

Cultural Linguistic Competency (CLC) and Implicit Bias (IB)

The California legislature has passed [Assembly Bill \(AB\) 1195](#), which states that as of July 1, 2006, all Category 1 CME activities that relate to patient care must include a cultural diversity/linguistics component. It has also passed [AB 241](#), which states that as of January 1, 2022, all continuing education courses for a physician and surgeon **must** contain curriculum that includes specified instruction in the understanding of implicit bias in medical treatment.

The cultural and linguistic competency (CLC) and implicit bias (IB) definitions reiterate how patients' diverse backgrounds may impact their access to care.

The following bibliography of articles is provided to serve as a resource and adjunct to this activity.

1. [Qualitative exploration of the perceptions of exercise in patients with cancer initiated during chemotherapy: a meta-synthesis.](#)
Andersen C, Adamsen L, Damhus CS, Piil K, Missel M, Jarden M, Larsen A, Larsen HB, Møller T.
BMJ Open. 2023 Dec 12;13(12):e074266. doi: 10.1136/bmjopen-2023-074266.
PMID: 38086582 Review.
2. [The Role of Physical Activity in Cancer Recovery: An Exercise Practitioner's Perspective.](#)
Roscoe CMP, Pringle A, Chandler C, Faghy MA, Barratt B.
Int J Environ Res Public Health. 2022 Mar 18;19(6):3600. doi: 10.3390/ijerph19063600.
PMID: 35329286
3. [Exercise in African American and White Colorectal Cancer Survivors: A Mixed Methods Approach.](#)
Ray AD, Twarozek AM, Williams BT, Erwin DO, Underwood W 3rd, Mahoney MC.
Rehabil Oncol. 2018 Oct;36(4):188-197. doi: 10.1097/01.REO.0000000000000125.
PMID: 30467528
4. [Weight Loss in Underserved Patients - A Cluster-Randomized Trial.](#)
Katzmarzyk PT, Martin CK, Newton RL Jr, Apolzan JW, Arnold CL, Davis TC, Price-Haywood EG, Denstel KD, Mire EF, Thethi TK, Brantley PJ, Johnson WD, Fonseca V, Gugel J, Kennedy KB, Lavie CJ, Sarpong DF, Springgate B.
N Engl J Med. 2020 Sep 3;383(10):909-918. doi: 10.1056/NEJMoa2007448.
PMID: 32877581 Clinical Trial.
5. [Patient-Reported Perception of Exercise and Receptiveness to Mobile Technology in Cancer Survivors Living in Rural and Remote Areas.](#)
Filion M, Yoon SL, Franks B, Godfrey D, McClean C, Bsepalec J, Maslowski E, Wilkie DJ, Schwartz AL.
Curr Oncol. 2025 Jan 27;32(2):67. doi: 10.3390/currncol32020067.
PMID: 39996867