



THIRD ANNUAL  
**ISSPP**  
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*International Society  
for the Study of Pleura  
and Peritoneum*



**APPENDICEAL CANCERS**

# Updates and Lessons from the BromAc Trial

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*Advancing Innovative Therapies for Cancers That Invade the Peritoneum and the Pleura*

# Disclosures

- No relevant financial relationships.

*This presentation and/or comments will provide a balanced, non-promotional, and evidence-based approach to all diagnostic, therapeutic and/or research related content.*

*The off-label/investigational use of Bromelain and N-acetylcysteine (BromAc) will be addressed.*

# Cultural Linguistic Competency (CLC) & Implicit Bias (IB)

## STATE LAW:

The California legislature has passed Assembly Bill (AB) 1195, which states that as of July 1, 2006, all Category 1 CME activities that relate to patient care must include a cultural diversity/linguistics component. It has also passed AB 241, which states that as of January 1, 2022, all continuing education courses for a physician and surgeon **must** contain curriculum that includes specified instruction in the understanding of implicit bias in medical treatment.

*The cultural and linguistic competency (CLC) and implicit bias (IB) definitions reiterate how patients' diverse backgrounds may impact their access to care.*

## The following CLC & IB components will be addressed in this presentation:

- Access to new treatment options in non-English speaking background patients.

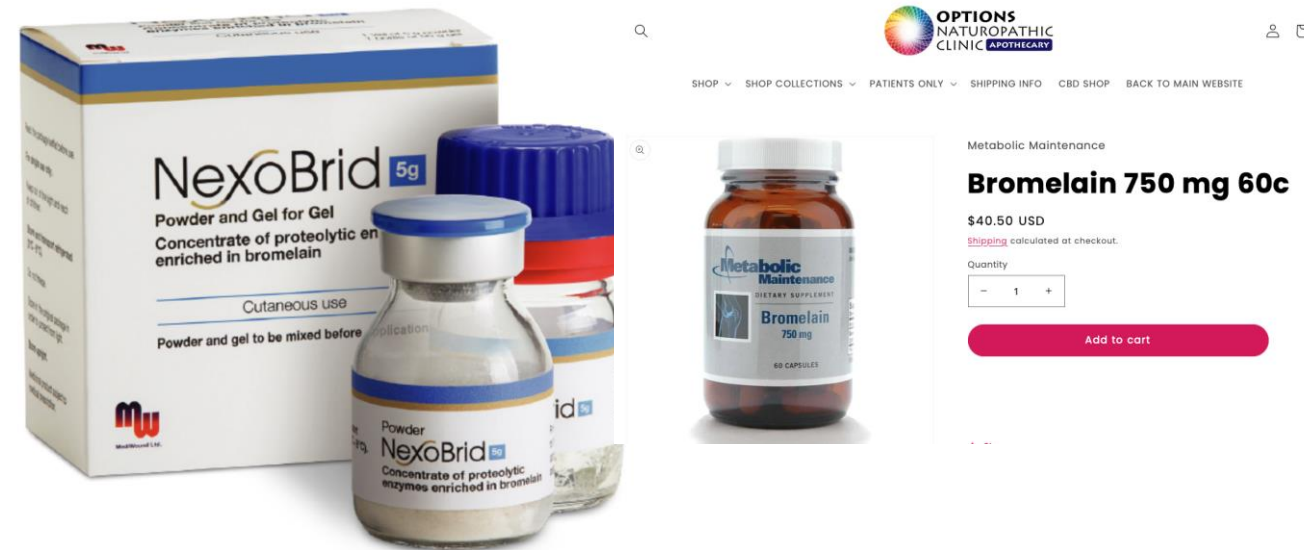


# Contents

1. Background of the BromAc
  - Bromelain
  - Acetylcysteine
  - Oncological use of BromAc
2. Phase I Trial – Safety and efficacy
3. Phase II Trial – Current progress

# Bromelain

- Bromelain is a combination of proteolytic enzymes and non-enzymatic substances from the *Ananas comosus* pineapple stem
- Anti-inflammatory, anti-thrombotic, fibrinolytic and proteolytic function
- Widely used drug in
  - Digestive aid
  - Surgical debridement
  - Topical treatment for 3<sup>rd</sup> degree burns

