



2024 RACHMIEL LEVINE-ARTHUR RIGGS

Diabetes Research Symposium

Investigating the Link Between Metabolic Health, Obesity, and Cancer Risk in Diverse Los Angeles Women

Christina Vidal, PhD

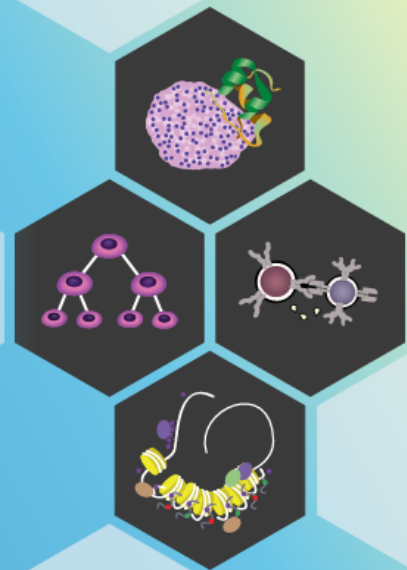
Postdoctoral Research Fellow

T32 Cancer Metabolism Fellow

Dr. Victoria L. Seewaldt Lab

Department of Population Sciences

City of Hope



Disclosures

- I do not have any relevant financial relationships.

This presentation and/or comments will provide a balanced, non-promotional, and evidence-based approach to all diagnostic, therapeutic and/or research related content.

Cultural Linguistic Competency (CLC) & Implicit Bias (IB)

STATE LAW:

The California legislature has passed [Assembly Bill \(AB\) 1195](#), which states that as of July 1, 2006, all Category 1 CME activities that relate to patient care must include a cultural diversity/linguistics component. It has also passed [AB 241](#), which states that as of January 1, 2022, all continuing education courses for a physician and surgeon **must** contain curriculum that includes specified instruction in the understanding of implicit bias in medical treatment.

The cultural and linguistic competency (CLC) and implicit bias (IB) definitions reiterate how patients' diverse backgrounds may impact their access to care.

EXEMPTION:

Business and Professions Code 2190.1 exempts activities which are dedicated solely to research or other issues that do not contain a direct patient care component.

This presentation is dedicated solely to research or other issues that do not contain a direct patient care component.

Thank you to our Collaborators



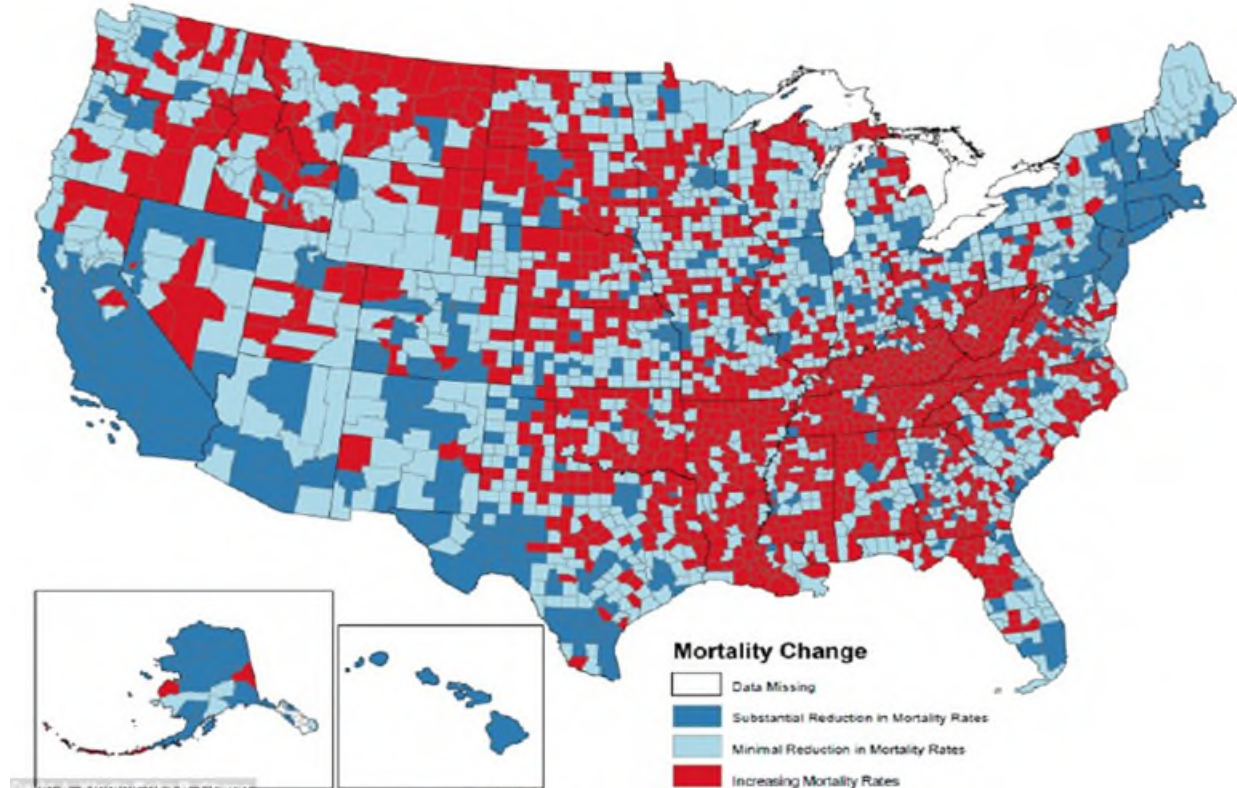
Loretta Erhunmwunsee MD
Veronica Jones MD
Lily Lai MD
Tijana Talisman, PhD
Michael Press, MD PhD
Mark LaBarge, PhD
Dustin Schones, PhD
Rama Natarajan, PhD
Rob Winn, MD
Terry Hyslop, PhD
Grace Yao, PhD
Lucio Miele MD
Shankar Subramaniam, PhD
Augusto Ochoa MD
Ruth O'Regan, MD
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Sheeba Irshad, MD
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Kings
Kings

Environmental Epi - Disparities
Luminal B Breast Cancer
Clinical trials
Super-Resolution Microscopy
Biomarkers
Microenvironment signaling
Epigenetics
Epigenetics
Disparities, lung cancer
Multi-Scale Modeling, Disparities
Disparities, biology, and cancer
Luminal B breast cancer
Systems Biology
Immunology, Disparities
Clinical – Phase I clinical trials
Omics, microenvironment
Omics, microenvironment
Microenvironment

Early death in women > 50% US Counties 2006

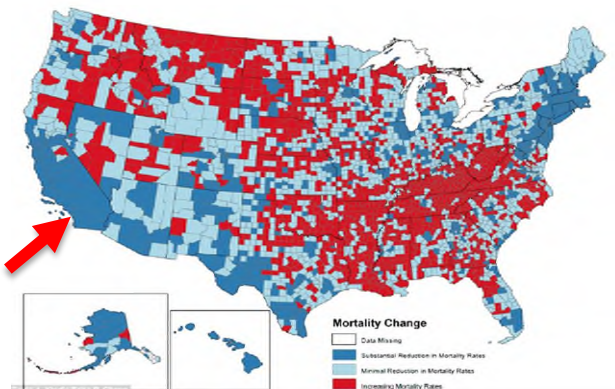
- David Kindig and Erika Cheng, University of Wisconsin
- Chris Murray, University of Washington



