

Curing Type 1 Diabetes: What the Future Holds

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This presentation and/or comments will provide a balanced, non-promotional, and evidence-based approach to all diagnostic, therapeutic and/or research related content.

This presentation has been peer-reviewed and no conflicts were noted.

Cultural Linguistic Competency (CLC) & Implicit Bias (IB)

STATE LAW:

The California legislature has passed <u>Assembly Bill (AB) 1195</u>, which states that as of July 1, 2006, all Category 1 CME activities that relate to patient care must include a cultural diversity/linguistics component. It has also passed <u>AB 241</u>, which states that as of January 1, 2022, all continuing education courses for a physician and surgeon **must** contain curriculum that includes specified instruction in the understanding of implicit bias in medical treatment.

The cultural and linguistic competency (CLC) and implicit bias (IB) definitions reiterate how patients' diverse backgrounds may impact their access to care.

EXEMPTION:

Business and Professions Code 2190.1 exempts activities which are dedicated solely to research or other issues that do not contain a direct patient care component.

The following CLC & IB components will be addressed in this presentation:

- Prevalence of diabetes across different ethnic groups and regions.
- *Highlight ethnic groups that have healthcare disparities.*

City of Hope Diabetes and Endocrine Center

Duarte





Orange County



South Pasadena

Classification of Diabetes

Diabetes is a syndrome, not a single disease entity

- Type 1 Diabetes (Juvenile onset, IDDM)
- Type 2 Diabetes (Adult onset, NIDDM)
- Specific Diabetes Types due to known underlying causes Monogenic diabetes (MODY gene mutations)
 Exocrine pancreas diseases (pancreatitis, cystic fibrosis)
 Drug or chemical induced (steroid, HIV, CPI, etc)
 Posttransplantation
 Post pancreatectomy
- Gestational Diabetes
- Neonatal Diabetes
- Other rare forms of diabetes









Current State of Diabetes in the United States

- Total: 37.3 million people have diabetes (11.3% of the US population)
- Diagnosed: 28.7 million people, including 28.5 million adults
- Undiagnosed: 8.5 million people (23.0% of adults are undiagnosed)
- Prediabetes:

Total: 96 million people aged 18 years or older have prediabetes (38.0% of the adult US population)

65 years or older: 26.4 million people aged 65 years or older (48.8%) have prediabetes

Immune Mechanisms and Pathways Targeted in Type 1 Diabetes



Curr Diab Rep 18, 90 (2018). https://doi.org/10.1007/s11892-018-1066-5

Unique Opportunity for Diabetes Research Breakthrough at COH



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- COH diabetes basic science laboratories have been at the forefront of scientific discoveries in the past 50 years since the invention of synthetic human insulin.
- COH physicians and scientists have pioneered cell-based therapies for leukemia and blood cancers.
- Now we are ready to combine COH expertise in cell therapies with basic science discoveries to conduct trailblazing diabetes clinical study and push for potential cure in diabetes and its complications.

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 First in human study to evaluate the efficacy of stem cell-derived islet transplantation for type 1 diabetes.



Encapsulated for Transplantation

- Next generation product with genetic editing does not require immunosupression.
- Trial starts in December 2020 at City of Hope and will move to the next generation product in 2023.

LR90 Trial



- First in Human Study to Evaluate the Efficacy of a new drug for diabetic neuropathy.
- No drug is currently available to effectively improve progression of neuropathy.
- In the last stage of pre-clinical development formulation.
- FDA submission in 2022-2023.

CD6-CAR-Treg Trial



- Genetic Engineering of human immune cells (Treg) from Type 1 diabetes in the laboratory.
- Inject the engineered immune cells back to each T1D patient to restore normalcy in the immune system and stop immune system from attacking the beta cells in pancreas.
- Engineering run and qualification run in GMP certified facility in 2021.
- FDA submission in 2022-2023.

ToIDC Trial – A Vaccine



- First in human study to evaluate the efficacy of a potential vaccine for Type 1 Diabetes.
- Isolate immune cells (dendritic cells) from Type 1 diabetes patient and teach them to adapt to insulin-producing cells in the laboratory.
- Inject the trained dendritic cells back to the same patient. The cells will coach the immune system not to attack the beta cells in pancreas.
- FDA approved. Study started in 2022. Actual cell vaccine injection scheduled for Q4 2022.

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Manufacturing



Nikolic, Lancet Diabetes & Endocrinol 2020

Islet Imaging Trial



- Inability to determine the volume of pancreas islets in human has been a bottleneck for Type 1 and Type 2 diabetes research.
- Novel imaging scan to determine the volume of islets in human.
- FDA submission 2021.
- Clinical trial to begin soon.



Nature Reviews | Genetics



Cell Journal 20(3):294-301

U.S. Diabetes Prevalence by Ethnic Group



Evolution of Medicine





Paul Sonnier, Wikipedia

New Paradigm Shift in Diabetes Care - Precision Medicine

Previous Approach

New Approach

- High blood sugar
- Obesity/Insulin resistance
- First and second line therapy
- Passive risk management
- Acute care
- Office records

- Biochemical Defect(s)
- \circ Genetics
- Individualized Treatment
- Prevention & Early Detection
- Prolong Life
- Integrated Information System

Personalized Metabolic Predication and Precision Medicine



Drug Treatments for Type 2 Diabetes and Their Sites of Action



Mazzotti et al. Digestive and Liver Dis 2017. 49(3): 235-240

Medications for T2DM with Cardiovascular Benefits

SGLT2 Inhibitors	GLP-1 Receptor Agonists
Endothelial cell oxidative Stress	Endothelial cell oxidative stress
Inflammation and atherosclerosis	Inflammation and atherosclerosis
Glucose lowering effect	Glucose lowering effect
Natriuretic/diuretic effect	Natriuretic/diuretic effect
Rennin-Angiotensin	Renin-Angiotensin
Nephropathy protection	Nephropathy protection
Increase beta hydroxybutyrate	



Therapeutic Advances Over Past 20 Years



Despite increasing number of new diabetes medications and technologies ...

 Achievement individualized targets declined from 69.8% to 63.8%



Carls G . Huynh J . Tuttle *et al*. Achievement of Glycated Hemoglobin Goals in the US Remains Unchanged Through 2014. Diabetes Ther 2017;8:863–873

What are Real World Data and where do they come from?

Real world data are the data relating to patient health status and/or the delivery of health care routinely collected from a variety of sources. RWD can come from a number of sources, for example:

□ Electronic health records (EHRs)

□ Claims and billing activities

□ Product and disease registries

□ Patient-generated data including in home-use settings

Data gathered from other sources that can inform on health status, such as mobile devices

A1c Reductions in Tightly Controlled Clinical Trials Are Not Being Translated into Real-World Outcomes.



Time



American Diabetes Association

Steven V. Edelman, and William H. Polonsky. Diabetes Care 2017;40:1425-1432

What's wrong with this picture?

- Decline in % of patients at HbA1c <7%
- At best, only about 50% of patients at Goal
- Increase in % of patients with very poor control
- Unacceptable level of morbidity and mortality
- Diabetes-related costs to society are tremendous



ALL THIS DESPITE MORE THAN 40 NEW T2D TREATMENT OPTIONS APPROVED SINCE 2005

Blind Spot in Current Medical Care

Francis Crick, 1966 – The ultimate aim of the modern movement in biology is to explain all biology in terms of physics and chemistry.

Research commonly carried out by breaking the biological processes down to pieces and determining the connection between the parts.

Biological activity does not arise just from the specificity of the individual molecules that are involved. Environmental/lifestyle factors heavily Influence our health.

Lifestyle factors are frequently neglected by current healthcare practice.

Human is a complex species in a complicated environment. We need overall precision medicine that include effective lifestyle therapy.



What We Spend On Being Healthy



Source: WHO