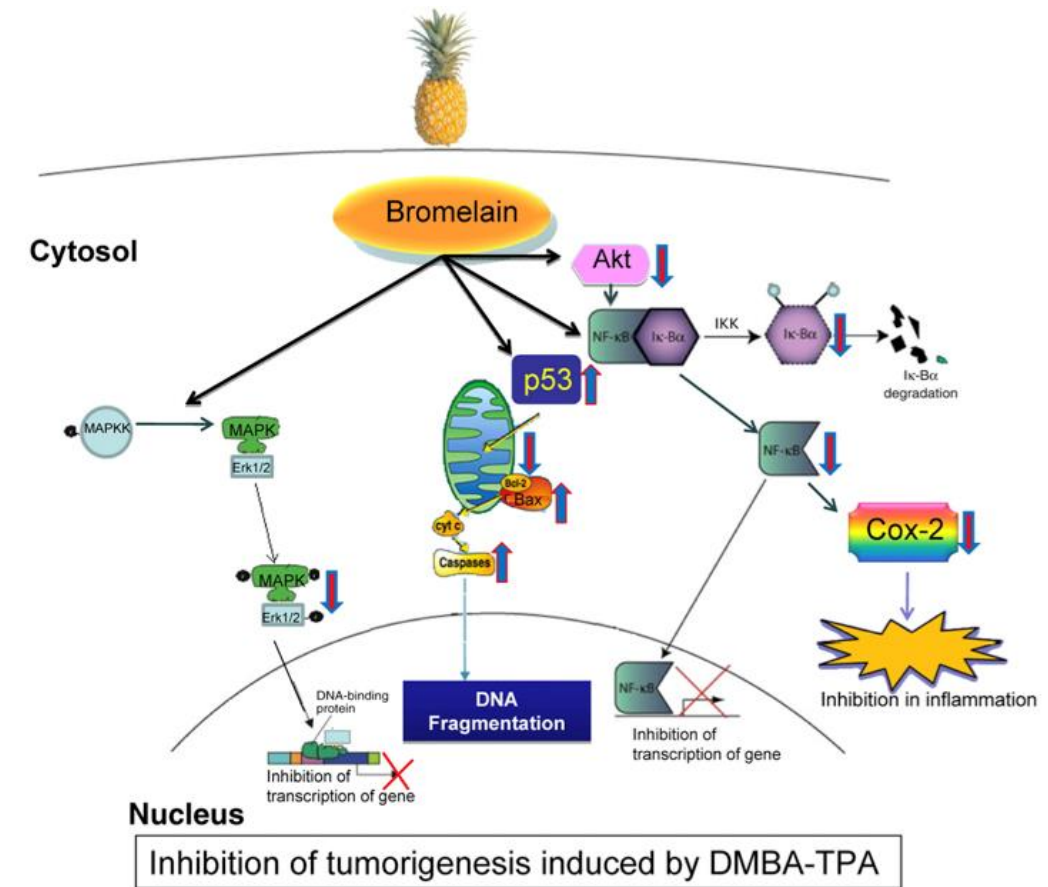




# ...more than just natural therapy and wound care

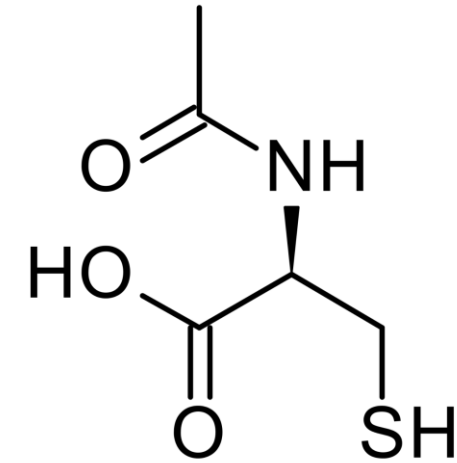
Significant effect on malignancy and cancer growth

- Inhibits tumorigenesis through p53 and caspase signaling pathways
- Regulates several key cellular pathways responsible for cancer invasions
- Immunomodulation e.g. inhibition of CD44 and TGF-B on cancer cells




Kalra, N., Bhui, K., Roy, P., Srivastava, S., George, J., Prasad, S. and Shukla, Y., 2008. Regulation of p53, nuclear factor κB and cyclooxygenase-2 expression by bromelain through targeting mitogen-activated protein kinase pathway in mouse skin. *Toxicology and Applied Pharmacology*, 226(1), pp.30-37.

# N-Acetylcysteine






- N-Acetyl derivative of the amino acid L-cysteine
- Widely use "anti-oxidant" in reducing disulfide bonds, scavenger for reactive oxygen species and precursor for glutathione biosynthesis
- Again, widely used in clinical practice
  - Paracetamol / acetaminophen overdose
  - Mucolytic for chronic bronchopulmonary disorders
  - Dissolve food bezoars
  - Dietary supplement



 **NOW N-Acetyl-Cysteine 1000 mg, 120 Tablets**  
Brand: NOW  
★★★★★ 90 ratings  
**Amazon's Choice** for "nac"

-9% **\$36<sup>70</sup>** (\$0.31 / count)  
RRP: \$40.49 ⓘ  
✓ **prime One-Day**

 Secure transaction  Returns Policy  Amazon-managed Delivery

May be available at a lower price from [other sellers](#), potentially without free Prime shipping.

Brand	NOW
Product benefits	Immune System Function
Item form	Tablet
Dosage form	1000-5000
Flavour	Unflavoured
Allergen	Soy Free, Gluten Free, Nut Free, Dairy Free, Egg Free

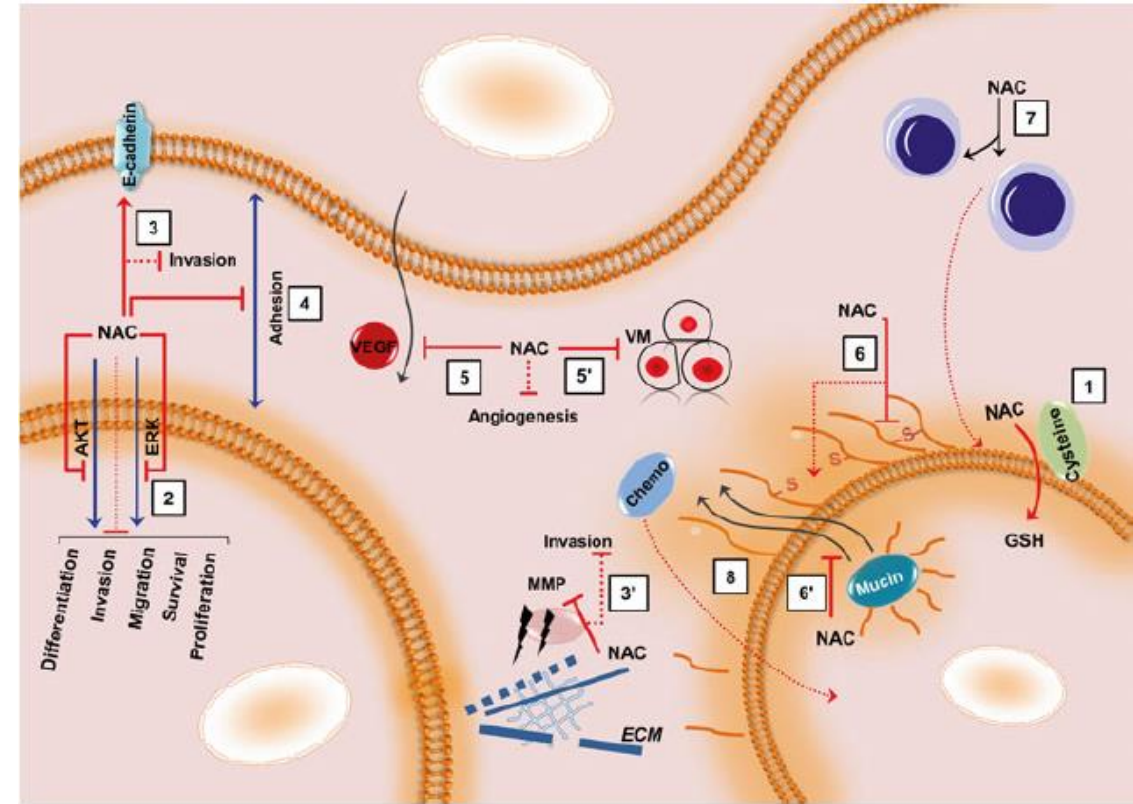
[See more](#)