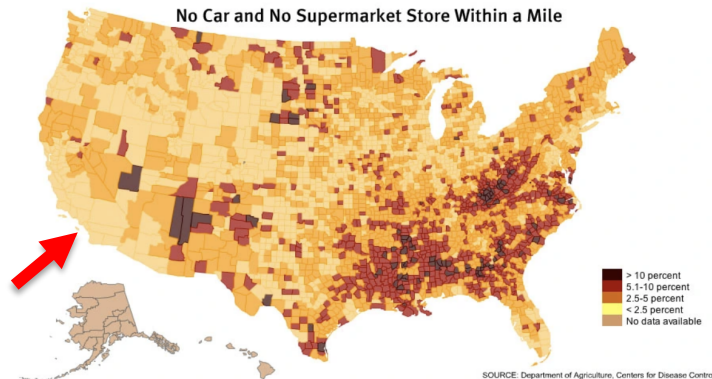
Early death, inactivity, type-2 diabetes

David Kindig and Erika Cheng, University of Wisconsin
Chris Murray, University of Washington

Earlier Age Death Women

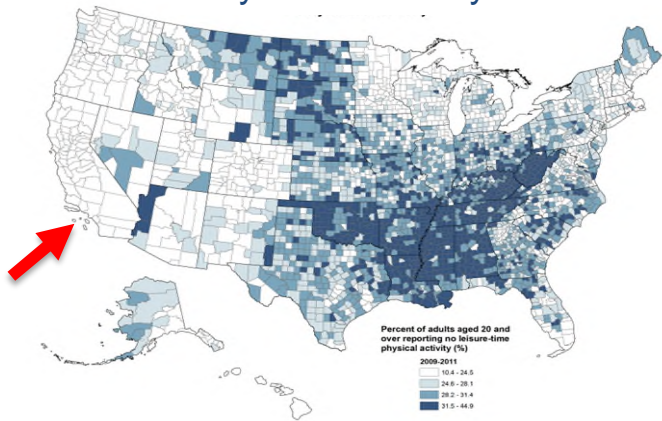


Lack of access to healthy food

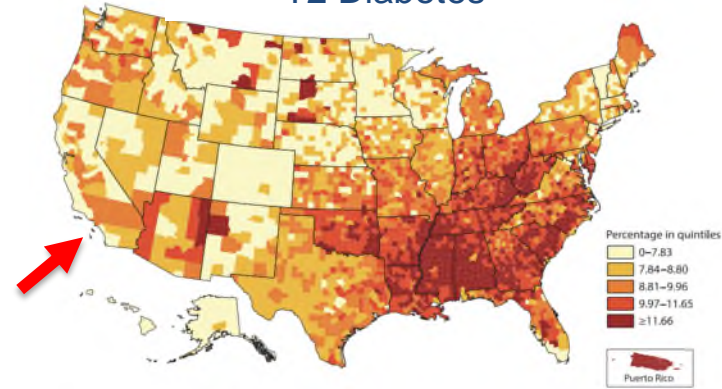


County data does not tell the full story

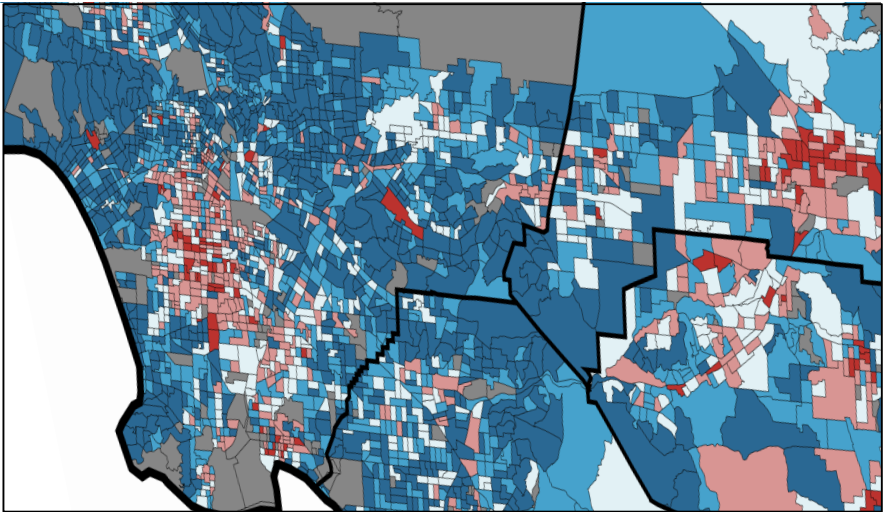
Physical Inactivity



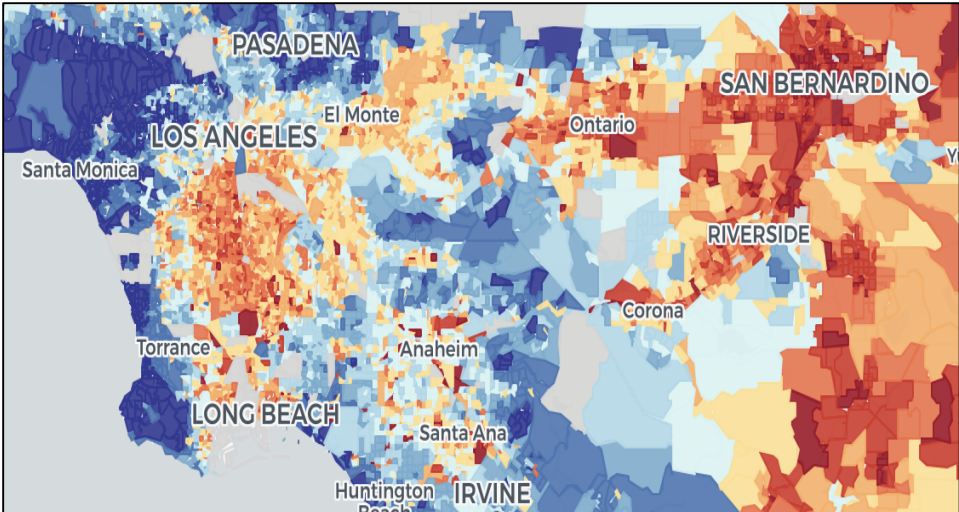
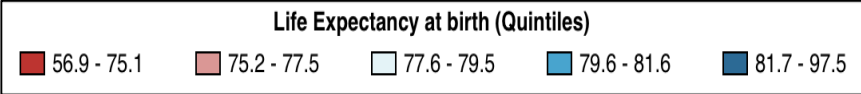
T2 Diabetes



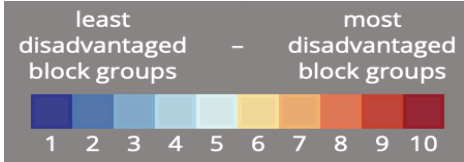
Los Angeles – unequal distribution of life and wealth



