

End of Life Symposium Interactive Workshops

SUNDAY, FEBRUARY 5, 2023

12:00 - 1:00 PM

REGISTRATION/LUNCH | EXHIBITS

1:00 - 5:00 PM

Workshop 1: End of Life Communications

Betty Ferrell, PhD, RN
Haley Buller, MSHSC

Communication is the foundation of all we do in palliative care. It is critical in all healthcare situations but is of special significance in palliative care and at the end of life. The vital role of a clinician is respected, and members of the healthcare team depend on their assessments to work together with the patient and their family in developing goals of care. The aim of this workshop is to enhance understanding of the role that communication plays in palliative care for interdisciplinary healthcare clinicians. This workshop uses a combination of didactic lecture, vignettes, role play activities and group discussion to improve communication skills in multiple areas of care including physical, social, and spiritual needs.

1:00 - 5:00 PM

Workshop 2: Advancing Emergency and Palliative Medicine Collaborations

Satheesh Gunaga, DO
Robert Drake, MDiv, MSci
Rebekah Malloy, BSN, RN

If the Emergency Department (ED) is to continue to be the primary portal of hospital entry for patients requiring emergent care for acute and chronic terminal illnesses, then it stands to reason that it should also be equally prepared to provide the earliest access to palliative care and advanced care planning resources for patients and families who may want and benefit from these services. This workshop will explore the unique horizon of opportunities that exist for emergency medicine and the palliative care specialty to fulfill this obligation. Discussions will be centered around core principles in screening, assessment, and management of palliative care needs in the ED, importance of goals of care conversations, and the coordination of early palliative care and hospice consults that can facilitate safe transitions of care. Participants will leave with tools and resources to bring back to their health systems to spur new collaborative opportunities in their EDs at home.

1:00 - 5:00 PM

Workshop 3: StoryListening Grief Support

Francesca Lynn Arnoldy
Greg Brown, MA

This workshop will cover methods of self-preparation, creating and maintaining an invitational space, starting, and ending storylistening sessions, and navigating complex emotions and situations, such as intense disclosures as well as our own conditioning, triggers, and shadow sides. This is an opportunity to learn supportive doula techniques to facilitate healthy grieving through a novel storylistening approach, during which a bereaved individual shares the story of a personal or professional loss. Attendees will practice:

- (1) Adopting a stance of engaged neutrality, non-agenda, and acceptance
- (2) Validating through active, attentive listening
- (3) Respecting cultures, beliefs, and perspectives
- (4) Cultivating a non-anxious presence
- (5) Allowing and welcoming silence
- (6) Normalizing universal suffering
- (7) Remaining calm and non-directive, yet also resourceful.

Beneficial practices for personal and professional uses alike.

5:00 PM

Adjourn

End of Life Symposium

MONDAY, FEBRUARY 6, 2023

7:30 - 8:30 AM	REGISTRATION/BREAKFAST EXHIBITS & POSTER PRESENTATIONS
8:30 – 8:45 AM	Welcome & Announcements Keynote Introduction Chandana Banerjee, MD, MPA
8:45 - 9:30 AM	Keynote Lecture Palliative Care: The Path Forward for Home-Based Care Edo Banach, JD
9:30 - 10:00 AM	Advancing DEI&B and Health Equity in End-of-Life Care Cristina Grisham Montanez, MA, CPC
10:00 - 10:30 AM	The Hospice Benefit Yelena Zatulovsky, MA, LCAT
10:30 - 11:00 AM	BREAK EXHIBITS & POSTER PRESENTATIONS
11:00 - 11:30 AM	Nursing Practices at End of Life Penny Smith, BSN, RN
11:30 AM - 12:00 PM	Evan's Story - Improving End-of-Life Care for Children Wendy & Gavin Lindberg
12:00 - 12:30 PM	Spirituality & End of Life: Forgiveness Robert Drake, MDiv, MSci
12:30 - 1:30 PM	LUNCH EXHIBITS & POSTER PRESENTATIONS
1:30 - 2:00 PM	Differently Caring: Telehealth in Palliative Care Michael D. Fratkin, MD
2:00 - 2:30 PM	Covid Perspectives & End of Life Satheesh Gunaga, DO
2:30 - 3:00 PM	BREAK EXHIBITS & POSTER PRESENTATIONS
3:00 – 3:30 PM	Cultural Competency & End of Life: Perspectives from Argentina Ariel Cherro, MD
3:30 – 4:30 PM	Medical Aid in Dying Ryan Spielvogel, MD, MS Kira Philips, MEd Samantha Trad, MA
4:30 PM	Adjourn
5:00 – 6:30 PM	Poster Hall & Reception

End of Life Symposium

TUESDAY, FEBRUARY 7, 2023

7:00 - 8:00 AM	REGISTRATION/BREAKFAST EXHIBITS & POSTER PRESENTATIONS
8:00 - 8:15 AM	Welcome & Announcements Keynote Introduction Chandana Banerjee, MD, MPA
8:15 - 9:00 AM	Keynote Lecture You Have Power: Shifting the Paradigm to Patient-directed End-of-Life Care Kim Callinan, MPP, PMP
9:00 - 9:45 AM	Palliative Care Emergencies Sorin Buga, MD Joan Chung, MD
9:45 - 10:30 AM	Palliative & End-of-Life Approaches in Renal Medicine Susan Elizabeth Wang, MD
10:30 - 10:45 AM	BREAK EXHIBITS & POSTER PRESENTATIONS
10:45 - 11:30 AM	Palliative & End-of-Life Approaches in Emergency Medicine Satheesh Gunaga, DO
11:30 AM - 12:15 PM	Palliative & End-of-Life Approaches in Neurology Robert Varipapa, Sr., MD
12:15 - 1:00 PM	Palliative & End-of-Life Approaches in Psychiatry Xiomara Rocha-Cadman, MD
1:00 - 2:00 PM	LUNCH EXHIBITS & POSTER PRESENTATIONS
2:00 - 2:45 PM	Palliative & End-of-Life Approaches in Cardiology Sorin Buga, MD Joan Chung, MD
2:45 - 3:30 PM	Palliative & End-of-Life Approaches in Primary Care Michael Hochman, MD, MPH
3:30 - 4:15 PM	Palliative & End-of-Life Approaches in Cancer Care Roma Tickoo, MD, MPH
4:15 - 5:00 PM	Palliative & End-of-Life Approaches in Surgery Tarah Browne, DO
5:00 PM	Closing Remarks Adjourn