

**21<sup>st</sup> International Conference of the Society for Integrative Oncology**  
**Full Circle Translational Integrative Oncology: From Bedside to Bench and Back**  
*The Transformative Power of Clinical Observation to Ignite Scientific Discovery and Optimize Patient Outcomes*

**FRIDAY, OCTOBER 25, 2024**

9:30 - 10:30 AM **REGISTRATION/EXHIBITS/POSTERS**

10:30 – 11:00 AM **Welcome & Announcements**

**Keynote Lecture**

11:00 AM - 12:00 PM **Immunotherapy & CAR-T**

Stephen J. Forman, MD

**Plenary Session**

12:00 - 1:15 PM **Metabolomics & Nutrition**

*Moderators: John Camoriano, MD & Konstantina Stylianou, DAOM, RDN*

**Intermittent Fasting Study** | Yun Rose Li, MD, PhD

**Insulin-lowering Diets in Cancer Care** | Sherry Shen, MD

**Nutrition and Surgery** | Viraj Master, MD, PhD

**Patient Advocate:** Allison Rosen, MS

1:15 - 2:30 PM **LUNCH**

**Food as Medicine – At the Intersection of Culinary Cuisine and Medicine**

Yassmin Sarmadi, Chef Tony Esnault, and Stephanie Harris, PhD

2:30 - 3:45 PM **Concurrent Sessions**

Breakout 1 (Scientific Abstracts)	Breakout 2 (Scientific Abstracts)	Breakout 3 (Scientific Abstracts)	Breakout 4 (Workshop)
<b>Supplements and Herbal Therapies</b> (Herbs, Vitamins, Nutraceuticals, Hallucinogens, Cannabis)	<b>Traditional Medicine Systems</b> (Acupuncture, Ayurveda, Traditional Chinese Medicine, Indigenous Systems)	<b>Lifestyle</b> (Diet, Exercise, Nutrition, Sleep)	<b>Highlights of Integrative Oncology Research 2023-2024</b>

3:45 - 4:15 PM **EXPO HALL BREAK**

4:15 - 5:30 PM **Concurrent Sessions**

Breakout 1 (Scientific Abstracts)	Breakout 2 (Scientific Abstracts)	Breakout 3 (Scientific Abstracts)	Breakout 4 (Workshop)
<b>Mind-Body</b> (Yoga, Mindfulness, Cognitive Behavioral Therapy, Hypnosis, Relaxation Therapies, Spirituality)	<b>Implementation, Technology and Training</b> (Reviews, Energy modalities, Wearable Technology, AI, Systems Care, Outcomes, Practice, Equity, Quality)	<b>Bench Science and Preclinical</b> (Genomics, Metabolomics, Animal Studies, Proteomics)	<b>Seize the Moment in Education: Pioneering Educational Pathways for the Future</b>

5:30 - 7:30 PM **POSTER RECEPTION**

7:30 PM **ADJOURN FOR THE DAY**

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**SATURDAY, OCTOBER 26, 2024**

6:00 - 7:30 AM **BEACH WELLNESS SESSION | Beach Sunrise Run or Tai Chi on the Sand** *(Concurrent)*  
*Optional & Complimentary, but pre-registration required.*

7:15 - 7:50 AM **REGISTRATION/BREAKFAST/EXHIBITS/POSTERS**

7:50 - 8:00 AM **Welcome & Announcements**

8:00 - 9:00 AM **Keynote Lecture**  
**Natural Product Drug Discovery in Oncology**  
 Barry O'Keefe, PhD

9:00 - 10:15 AM **Plenary Session**  
**Natural Products & Immunotherapy**  
*Moderators: Massimo Bonucci, MD & Santhosshi Narayanan, MD*  
**Update and Overview of Solid Tumor Immunotherapy** | Thomas F. Gajewski, MD, PhD  
**Live Bacterial Products** | Sumanta K. Pal, MD  
**Activating Immune Landscape in Solid Tumor Microenvironment** | Alex Y. Huang, MD, PhD

10:15 - 10:45 AM **EXPO HALL BREAK**

10:45 AM – 12:00 PM **Concurrent Sessions**

<b>Breakout 1 (Scientific Abstracts)</b>	<b>Breakout 2 (Scientific Abstracts)</b>	<b>Breakout 3 (Scientific Abstracts)</b>	<b>Breakout 4 (Workshop)</b>
<b>Supplements and Herbal Therapies (2)</b> (Herbs, Vitamins, Nutraceuticals, Hallucinogens, Cannabis)	<b>Traditional Medicine Systems (2)</b> (Acupuncture, Ayurveda, Traditional Chinese Medicine, Indigenous Systems)	<b>Lifestyle (2)</b> (Diet, Exercise, Nutrition, Sleep)	<b>How to Make Traditional Chinese Medicine (TCM) Herbs Available in a Cancer Center: Step by Step</b>

12:00 - 1:15 PM **LUNCH**  
**Dr. Rogers Prize Keynote Lecture**  
**Integrative Oncology: Reflections on 25 Years of Progress and Views to the Future**  
 Linda E. Carlson, PhD, RPsych

1:15 - 2:30 PM **Plenary Session**  
**MASCC/SIO Joint Session**  
**Integrative Modalities to Mitigate Gastrointestinal Side Effects Associated with Anticancer Treatment – Mechanism Matters**

2:30 - 2:45 PM **EXPO HALL BREAK**

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**SATURDAY, OCTOBER 26, 2024** CONTINUED

2:45 - 4:00 PM

**Concurrent Sessions**

Breakout 1 (Scientific Abstracts)	Breakout 2 (Scientific Abstracts)	Breakout 3 (Scientific Abstracts)	Breakout 4 (Workshop)
<b>Mind-Body (2)</b> (Yoga, Mindfulness, Cognitive Behavioral Therapy, Hypnosis, Relaxation Therapies, Spirituality)	<b>Implementation, Technology and Training (2)</b> (Reviews, Energy modalities, Wearable Technology, AI, Systems Care, Outcomes, Practice, Equity, Quality)	<b>Bench Science and Preclinical (2)</b> (Genomics, Metabolomics, Animal Studies, Proteomics)	<b>Making Integrative Oncology Accessible for the Underserved</b>

4:00 - 5:15 PM

**Plenary Session**

**Integrative Approaches to Cancer Fatigue: Updated ASCO-SIO Cancer Fatigue Guidelines**

5:30 PM

**ADJOURN FOR THE DAY**

6:00 - 10:00 PM

**2024 SIO GALA DINNER** *Not included in conference registration. Paid ticket required.*

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**SUNDAY, OCTOBER 27, 2024**

6:30 - 7:15 AM **ONSITE WELLNESS SESSION | Yoga or Sound Healing** (Concurrent) Optional & Complimentary, but pre-registration required.

7:15 - 7:50 AM **REGISTRATION/BREAKFAST/EXHIBITS/POSTERS**

7:50 - 8:00 AM **Welcome & Announcements**

8:00 - 9:00 AM **Keynote Lecture**  
**Spirituality and Integrative Oncology**  
 Betty Ferrell, PhD, RN

9:00 - 10:15 AM **Best of SIO**

10:15 - 10:45 AM **EXPO HALL BREAK**

10:45 AM – 12:00 PM **Concurrent Sessions**

Breakout 1 (Scientific Abstracts)	Breakout 2 (Scientific Abstracts)	Breakout 3 (Scientific Abstracts)	Breakout 4 (Workshop)
<b>Mind-Body (3)</b> (Yoga, Mindfulness, Cognitive Behavioral Therapy, Hypnosis, Relaxation Therapies, Spirituality)	<b>Implementation, Technology and Training (3)</b> (Reviews, Energy modalities, Wearable Technology, AI, Systems Care, Outcomes, Practice, Equity, Quality)	<b>Bench Science and Preclinical (3)</b> (Genomics, Metabolomics, Animal Studies, Proteomics)	<b>The Evidence and Experience of Yoga to Alleviate Side Effects for Patients with Cancer</b>

12:00 - 1:15 PM **LUNCH**  
**Strengthening SIO Health Equity, Inclusion, & Belonging Priorities with National Approaches**  
 Wendy Law, PhD & SIO Leadership Panel

1:15 - 2:30 PM **Plenary Session**  
**International Session | Clinical Models of Integrative Oncology: Current Trends and Future Opportunities**

2:30 - 3:45 PM **Plenary Session**  
**Artificial Intelligence/Machine Learning (AI/ML) & Integrative Oncology**  
*Moderators: Eugene Ahn, MD & Ana María López, MD, MPH*  
**Overview & Equity** | Julian Hong, MD, MS  
**Robotics and Medicine** | Tomohiro Shibata, PhD  
**AI and Integrative Medicine** | Claudia M. Witt, MD, MBA  
**Patient Advocate:** Burt Rosen

3:45 - 4:00 PM **Closing Remarks**

4:00 PM **ADJOURN CONFERENCE**