CDC Life Expectancy 2023



Disadvantage Index

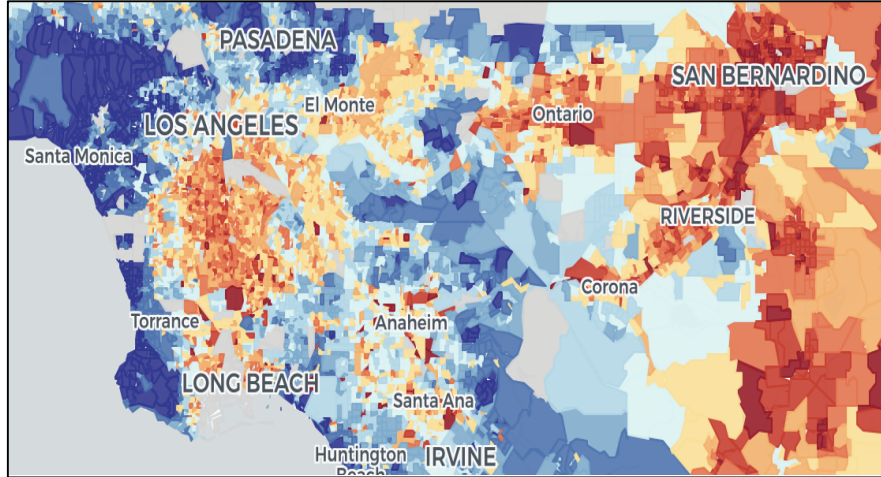


<https://www.cdc.gov/nchs/data-visualization/life-expectancy/index.html>

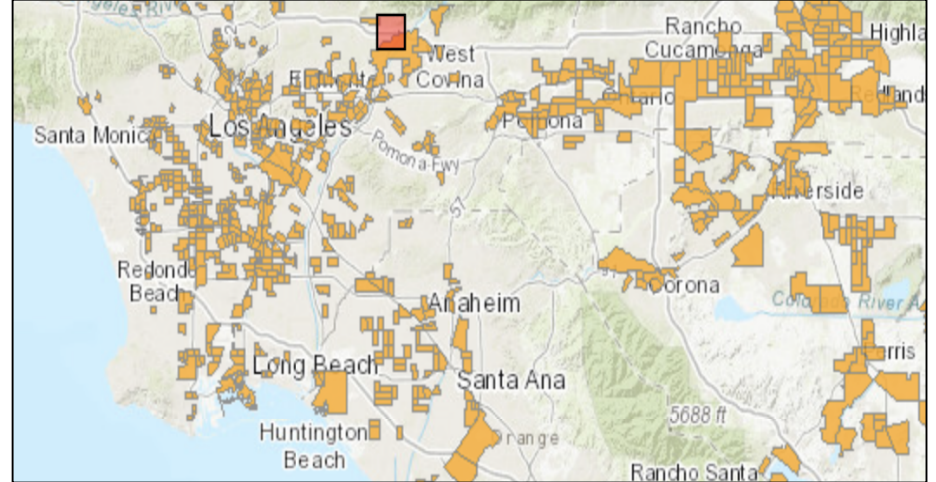
A. Kind and W. Buckingham, NEJM, 2018

Where there is Disadvantage there are Food Deserts

Disadvantage Index

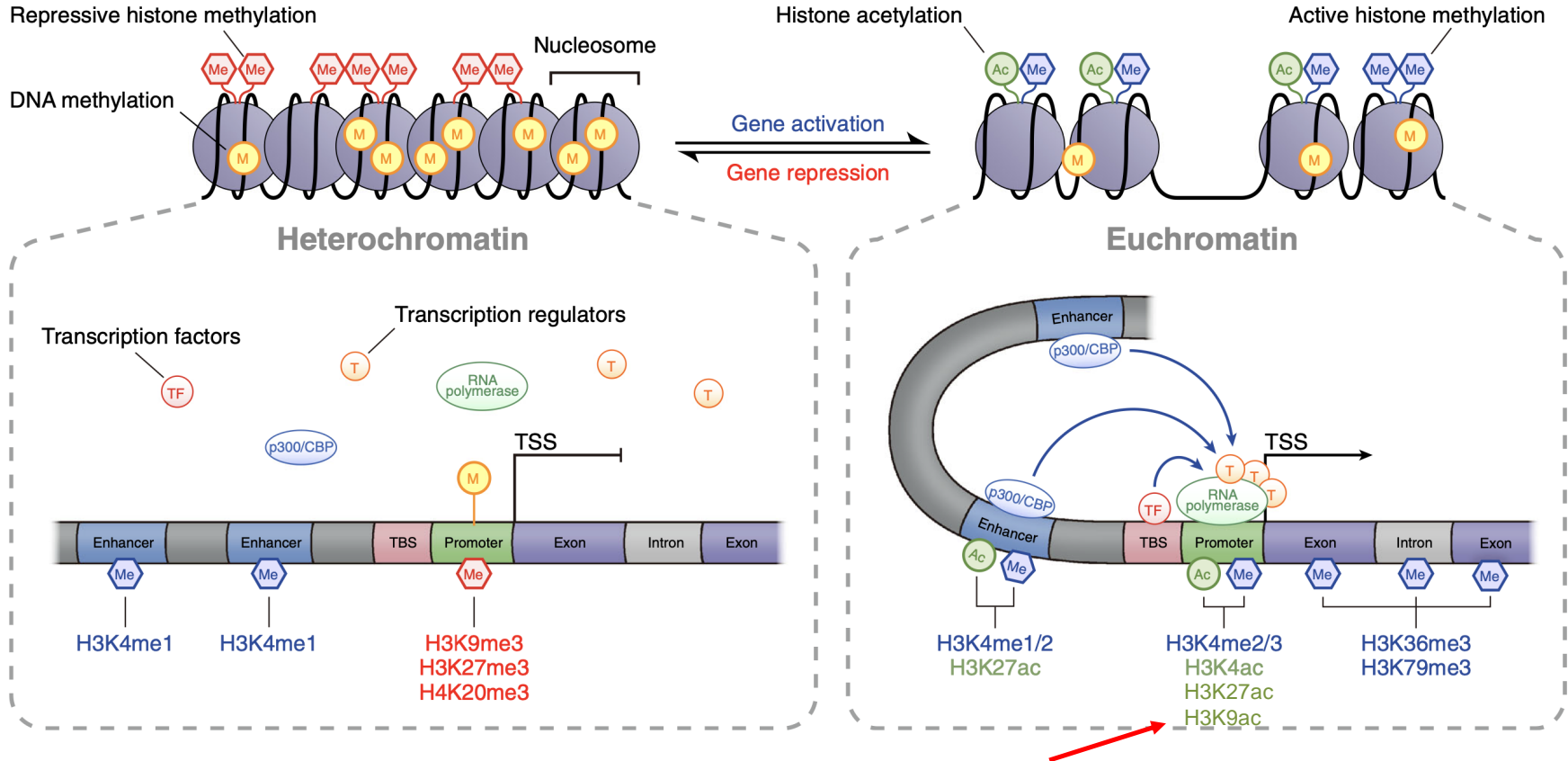


Food Deserts



- Defined no source of health food within 1 mile urban and 10 miles rural
- Poverty, liquor stores, fast food, crime, and heavy metal pollution
- Increased incidence of
- Type 2 Diabetes, heart disease, and obesity – ***cancer link weak***

Gene Activation/Repression – histone methylation/acetylation

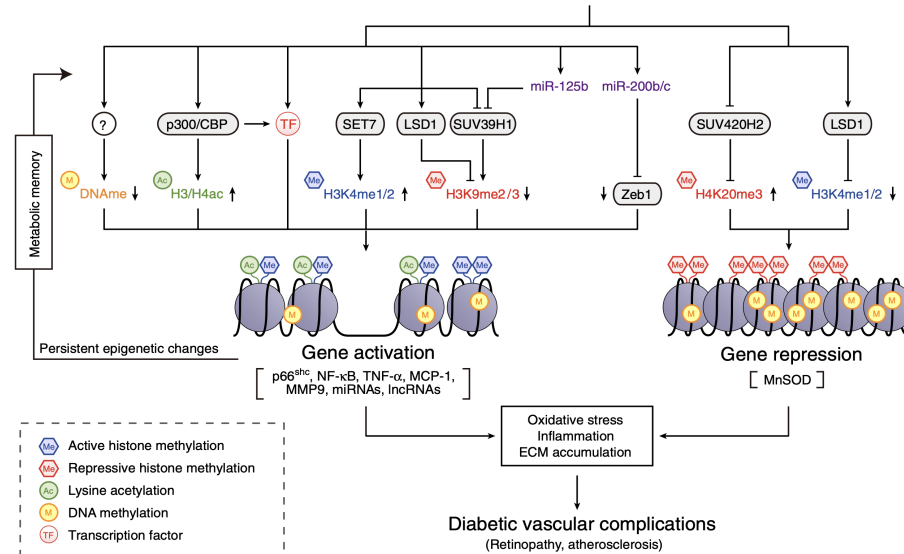


Metabolic memory – Rama Natarajan

Type 1 DM – Epigenetic changes irreversible

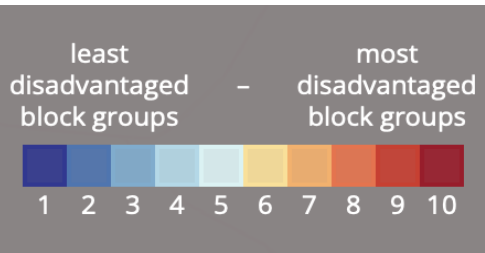
Are epigenetic changes in insulin-resistance reversible?

Is there a threshold “of no return” – what is the mechanism?

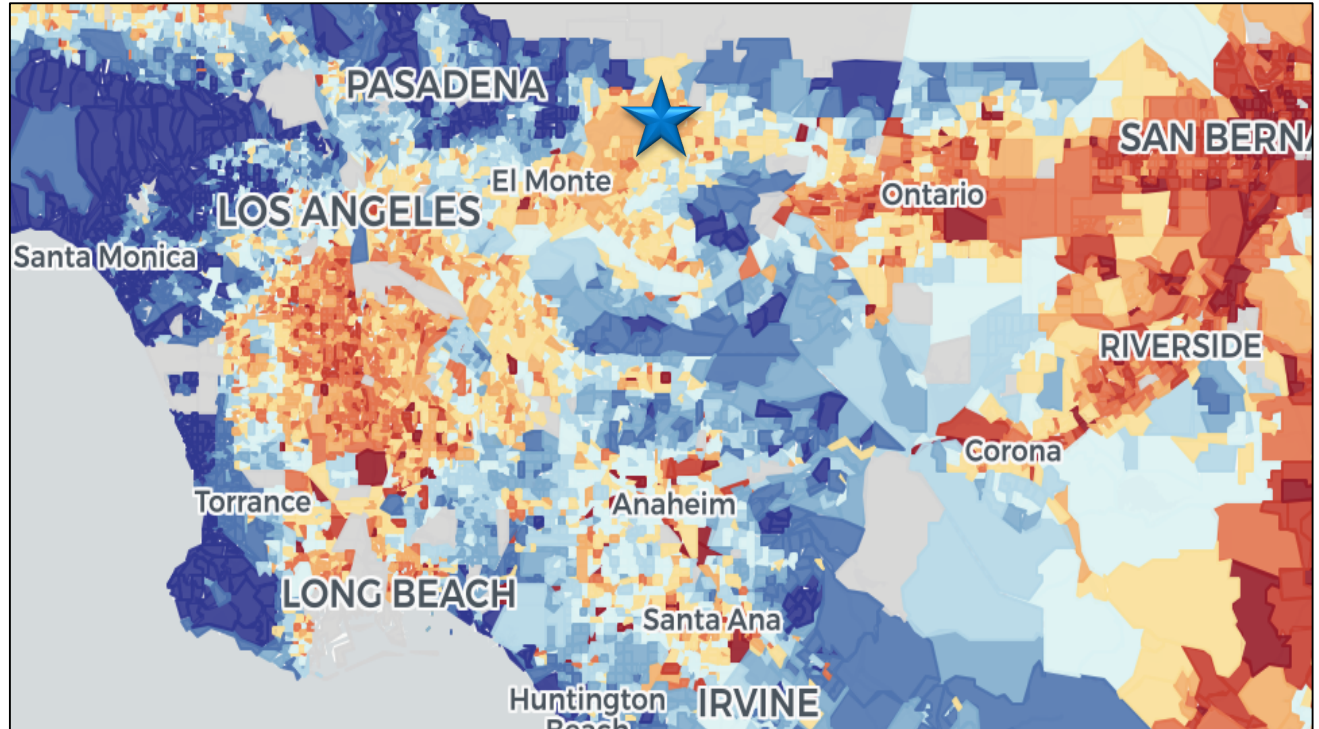


CoHCCC Catchment Area – 981 women enrolled

Exclusion: women w/ Type 2 Diabetes and Smokers



Disadvantage Index



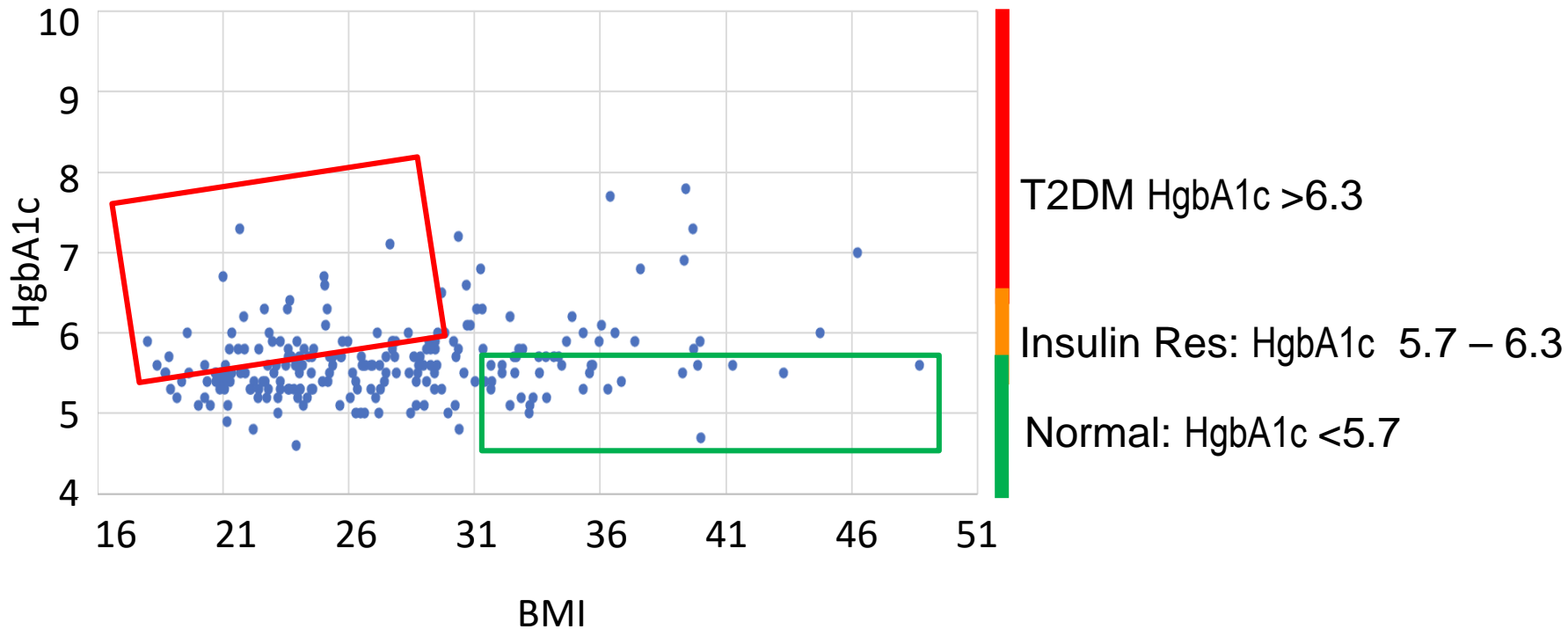
Catchment Area Study – 981 women enrolled

Redcap survey – demographics, zip code, education, employment, nutritional survey, food shopping and access

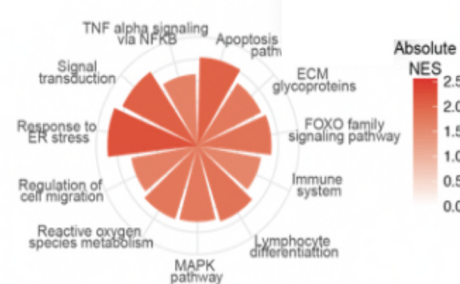
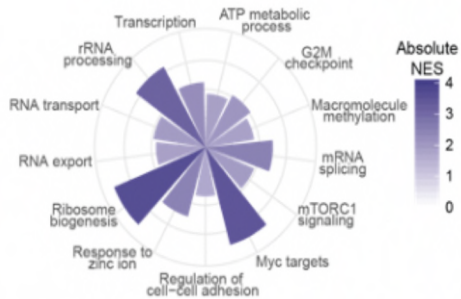
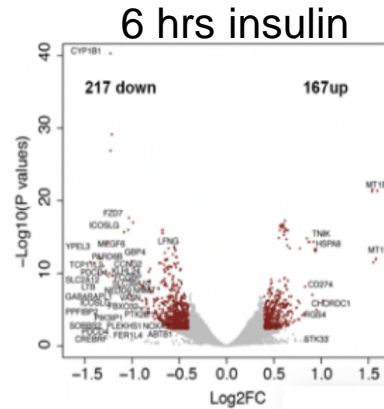
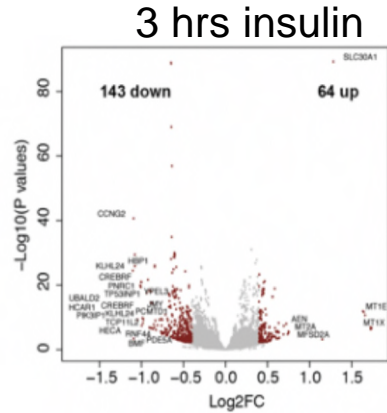
Age	31-61 (mean 43)				
Race/Ethnicity	NHW	HW	Black	Asian	NA
	288 (35%)	378 (46%)	41 (5%)	116 (14%)	4 (<1%)
Neighborhood Disparity Index	1-3 (adv)	4-6	7-10		
	312 (38%)	426 (52%)	89 (11%)		
HgbA1C	≤ 5.6	5.7-5.9	≥ 6.0		
236 analyzed	138 (58%)	59 (25%)	39 (17%)		

Catchment Area – exclusion known Type-2 DM Metabolically unhealthy low BMI

HgbA1c vs BMI n = 236



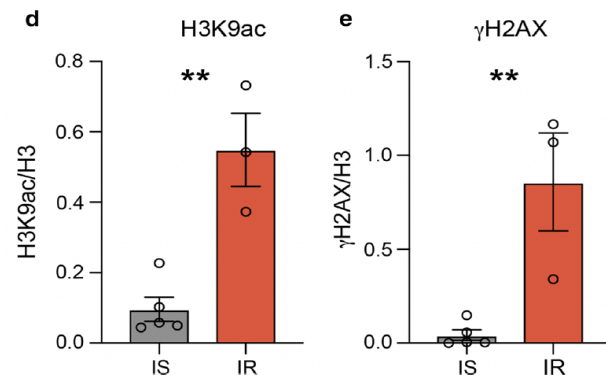
In vitro and *in vivo*: Insulin - acetylation –opens chromatin - increases transcription - top hit H3K9Ac



Up-regulated transcripts

- AKT/mTOR
- Metabolism, ROS
- TNFalpha/IL6

Increased - gammaH2AX



ChIP-seq - H3K9Ac

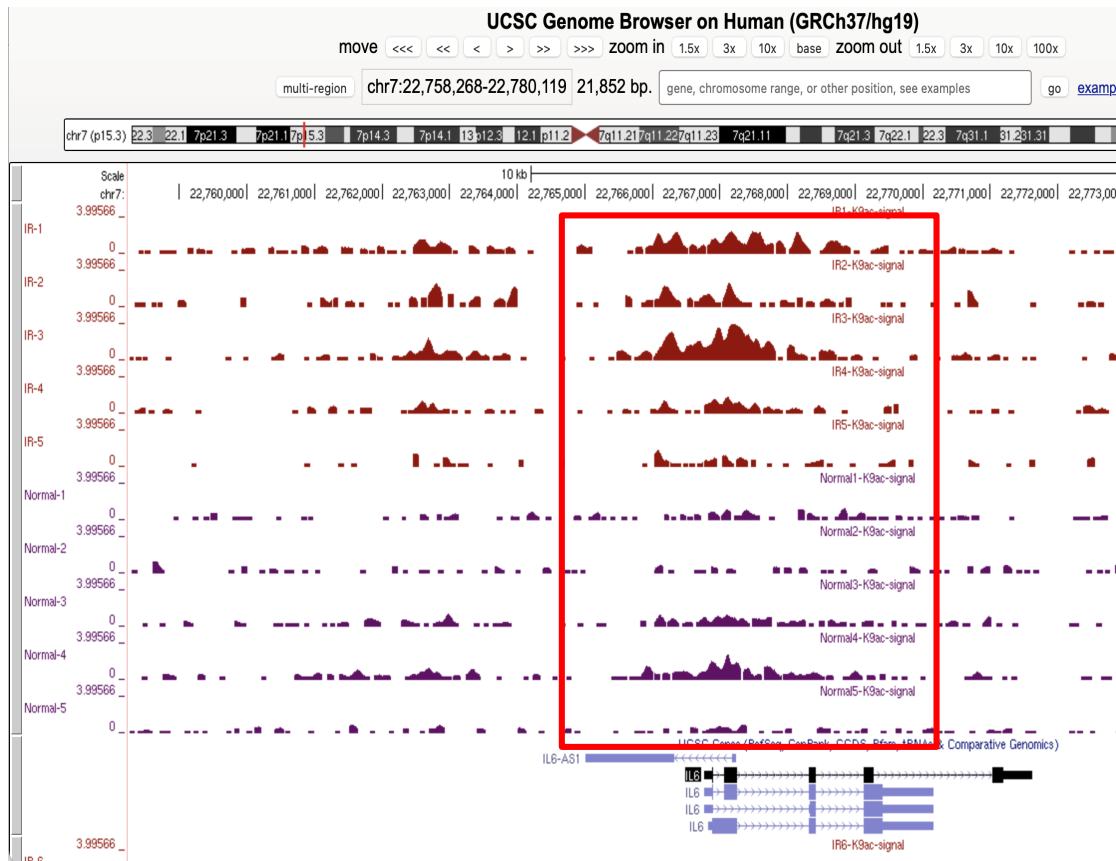
n=28: 15 HgbA1c < 5.7 and 13 HgbA1c 5.7-6.3



Dustin Schones PhD

Parajat Senapati PhD

Normal
Insulin Resistant



Top Hits:

- TNF α
- IL6

Pathway Analysis: Genes w/increase in H3K9ac promoter signal in insulin-resistant women vs. normal controls (age matched)



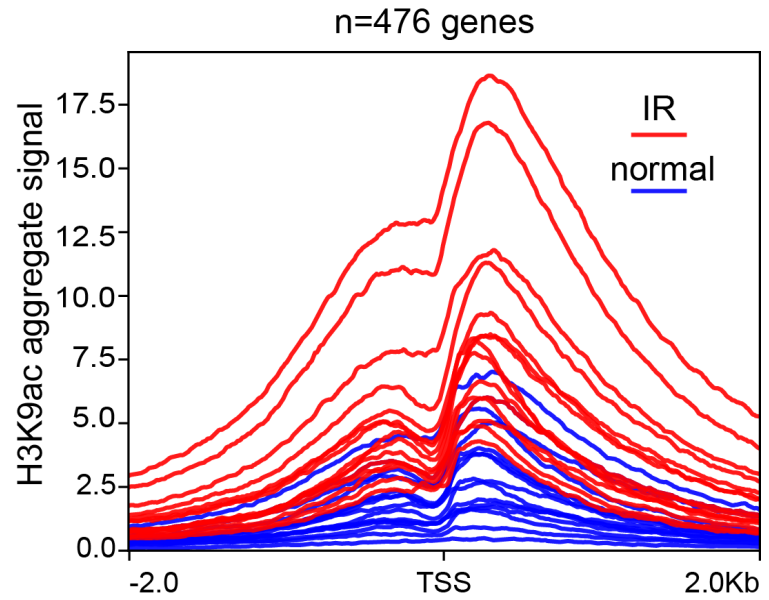
Christina Vidal PhD



Parajat Senapati PhD

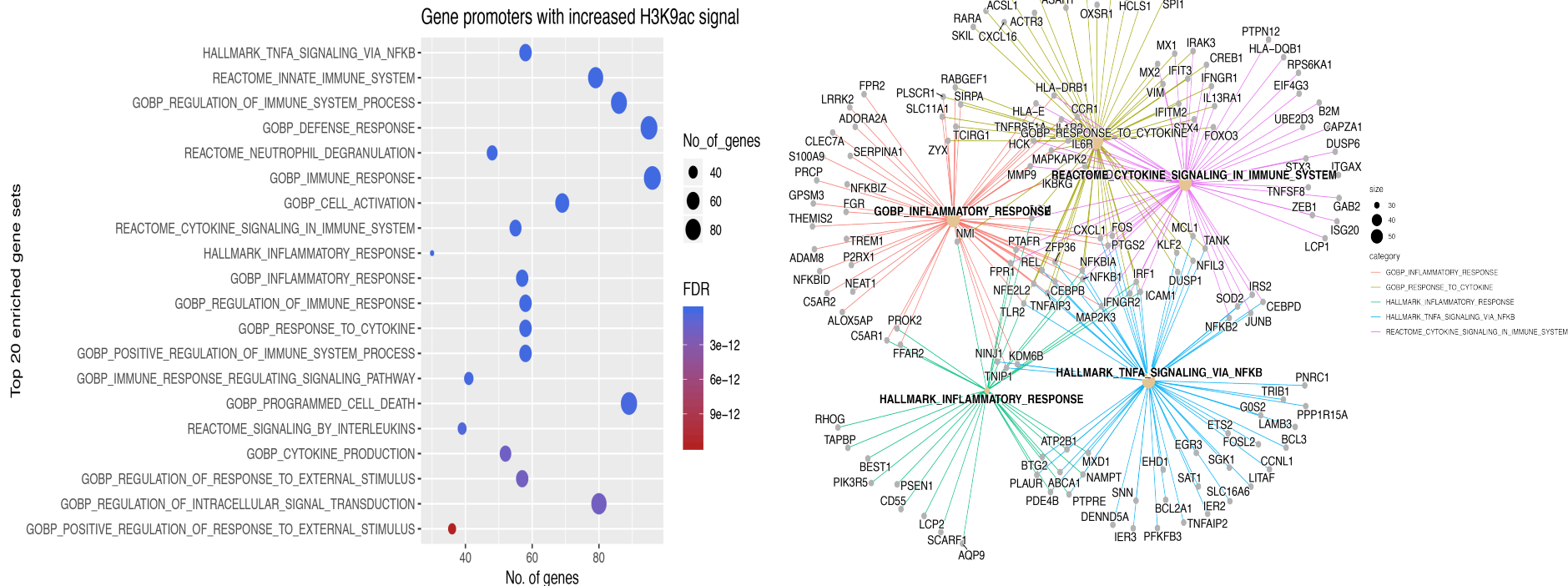
Genes with highest increase in H3K9ac signal in insulin-resistant women were identified by DESeq2

$\log_2FC > 1$ and $FDR < 10^{-8}$



Genome browser trackhub: <https://parijat.s3.amazonaws.com/ChIP-seq/PBMC-K9ac/hub.txt>

Gene promoters w/ increased H3K9Ac Signal



Top Pathways: $\text{NF-}\kappa\text{B/TNF}\alpha$ -signaling, inflammation, cytokine signaling, innate immunity

Transcription factor motifs enriched at promoters w/ increased H3K9ac signal in insulin-resistant women

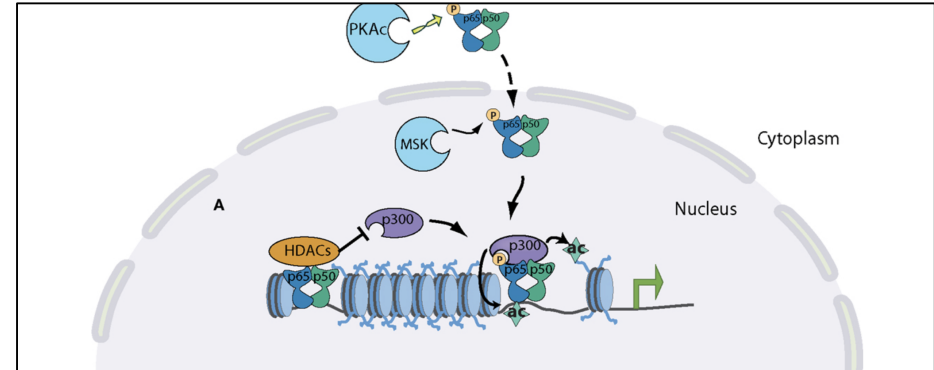


Parajat Senapati PhD

		p-value
	GGCCCCGCCCCG	10^{-38}
	AAAGAGGAA GTG	10^{-38}
→	ACAGGATGTGGT	10^{-38}
	ACAGGAAGTG	10^{-38}
	AACCGGAAGT	10^{-38}
	GATGAGTCA TCC	10^{-38}
	CCGTGACGT CAC	10^{-38}
→	GGAAGTIGAAAGT	10^{-38}
	ACTTCCIGIT	10^{-38}
	AGAGGAAGTG	10^{-38}
	GCCACGCCCACT	10^{-38}
	CTGCCATGCCG	10^{-38}
	TGGGTGGGCGT	10^{-38}
→	GGGGAAATCCCC	10^{-38}

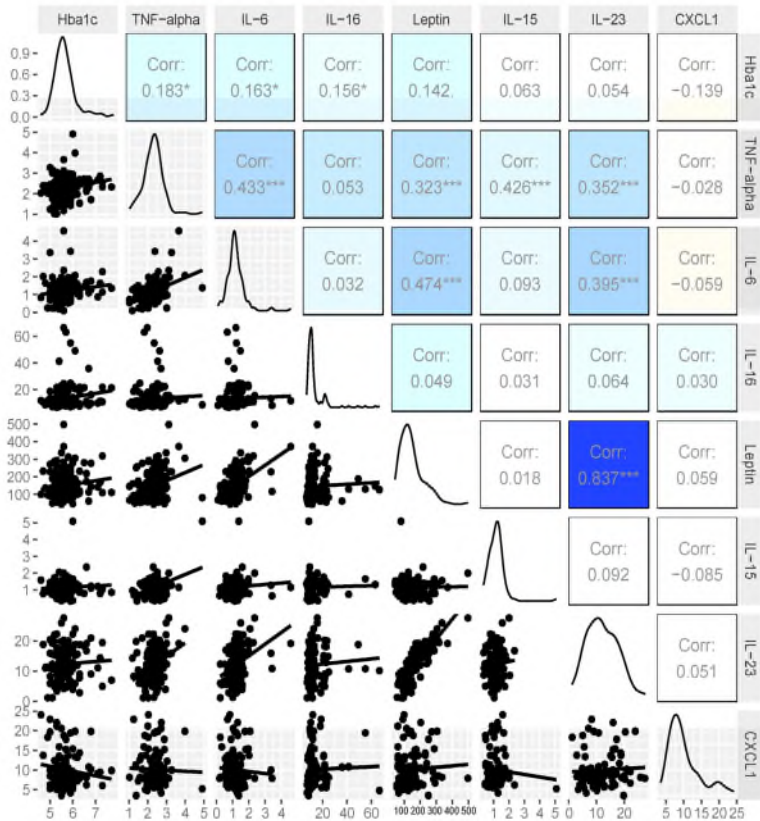
NF-κB/IRF1 - INF-beta signaling

- recruitment of IRF1 and ATF-2/c-Jun
- platform for PCAF chromatin modification complex and p300/CBP acetyltransferase



Cytokine array – positive correlation HbA1c and TNF α & IL6

Consistent with ChIP-seq chromatin analysis



TNF α and IL6 were significantly positively associated with HbA1c

Significant correlation of TNF α to - IL6, Leptin, IL15, IL23

Strong positive association of Leptin and IL23

n= 245

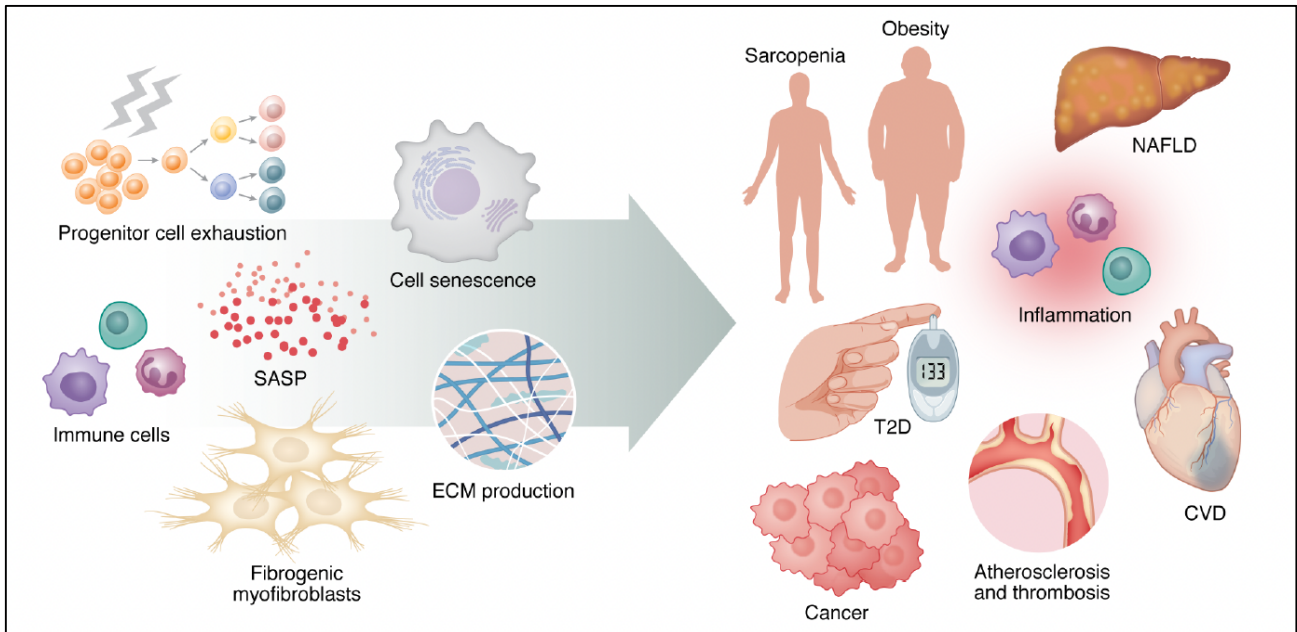
Type 2 Diabetes – disease of senescence and accelerated aging

JCI The Journal of Clinical Investigation

Increased cell senescence in human metabolic disorders

Rosa Spinelli, ... , Annika Nerstedt, Ulf Smith

J Clin Invest. 2023;133(12):e169922. <https://doi.org/10.1172/JCI169922>.



Senescence of heart, pancreas, brain, lung can be driven by immune system. Can be transplanted.

Article

An aged immune system drives senescence and ageing of solid organs

<https://doi.org/10.1038/s41586-021-03547-7>

Received: 4 March 2019

Accepted: 13 April 2021

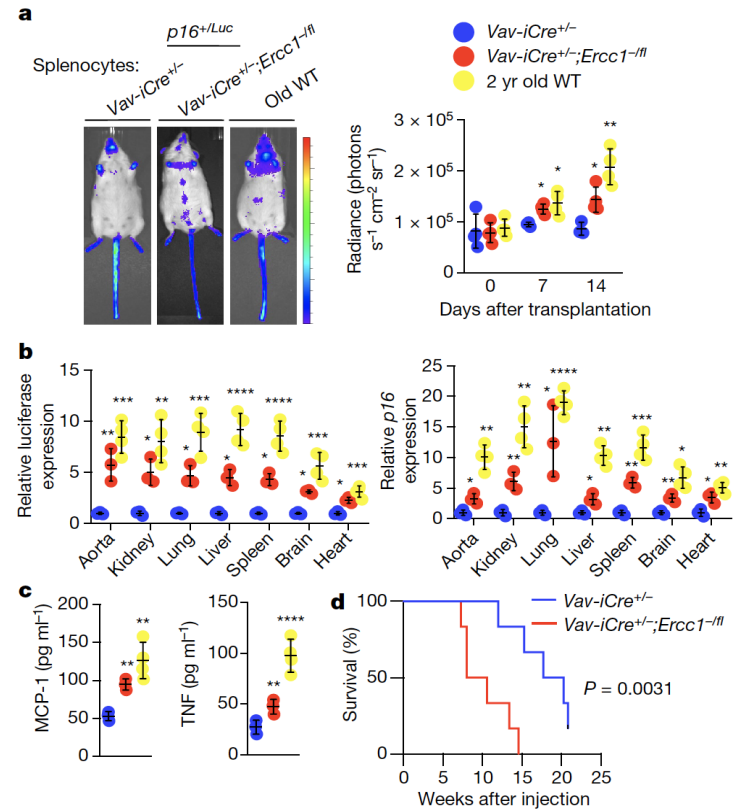
Published online: 12 May 2021

Check for updates

Matthew J. Yousefzadeh^{1,2,14}, Rafael R. Flores^{1,2,14}, Yi Zhu³, Zoe C. Schmiechen⁴, Robert W. Brooks⁵, Christy E. Trussoni⁶, Yuxiang Cui⁷, Luise Angelini^{1,2}, Kyoo-A Lee^{1,2}, Sara J. McGowan^{1,2}, Adam L. Burrack⁴, Dong Wang⁸, Qing Dong⁸, Aiping Lu⁹, Tokio Sano⁵, Ryan D. O'Kelly^{1,2}, Collin A. McGuckian^{1,2}, Jonathan I. Kato⁵, Michael P. Bank⁵, Erin A. Wade⁵, Smitha P. S. Pillai¹⁰, Jenna Klug¹¹, Warren C. Ladiges¹¹, Christin E. Burd¹², Sara E. Lewis¹³, Nicholas F. LaRusso⁶, Nam V. Vo⁶, Yinsheng Wang⁷, Eric E. Kelley¹³, Johnny Huard⁹, Ingunn M. Stromnes⁴, Paul D. Robbins^{1,2,15} & Laura J. Niedernhofer^{1,2,15}

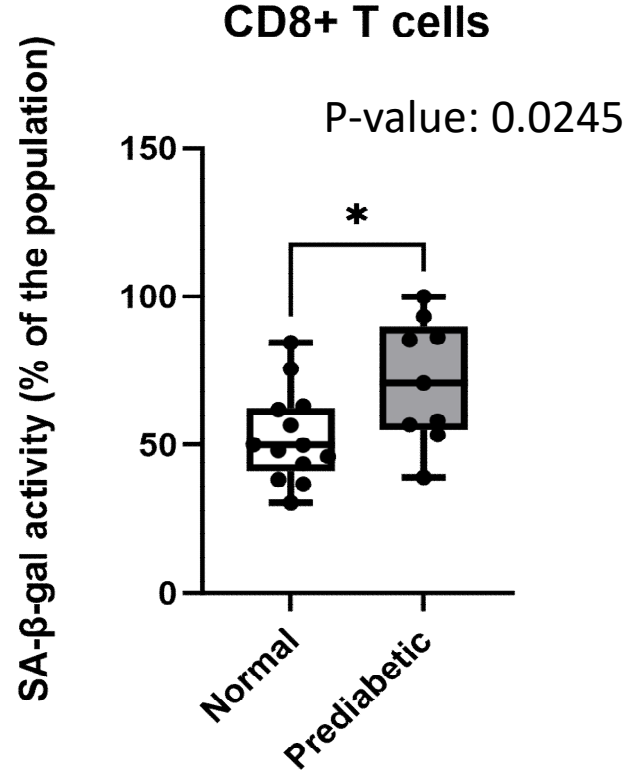
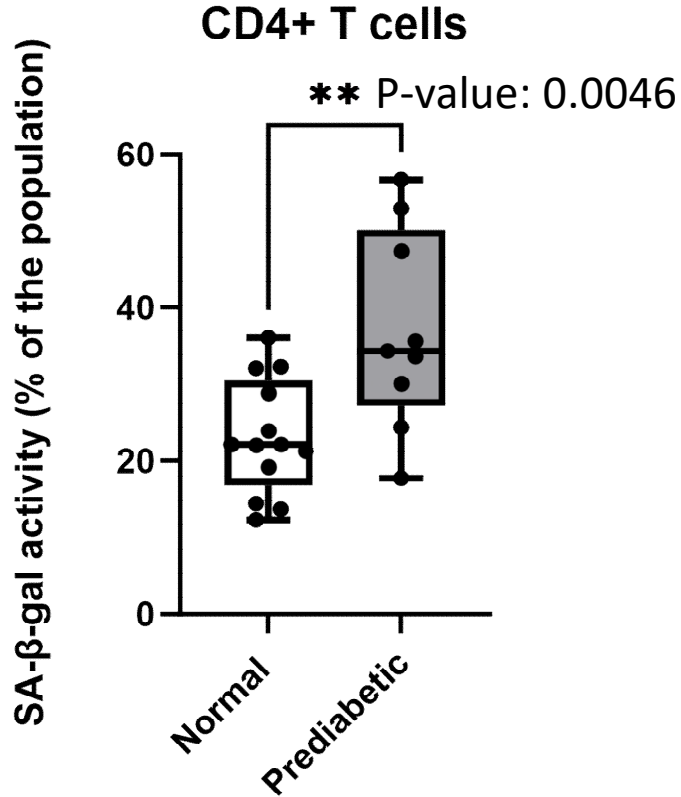
Nature Vol 594 3 June 2021 - