Making for over a decade, creating a centralized advance care planning tab, an E-POLST, a primary palliative-skills curriculum, and multiple tools to enhance decision support for patients and families.

Dr. Wang is Director Emeritus of the KP LA Hospice & Palliative Medicine fellowship, a program she created in 2008. She is an assistant clinical professor at UCLA and triple board-certified in Internal, Geriatric and Palliative Medicine. She represents KP on the National Academy of Sciences Roundtable on Quality Care in Serious Illness. She served on the National Quality Forum to establish Standards for Certification of Decision Aids. Dr. Wang has multiple publications with a focus on community palliative care and treatment concordance.



Purvi Patel, MD, MBA

Hospice & Palliative Medicine; SBC Kaiser Permanente

Dr. Patel attended the University of California, Irvine where she received her Bachelor of Science in Biological sciences and her Bachelor of Arts in Psychology. She later attended the American University of Antigua College of Medicine where she received her Medical Degree and completed a simultaneously Masters Program with Plymouth State University for her Master's in Business, with a focus on Healthcare Administration. Dr. Patel went on to complete residency in Family

Medicine at Hofstra University, North Shore Long Island Jewish (now Northwell Health) where she served as chief resident. She completed fellowship in Hospice and Palliative Medicine at Memorial Sloan Kettering Cancer Center and has worked as an attending physician in Hospice and Palliative Medicine since. She has authored and co-authored several works regarding cancer pain management, palliative symptom management and end of life care.



Sorin Buga, MD, FACP, FAAHPM

Clinical Professor; Program Director, Hospice and Palliative Medicine Fellowship; City of Hope

Dr. Buga is a Clinical Professor in the Department of Supportive Care Medicine at City of Hope, Duarte, California where he serves as the Program Director for the fellowship in Hospice and Palliative Medicine. He is board certified in hospice and palliative medicine and a fellow of the American College of Physicians and of the American Academy of Hospice and Palliative Medicine. He completed his fellowship in palliative medicine at H. Lee Moffitt Cancer Center in Tampa, Florida. He

is the City of Hope's representative on the NCCN Adult Cancer Pain Panel and an active member of the American Academy of Hospice and Palliative Medicine, the International Association for Hospice and Palliative Care and International Association for the Study of Pain. He has published in the peer review literature and is often invited to speak at scientific meetings.



Azra Raza, MD

Chan Soon-Shiong Professor of Medicine; Director, Myelodysplastic Syndrome (MDS) Center; Columbia University Medical Center

Dr. Raza is a Professor of Medicine and Director of the MDS Center at Columbia University in New York, NY. She started her research in Myelodysplastic Syndromes (MDS) in 1982 and moved to Rush University, Chicago, Illinois in 1992, where she was the Charles Arthur Weaver Professor in Oncology and Director, Division of Myeloid Diseases. The MDS Program, along with a Tissue Repository containing more than 50,000 samples from MDS and acute leukemia patients was successfully relocated to the University of Massachusetts in 2004 and to Columbia University in 2010.

Before moving to New York, Dr. Raza was the Chief of Hematology Oncology and the Gladys Smith Martin Professor of Oncology at the University of Massachusetts in Worcester. She has published the results of her laboratory research and clinical trials in prestigious, peer reviewed journals such as The New England Journal of Medicine, Nature, Blood, Cancer, Cancer Research, British Journal of Hematology, Leukemia, and Leukemia Research. Dr. Raza serves on numerous national and international panels as a reviewer, consultant and advisor and is the recipient of a number of awards.



Blanca Rivas, LCSW, ACHP-SW, CSW-G

Social Work Program Specialist – End of Life Option Act, City of Hope

Blanca Rivas has been a clinical social worker in the Department of Supportive Care Medicine at City of Hope for 12 years. She received her undergraduate degree in Psychology at U.C. Berkeley, and a Master of Social Work at Tulane University in New Orleans. Her clinical expertise has focused on breast cancer, urologic cancers, and medical aid-in-dying. She became a co-leader for the End of Life Option Act program at City of Hope in 2016. In this role, she provides education, support, and guidance when patients choose to explore and request medical aid-in-dying. Prior to City of Hope, she worked extensively with populations affected by HIV, mental illness, and homelessness in San Francisco, as well as in New Orleans, post-Hurricane Katrina.



Victoria Ramirez, LCSW, ACHP-SW

Social Work Program Specialist – End of Life Option Act, City of Hope

Victoria Ramirez has been at City of Hope for 7 years as a Licensed Clinical Social Worker. She co-leads the End of Life Option Act program and is the clinical social worker for the brain tumor program. She earned her undergraduate degree at Cal Poly Pomona in Sociology/Criminology and her Master of Social Work degree at the University of Southern California. Her passion is helping to honor patients' dignity, values, and wishes while navigating them through End of Life.



Kimberly Shapiro, MD

Medical Director, Outpatient Behavioral Health and Wellness; Mission Hospital Laguna Beach

Born and raised in Southern California, Dr. Shapiro completed her undergraduate studies at Stanford University. She went on to receive her medical training at University of California, Los Angeles and her Psychiatric Residency training at University of Southern California, where she served as Chief Resident.

She previously served as an Assistant Professor in the Department of Supportive Care at City of Hope, where she honed her skills in Psycho-Oncology and developed an interest in Caregiver Support. She is currently Medical Director for the Outpatient Mental Health and Wellness Clinics at Providence Mission Hospital in Orange County, CA. She is Board Certified by the American Board of Psychiatry and Neurology.



Satheesh Gunaga, DO

Emergency Department Medical Director, Henry Ford Health Center Brownstone; Vice Chair of Emergency Medicine; Division Head of Emergency Department Medicine, Henry Ford Wyandotte Hospital

Dr. Gunaga is a board-certified emergency medicine physician practicing in the Detroit Metropolitan area within the Henry Ford Health System. He is the emergency department medical director at Henry Ford Health Center Brownstown, the Vice Chair of Emergency Medicine at Henry Ford Wyandotte Hospital, and clinical adjunct faculty for Michigan State University College of Osteopathic Medicine. He has a passion for end-of-life care, palliative medicine, and its advancement within Emergency Medicine.



Elizabeth S. Plemmons, MD

Chair and Medical Director, Department of Emergency Medicine; Chair Peer Review Committee, Henry Ford Wyandotte Hospital; Core Faculty Emergency Medicine Residency

Dr. Plemmons trained at The Detroit Medical Center and worked in Detroit and its suburbs. She is Chair of the hospital's Peer Review Committee and a core faculty for the emergency medicine residency program as well as many other positions in the hospital and her company, Envision Health. She and her husband are high school sweethearts and avid Michigan State University Football and Basketball fans. They have 2 adult daughters making their way in the world one as a scientist and the other in human resources. She also has

an adorable infant granddaughter.



Thomas R. McKeown, MD, FACEP

Medical Director of Quality and Safety; Stroke Medical Director; Henry Ford Wyandotte Hospital

Dr. McKeown is a board-certified Emergency Medicine physician. He works at Henry Ford Wyandotte Hospital, located in the Detroit, Michigan metropolitan area. He has served as Chair, Medical Director, and faculty of the Department of Emergency Medicine, and Medical Director of HEMS, the local Medical control Authority of Wayne County, MI, with 42 EMS agencies. He was the interim CMO at Wyandotte in March to June 2020. Currently the Medical Director of Quality and Safety at the hospital. Has a Life-long passion for all aspects of end of life

care from the patient's home to the hospital.



Kim Callinan, MPP, PMP

President & Chief Executive Officer, Compassion & Choices

Kim Callinan has served on the Compassion & Choices leadership team for nearly six years, first as Chief Program Officer and now as the organization's President & Chief Executive Officer. During her combined tenure at Compassion & Choices, Kim has played a leadership role in authorizing and implementing medical aid in dying into six new jurisdictions, including the recent passage of New Mexico's End of Life Options Act. She was instrumental in drafting Compassion & Choices' current five-year strategic plan, implemented in 2018. She also launched our Finish Strong initiative, which includes a book and a suite of new tools designed to empower patients to take charge of the final chapter of their lives, including focused efforts on helping people plan for a possible dementia diagnosis and closing the disparities in end of life care and planning that exist for communities of color.

Kim frequently speaks at conferences, testifies before state legislatures, conducts policy briefings and serves on committees as a subject-matter expert on end-of-life care options. Areas of expertise include the stark contrast between consumer needs and existing practices in end-of-life care; consumer empowerment and planning at life's end; preplanning for a dementia diagnosis; reducing disparities in end-of-life planning and care; the impact of religiously affiliated health care on end of life care; and the authorization and implementation of medical aid in dying, also referred to as death with dignity.

Prior to joining Compassion & Choices, Kim spent two decades creating integrated campaigns to engineer social change, including supporting issue campaigns to reduce the number of uninsured Americans and improve children's health, and political campaigns at the federal, state and local levels.

Kim holds a master's degree in public policy from Georgetown University, a bachelor's degree in government from Oberlin College, and a certificate in the fundamentals in gerontology through a joint program offered by the American Society on Aging and the University of Southern California Davis School of Gerontology. She also recently received a Death Doula certificate from the University of Vermont.



David R. Grube, MD

National Medical Director, Compassion and Choices

Dr. Grube was born in Eugene, OR, and raised in Fairbanks, AK. He graduated cum laud from Lewis and Clark College and the University of Oregon Medical School (now Oregon Health & Sciences University). He completed his internship in Tucson, AZ, and served for 5 years in the US Public Health Service, National Health Service Corps, in Grand Coulee, WA, and Philomath, OR. In 1979, he founded Philomath Family Medicine. After 35 years of practice as a Board-Certified family physician, he retired from clinical practice in 2012. He is the National Medical Director for Compassion & Choices, a non-profit organization that educates, supports, and advocates for choice at the end of life. He has been associated with a local hospice (Lumina) since 1980 (Chair/Board of Directors/Chair Ethics Committee).

He served on the Oregon Board of Medical Examiners (2001-2008), two years as Chair. He was awarded the Oregon Academy of Family Physicians Doctor of the Year (1986), and the Oregon Medical Association Doctor/Citizen of the Year (2009). He has received the Distinguished Alumnus (1996) and Pioneer Leadership Award (2021) from Lewis and Clark College. He is a Past President of the Oregon Academy of Family Physicians.

David loves to sing, travel, hike, and write. He owes almost everything he's ever done because of the love and support of his wife of 48+ years, Lynn. They sing in their local Threshold Choir and have three children and five grandchildren.



Susan Gess, PharmD, APh

Drug Education Coordinator, Department of Clinical Pharmacy, Kaiser Permanente San Rafael Medical Center

Dr. Gess practices as a Drug Education Coordinator for Kaiser Permanente - San Rafael Medical Center in Northern California. In her role, she manages quality and cost initiatives in drug use management. She teaches in the ASHP-approved residency program and teaches APPE pharmacy school students from all the Northern California schools of pharmacy. She also serves as a primary consulting pharmacist in the California End of Life Act consultation program.

Susan has over 30 years practice experience in Clinical Pharmacy. She is a graduate of University of California, San Francisco (UCSF) School of Pharmacy and completed two years of post-graduate training at UCSF in Clinical Residency and a second-year specialty residency in Pharmacy Administration.

Dr. Gess is an Associate Clinical Professor (WOS) – UC San Francisco and Assistant Clinical Professor, Adjunct Faculty – at both Touro University and California Northstate University College of Pharmacy.



Bonnie McKeegan, LCSW

*Psychotherapist; Board Director, Full Circle of Living and Dying;
Volunteer/Storyteller, Compassion & Choices*

Bonnie McKeegan is a Licensed Clinical Social Worker (LCSW), psychotherapist, and writer in Grass Valley, California. The majority of her professional experiences have been in mental health and healthcare settings. She is a Board Director for Full Circle of Living and Dying, a non-profit 501(c)3 organization whose mission is to educate and serve our community in understanding options and rights for end-of-life care and post-death care; empower families and communities in bringing back the tradition of family-led death care through conversation, guidance, and local resources. In 2018, Bonnie's mother utilized California's End of Life Option Act to end her suffering from terminal breast cancer. Bonnie is also a volunteer and storyteller for Compassion and Choices.



The Rev. Alice Cabotaje, MDiv, BCC, ACPE

*Director of Spiritual Care & Education, Massachusetts
General Hospital*

The Rev. Alice Cabotaje is the Director of Spiritual Care and Education at Massachusetts General Hospital (MGH). She is an Association for Clinical Pastoral Education (ACPE) Certified Educator and a Board-Certified Chaplain with the Association of Professional Chaplains (APC). She is ordained and endorsed by the Metropolitan Community Churches (MCC). Alice is also an authorized Zen teacher and Dharma Heir in the Rinzaï Zen School Empty Cloud lineage.

Prior to joining MGH in 2015, Alice supervised Clinical Pastoral Education (CPE) students at the University of California San Francisco (UCSF) Medical Center and UCSF Benioff Children's Hospitals, and at UC Davis Medical Center in Sacramento, California.



Zhiyun Cai, PhD, BCC-PCHAC

Palliative Care Chaplain, Stanford Health Care

Bhikkhuni Dr. Longyun Shi is an ordained Buddhist nun in the Zen Buddhist tradition for almost thirty years. She is the abbess of the American Bodhi Sea Buddhist Association. She holds a Ph.D. in Religious Studies, received palliative care and hospice advanced certification through the Association of Professional Chaplains of the United States. Ven. Longyun is on the health care advisory council for Compassion & Choices. She is a Palliative Care and Emergency Department chaplain at Stanford Health Care. Her research includes mindfulness training to improve the quality of life for palliative care patients, self-calming rituals, competency cultural education, and Asian perspective on death and dying. Longyun has traveled extensively through the United States and overseas as a spiritual care provider and instructor.



Robert S. Drake, MDiv, MSci

Ordained Interfaith Clergy, Hospice & Palliative Care Chaplain; Medical Outreach Manager, Compassion & Choices

Robert Drake is Medical Outreach Manager at Compassion & Choices where he educates hospices, healthcare professionals and systems on end-of-life options. Robert is ordained interfaith clergy, an experienced hospice chaplain, bereavement counselor, and home funeral guide. Robert has a Master of Science degree in Conflict Resolution, and a Master of Divinity from San Francisco Theological Seminary with a credential in Spirituality. Robert has served as adjunct faculty at Graduate Theological Union and the Chaplaincy Institute in

Berkeley where he also served as Executive Director.



Jerrigrace Lyons

Founder and Executive Director; Final Passages, Institute of Conscious Dying, Home Funeral and Green Burial Education

Jerrigrace Lyons is a pioneer in the home funeral movement and international death educator. She informs and has guided hundreds of families who wish to participate in the natural death care of a loved one, having funeral and grief rituals in alignment with their own personal and spiritual values.

Jerrigrace feels this work is a calling. She guides and has been guided by her own angels and learns from each family she has had the privilege of assisting.

She does this work both to help others in need and for her own personal growth.

Jerrigrace founded the educational non-profit organization Final Passages in 1995 to inform the public about preparing for end-of-life that includes: conscious dying, end-of-life doula care, natural death care rights and practicalities, green burials and the benefits of bringing funerals back into the home and family care. Jerrigrace is a death midwife, home funeral guide, minister, educator, and Reiki Master, living in Sebastopol, CA. She has been featured in the acclaimed PBS documentary *A Family Undertaking*, *The Wall Street Journal*, *NY and LA Times* and many major newspapers and magazines. She authored "Creating Home Funerals, A Complete Guide" available on Final Passages Website.



Francesca Arnoldy

Program Director, End-of-Life Doula Professional Certificate Programs, University of Vermont; Study Director, Story Listening Project, Vermont Conversation Lab

Francesca Arnoldy, Community Doula.

Francesca is the course developer of the University of Vermont's End-of-Life Doula Professional Certificate Programs, a bereavement researcher with the Vermont Conversation Lab, and a hospice volunteer. Francesca wrote "Cultivating the Doula Heart - Essentials of Compassionate Care" (a

guidebook) and "Map of Memory Lane" (a picture book). She can be found contemplating birth, death, and life with the doula heart on her website contemplativedoula.com.



Sarah J. Hernandez, MD

Physician, Department of Geriatrics, Palliative Care, and Continuing Care; Division of Palliative Medicine, Southern California Permanente Medical Group, San Bernardino County Service Area

Dr. Hernandez is a palliative medicine physician with Kaiser Permanente San Bernardino County. While studying Chemistry during her undergraduate work at U.C. Davis, she came to know of Cuba's social justice minded medical school, the Escuela Latinoamericana de Medicina, whose mission is founded on the value of healthcare being a human right. She is passionate about breaking down health disparities in vulnerable and marginalized communities. After graduating from medical school, Dr. Hernandez completed her family medicine residency at Pomona Valley Hospital Medical Center, in Pomona, California, with subsequent completion of her hospice and palliative medicine fellowship training at City of Hope, in Duarte, California.



Stefanie Mooney, MD

Assistant Clinical Professor, Division of Supportive Care Medicine, City of Hope

Dr. Mooney trained in medicine at University of California, Irvine, followed by a family medicine residency and hospice and palliative fellowship at Kaiser Permanente Los Angeles. She is currently interim chief for supportive medicine and quality chair for department of supportive care medicine at City of Hope comprehensive center. There she enjoys teaching fellows, working on projects to improve quality, workflows, and the electronic medical record system. Of course, she loves working with her patients as well!



Eric D. Mecusker, DO

Assistant Clinical Professor, Department of Supportive Care Medicine; Core Faculty, Hospice and Palliative Care Medicine Fellowship; City of Hope

Dr. Mecusker is a graduate of the inaugural class of the ACGME Hospice and Palliative Medicine Fellowship at City of Hope who continues to serve as Core Faculty for the very same program. He takes pride in the total person care City of Hope provides, including personal encouragement to pursue implementation of osteopathic modalities in pain and symptom management. As a lifelong reader of speculative fiction, he is excited to present an option for those who wish, “to boldly go where no one has gone before,” after their death.”

◆ General Information ◆

End of Life Symposium | Virtual

If you have any questions or require assistance during the symposium, email cme@coh.org.

Please note that the conference times on the schedule are noted in **Pacific Standard Time**.

<i>DATE</i>	<i>TIME</i>
Thursday, December 16	8:40 a.m. – 5:00 p.m. PST
Friday, December 17	8:15 a.m. – 5:00 p.m. PST

Virtual Conference Link:

Click [Here](#) to Access Zoom Link

Password: 086304

Or Telephone:

Dial:

+1 415 762 9988 (US Toll)

+1 646 568 7788 (US Toll)

Webinar ID: 943 2629 3418

International numbers available: <https://cityofhope.zoom.us/j/adRFkldX94>



◆ E-Syllabus ◆

End of Life Symposium | Virtual

We recommend you access the E-Syllabus link below prior to the start of the conference. We gratefully acknowledge the presenters for their permission to offer this material as an e-syllabus.

E-Syllabus Download/Printing Instructions:

If you would like to download or print a copy of available presentations simply:

1) Visit the following link:

[End of Life Virtual | E-Syllabus](#)

2) Find the desired presentation and click on the title of the presentation you would like to download

3) The presentation will open and appear in PDF format

4) To save the presentation, click "Save As"

5) To print the presentation, click "Print"

PLEASE NOTE:

- ❖ Some presentations not provided prior to the conference will be accessible post-activity.
- ❖ All presentations will be available for 4 weeks following the conclusion of this educational activity.
- ❖ Presentations have been uploaded at the discretion of each faculty member.

ACKNOWLEDGMENT OF SUPPORT

City of Hope gratefully acknowledges
the support from:

Compassion & Choices

End of Life Symposium | Virtual**THURSDAY, DECEMBER 16, 2021**

8:55 - 9:10 AM	Welcome & Announcements Chandana Banerjee, MD, MPA, HMDC, FAAHPM
9:10 - 9:20 AM	Opening Remarks Steven T. Rosen, MD
9:20 - 9:45AM	Introduction to City of Hope, End-of-Life History, and Keynote Introduction Vijay Trisal, MD
9:45 - 10:15 AM	Keynote Lecture The Future of Palliative Care: After the Storm Betty Ferrell, PhD, RN
10:15 - 10:45 AM	Prognostication Christian T. Sinclair, MD
10:45 - 11: 15 AM	Advanced Care Planning Michael Hochman, MD, MPH
11:15 - 11:30 AM	REFRESHMENT BREAK
11:30 - 12:00PM	Cultural Aspects at the End of Life Alan Elbaum, MS
12:00 - 12:30 PM	Delivering End-of-Life News Stephen J. Forman, MD
12:30 - 1:00 PM	The Role of Hospice Yelena Zatulovsky, LCAT, LPMT, MA, MT-BC, CCLS, HPMT
1:00 - 2:00 PM	LUNCH
2:00 - 2:45 PM	Pediatric End-of-Life Care Glen I. Komatsu, MD
2:45 - 3:30 PM	Geriatric End of Life Care Susan Elizabeth Wang, MD, HMDC
3:30 - 3:45 PM	REFRESHMENT BREAK
3:45 - 4:15 PM	The Actively Dying Patient Purvi Patel, MD, MBA
4:15 - 5:00 PM	Palliative Sedation, Compassionate Extubation & VSED Sorin Buga, MD, FACP, FAAHPM
5:00 PM	Adjourn

End of Life Symposium | Virtual**FRIDAY, DECEMBER 17, 2021**

8:30 - 8:40 AM	Announcements Chandana Banerjee, MD, MPA, HMDC, FAAHPM
8:40 - 8:45 AM	Keynote Introduction Steven T. Rosen, MD
8:45 - 9:15 AM	Keynote Lecture LATE STYLE: Opening up as Time Closes in Azra Raza, MD
9:15 - 9:45 AM	Patient/Family Voices Blanca Rivas LCSW, ACPH-SW, CSW-G Victoria Ramirez, LCSW, ACHP-SW
9:45 - 10:15 AM	Grief & Bereavement Kimberly Shapiro, MD
10:15 - 10:30 AM	REFRESHMENT BREAK
10:30 - 11:45 AM	Covid Perspectives Panel Satheesh Gunaga, DO Elizabeth S. Plemmons, MD Thomas R. McKeown, MD, FACEP
11:45 - 1:00 PM	Medical Aid in Dying Panel Kim Callinan, MPP, PMP David R. Grube, MD Susan Gess, PharmD, APh Bonnie McKeegan, LCSW
1:00 - 2:00 PM	LUNCH
2:00 - 3:00 PM	Religion & End of Life Practices The Rev. Alice Cabotaje, MDiv, BCC, ACPE Zhiyun Cai, PhD, BCC-PCHAC Robert S. Drake, MDiv, MSci
3:00 - 3:20 PM	Home Funerals Jerrigrace Lyons
3:20 - 3:40 PM	REFRESHMENT BREAK
3:40 - 4:00 PM	The Death Doula Francesca Arnoldy
4:00 - 4:20 PM	The Green Burial Sarah J. Hernandez, MD
4:20 - 4:40 PM	The Living Wake Stefanie Mooney, MD
4:40 - 5:00 PM	Extraterrestrial Burial Eric D. Mecusker, DO
5:00 PM	Adjourn