About this item

## Effect on cancer

## N-acetylcysteine

- Inhibits chemotactic and invasive activities of cancer cells
  - Matrix metalloproteinase (MMPs)
  - Vascular endothelial growth factors (VEGF)
- Immunomodulatory effect
  - Increase TNF- $\alpha$  expression
  - Enhance T-cell cytotoxicity against tumor cells in vivo and in vitro



Amini, A., Morris, D. and Masoumi-Moghaddam, S., 2016. *Utility of Bromelain and N-Acetylcysteine in Treatment of Peritoneal Dissemination of Gastrointestinal Mucin-Producing Malignancies*. 1st ed. Australia: Springer International Publishing.

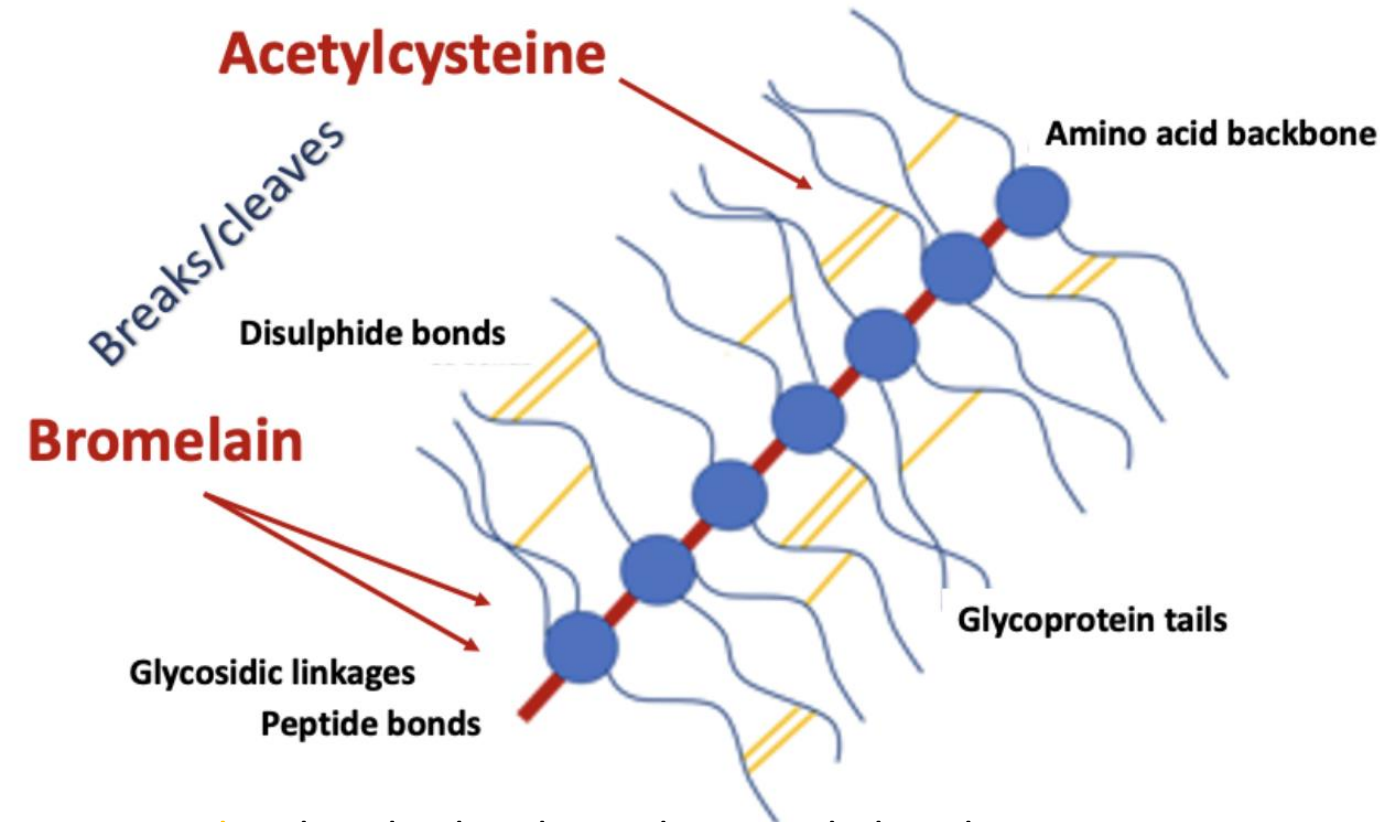


Bromelain + Acetylcysteine

BromAc



# BromAc and Mucinous cancers



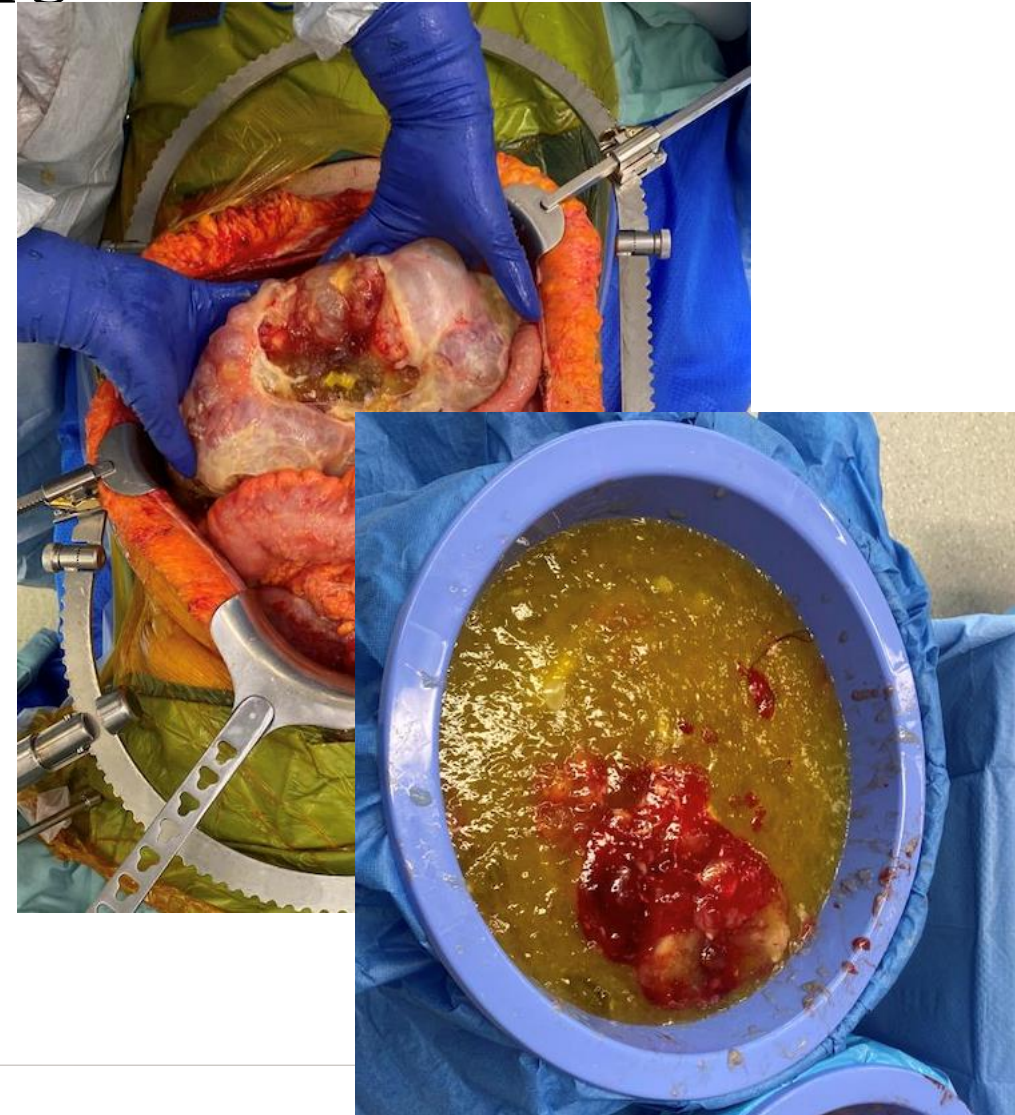
**Bromelain** breaks the glycosidic peptide bonds  
**Acetylcysteine** breaks the disulphide bonds

- Mucin are a set of proteins that form a physical barrier to protect the epithelial layer
- Mucin is aberrantly expressed in malignancy to allow for invasion, growth and survival

# BromAc and Mucinous cancers

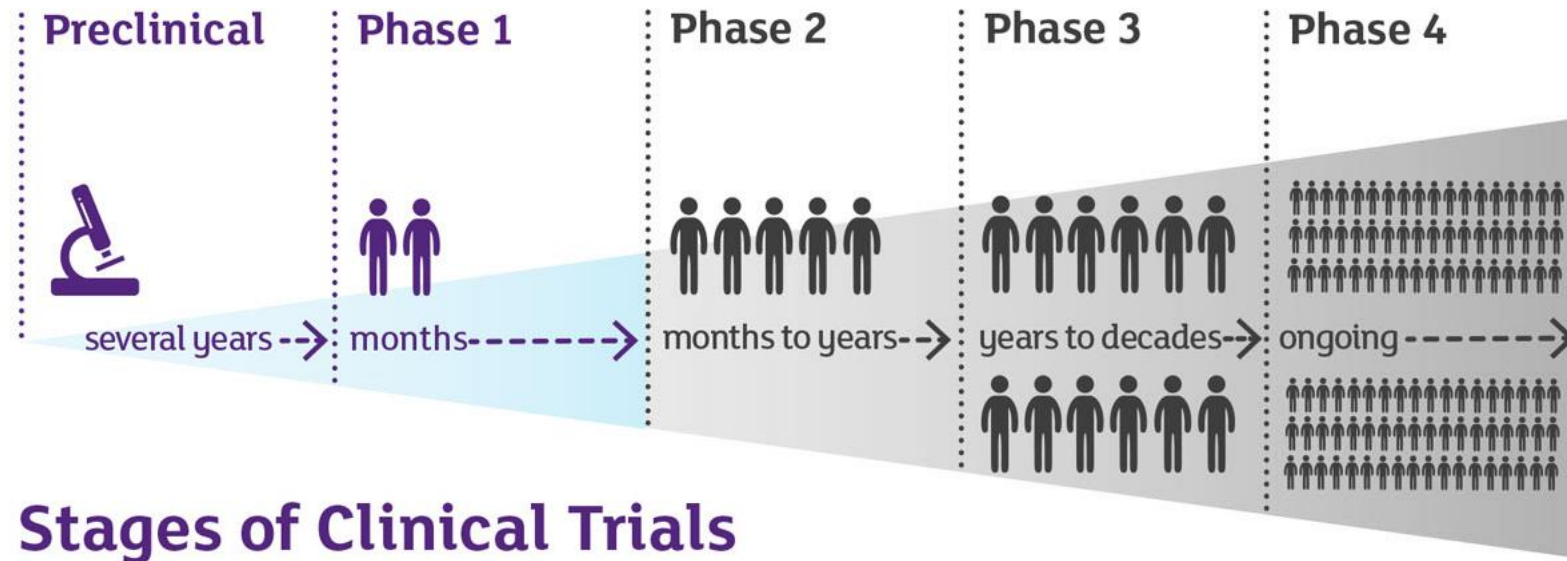
- Mucinous cancers and pseudomyxoma peritonei (PMP)
  - Standard of care is CRS + HIPEC (Maximally invasive surgical procedure)
  - Half of these patients reoccur
  - **There is no pharmacological treatment for recurrent PMP with mucin**
- BromAc can remove MUC1, MUC2, MUC4, MUC5AC and MUC5B
  - Inhibit cellular invasiveness, metastasis, proliferation and chemoresistance of appendix tumors

Synergy with chemotherapy agents (Gemcitabine and Doxorubicin) identified in vitro

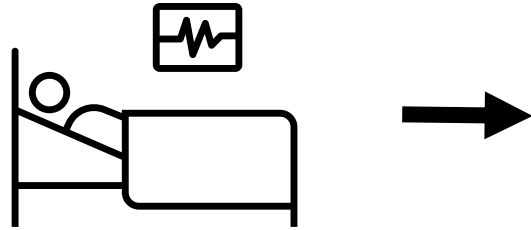


# Phase I study - Aim

- Determine the safety profile and efficacy of Bromelain and Acetylcysteine (BromAc) in treatment of mucinous peritoneal tumors



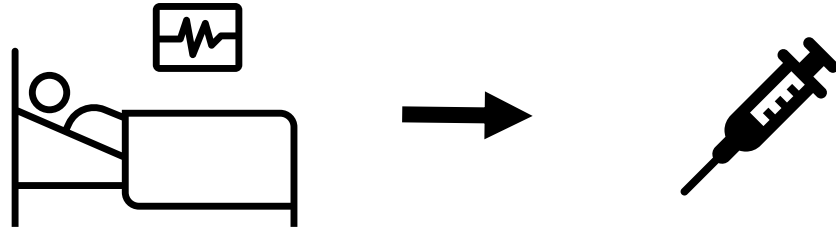
# Phase I study - Methods



- Peritoneal spread of mucinous tumors
  - Inoperable
  - Declined surgery
- Computed Tomography (CT) scan to assess tumor burden and accessibility

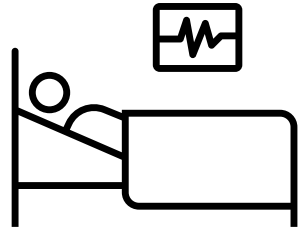


# Phase I study - Methods



- Gastrointestinal mucinous tumors
  - Inoperable
  - Declined surgery
- Computed Tomography (CT) scan to assess tumor burden and accessibility
- Radiologically guided drain placement either intratumoral or intraperitoneal
- Administration of BromAc

# Phase I study - Methods

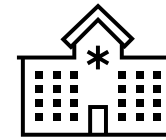
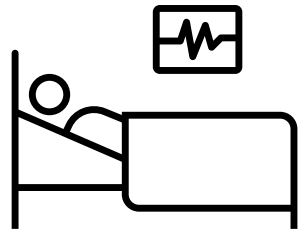


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- Routine post procedural monitoring
- Repeat treatment with drain aspiration and re-administration of BromAc if indicated

# Phase I study - Methods

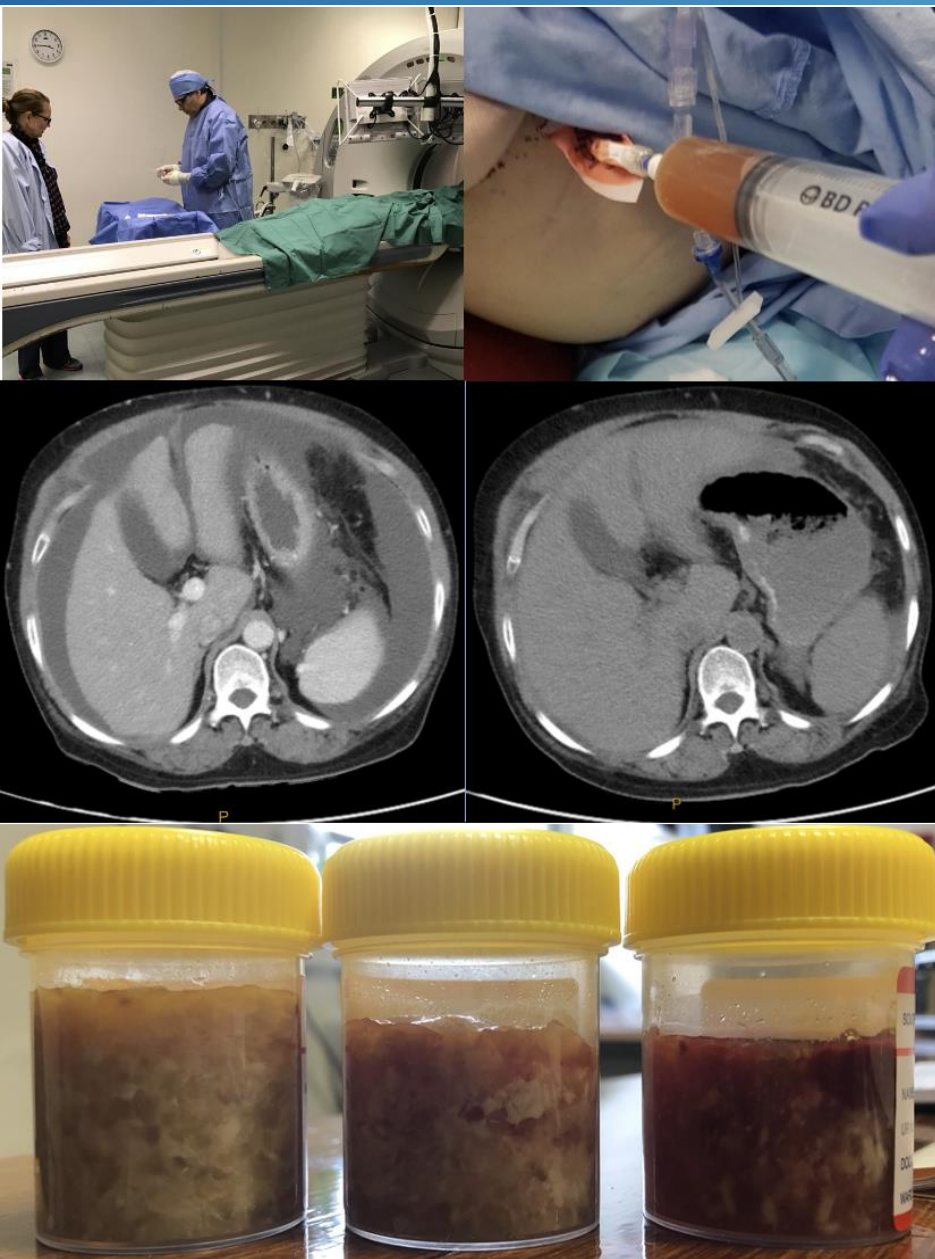


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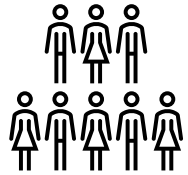
- Routine post procedural monitoring
- Discharged home after drain insertion
- Repeat treatment with drain aspiration and re-administration of BromAc if indicated

- Follow up blood tests and CT scans



- Radiological guided drain insertion
  - If unable to aspirate, then for treatment to proceed
- Before (left) and after (right) treatment peritoneal mucinous tumor
- Aspirated contents of mucinous tumors

# Phase I study – Summary of results



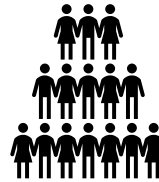
## Demographics

### **20 patients**

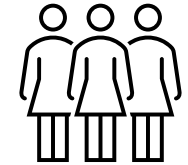
- 13 intra-tumoral
- 7 intraperitoneal

### **Primary tumor**

- 6 Low grade appendiceal tumors
- 10 Appendiceal adenocarcinoma
- 3 Mucinous ovarian carcinoma
- 1 Mucinous colon adenocarcinoma



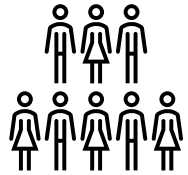
## Adverse events



## Efficacy



# Phase I study – Summary of results



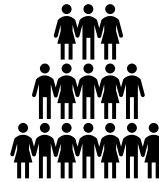
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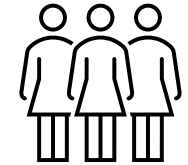
### **Primary tumor**

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## Adverse events

- 85% patients experienced an adverse event
- 12.5% serious treatment-related events
- 3 unplanned hospital admissions



## Efficacy

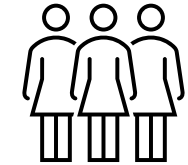
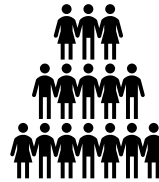
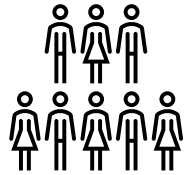
# Phase 1 Study – Safety

- 3 patients required unplanned hospital admission
  - Liver hematoma due transhepatic drain placement, hypovolemia post procedure, peritoneal inflammation
- 5 site related technical failures
  - 2 drain dislodgements and 3 sites with hard tumors with no response
- Small bowel fistula and bladder leak both secondary to tumor invasion and removal of tumor mass
  - “tumor plugging”: contrast injection during drain insertion to assess cavity communication
- 1 patient underwent washout for intraabdominal sepsis



No drug-related deaths due to treatment-related adverse events

# Phase I study – Summary of results



## Demographics

### **20 patients**

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- 7 intraperitoneal

### **Primary tumor**

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## Adverse events

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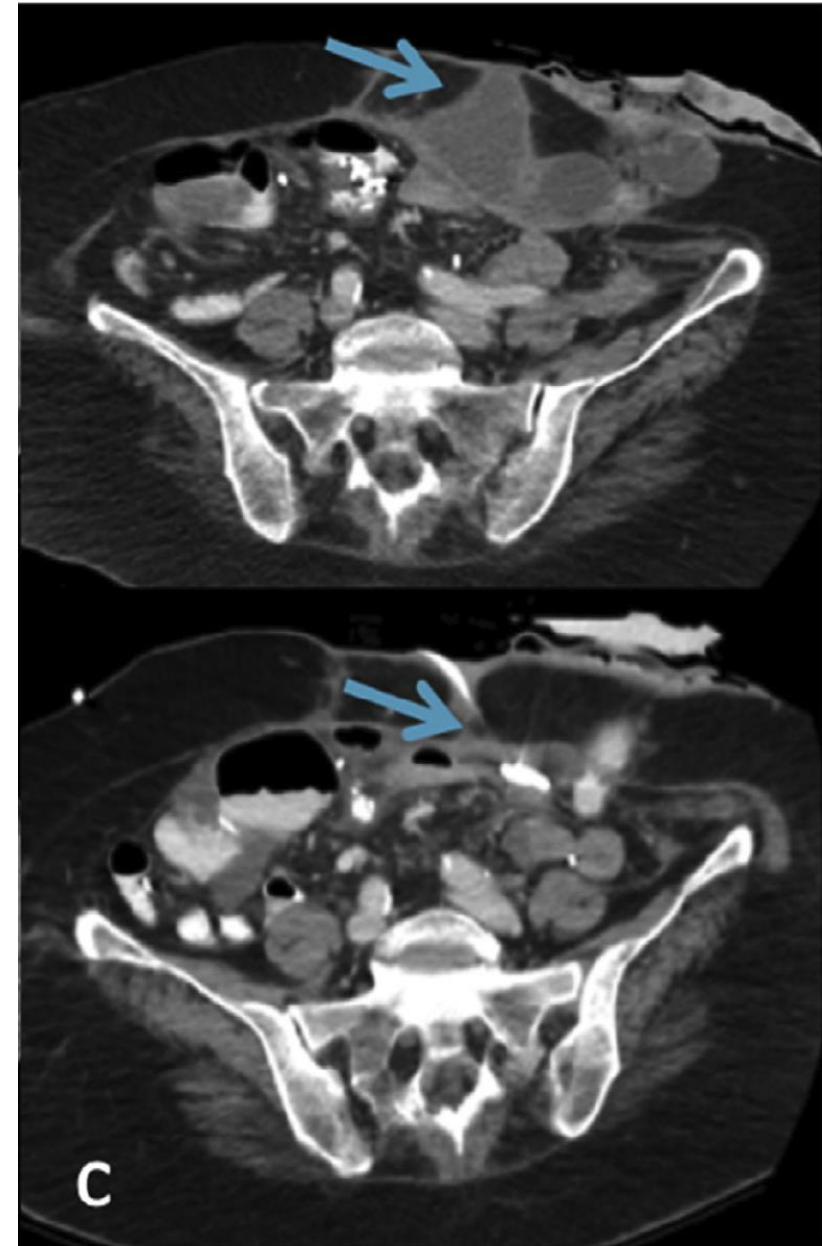
## Efficacy

- 75% patients reported reduction in tumor related symptoms
- 85% patients and 73.2% of treated sites demonstrated an objective response
- 50% patients did not progress at 15.5 months

# Phase 1 – Efficacy

Case example of 60M with low grade appendiceal tumor

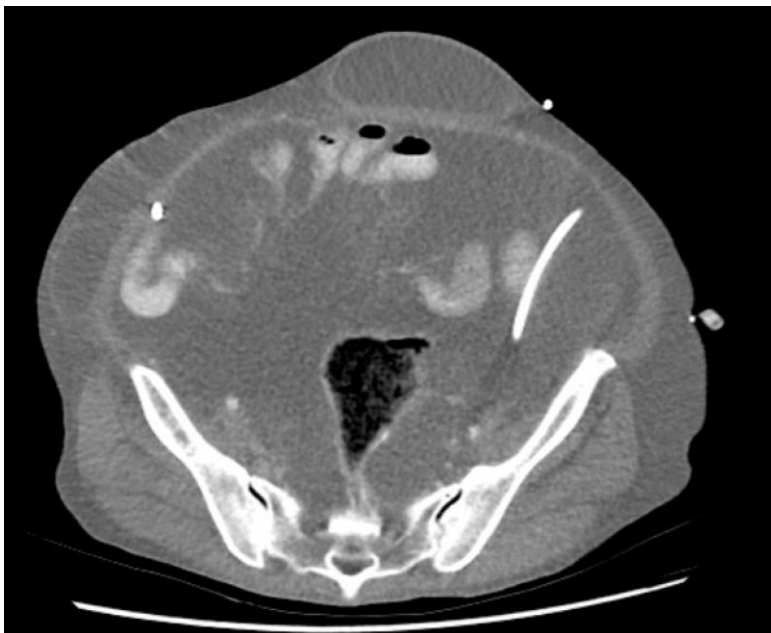
- Abdominal wall involved appendix tumor recurrence causing parastomal obstruction
- Treatment with BromAc resulted with non-operative relief of obstruction



# Phase 1 - Efficacy

61 year old female with mucinous ovarian cancer

- Intraperitoneal drain placement
- 23L of mucinous tumor aspirated – complete response

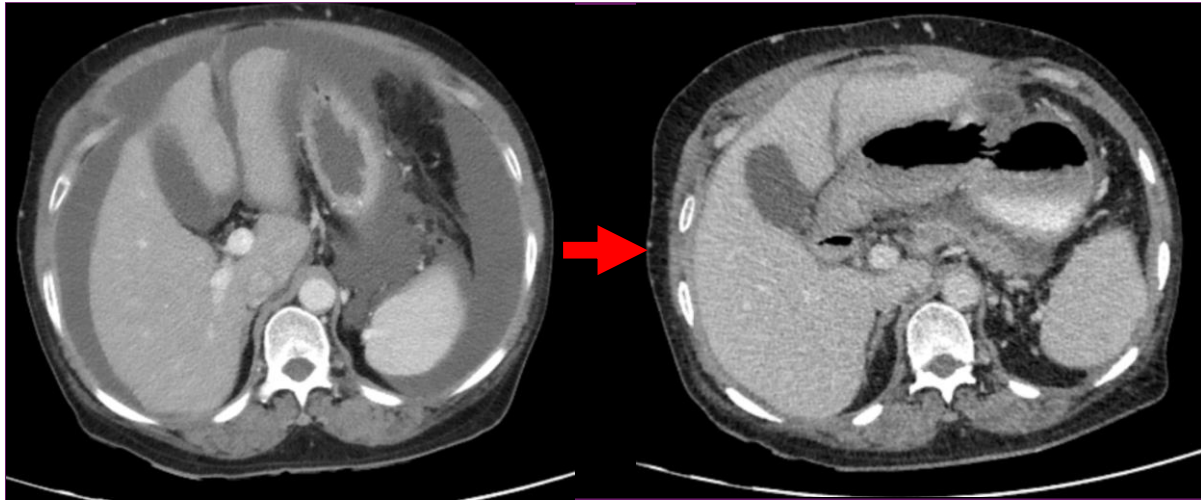




# Phase 1 - Efficacy

63 year old female with ovarian cancer

- Significant disease with abdominal distention and pain
- Intraperitoneal treatment with BromAc (4 treatments) with a total of > 15L of mucinous tumor aspirated



# Phase 1 - Limitations

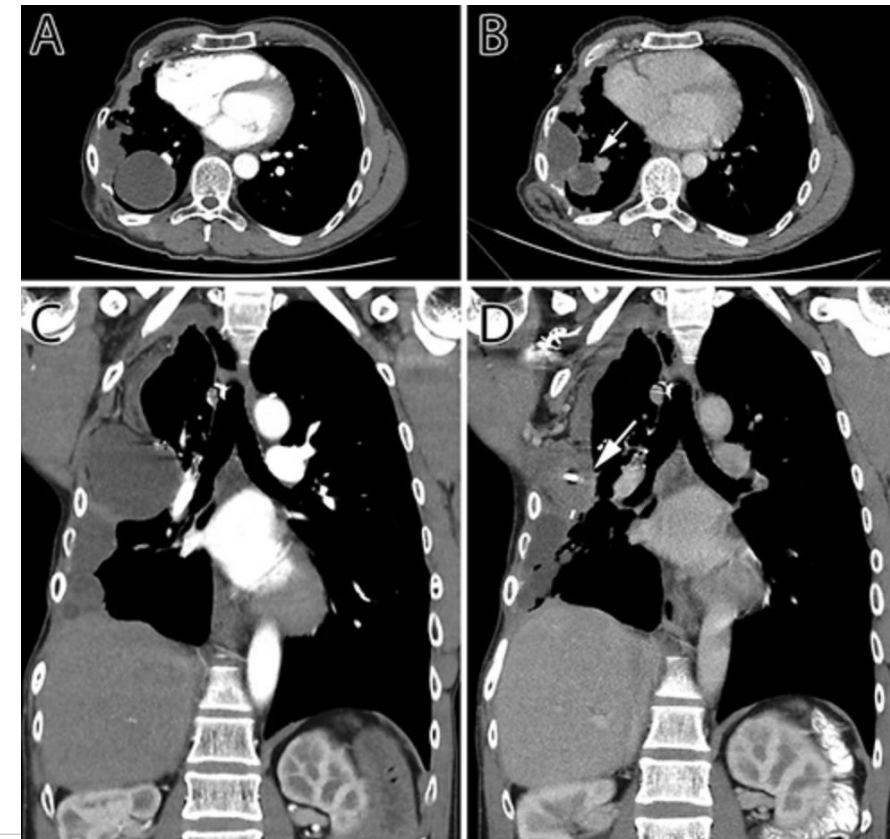
- Mucin hardness and drug penetration
  - Hard tumors require more treatments
- Tumor accessibility – e.g. fibrous loculations
- Advanced interventional radiologists required
- Long term effects of BromAc still unknown
  - Phase 2 aims to assess treatment longevity and further quality of life endpoints



# Post-Phase I study

**Compassionate use (21 in Australia, 11 overseas)**

- Safety: Serious adverse event rate has remained the same
- Efficacy:
  - Quality of life survey (SF36) (n = 35) – significant improvement at 3 months
  - Improvement in tumor related symptoms increased to 86%
  - Median progression free survival of 5.1 months (median follow up 12.7 months)
    - 45% of patients have NOT progressed
- 2 patients with pleural recurrence of PMP treated with BromAc



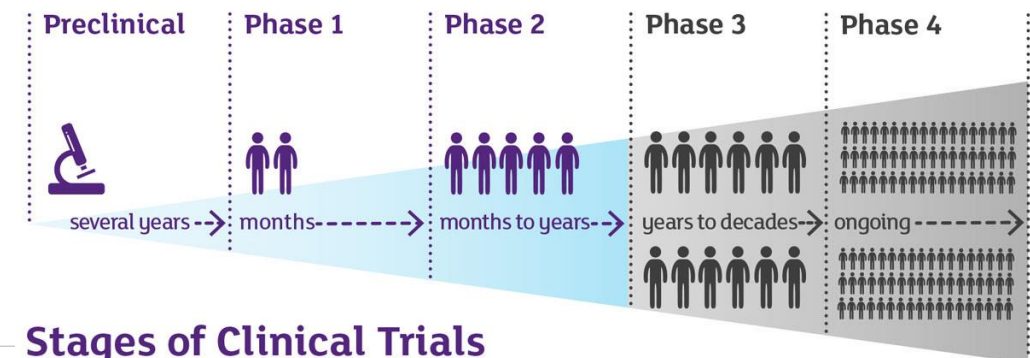
# A Phase 2 Multi-centre study of Bromelain and Acetylcysteine for Recurrent Peritoneal Mucinous Tumour or Pseudomyxoma Peritonei

- **Several international centers including 4 in USA and 3 in Europe**
  - Mercy Medical Hospital (Baltimore), University of Pittsburgh Medical Centre (Pittsburgh), Wake Forest University Hospital (North Carolina), UT Southwestern Medical Center (Texas)
  - University of Ghent (Belgium), Eindhoven Cancer Centre (Netherlands)
- Aiming to recruit over 60 patients
- University of Cordoba (Spain) have treated 13 patients as part of the trial

\*The studies recruits patients of all backgrounds including non-English speaking patients



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**Stages of Clinical Trials**

# Unanswered questions

- Soft vs hard tumors
- Intra-operative administration of BromAc prior to HIPEC
- Intraperitoneal administration with chemotherapy
- Percutaneous "debulking" of tumor with BromAc as neoadjuvant therapy



# Summary

- Bromelain and Acetylcysteine have anti-tumor properties against gastrointestinal cancer cells in the laboratory and in repeat animal models alone and in combination with some chemotherapy agents
  - Additive and synergistic effect is observed with these two drugs
- Complete: Phase 1 trial in metastatic mucinous cancer with peritoneal spread
  - Safety
  - Efficacy
- In progress: Phase 2 trial

# Questions?

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