**Grief and Bereavement at the End of Life**

**End of Life Symposium Webinar**

***Resources & References***

**Resources:**

*Please contact the Sheri & Les Biller Patient & Family Resource Center – 626.218.2273 for more information about:*

* *“Five Wishes”*
* *“Final Journey”*
* *“When Someone You Love Dies… A Guide To Bereavement”*
* **HOPE Model: A simple way to open conversation:**
* What do you **h**ope for in the time that is left?
* Does **o**rganized religion or cultural-specific practices play a role in your life?
* What **p**ersonal beliefs or practices are helpful to you at a time such as this?
* How do your beliefs and values shape any **e**nd-of-life decisions that might arise?
* **Understand the Six Needs of Mourning**



**References:**

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* Aging with Dignity P.O. Box 1661 Tallahassee, FL 32302-1661 [**www.agingwithdignity.org**](http://www.agingwithdignity.org/)888.5-WISHES (888.594.7437)
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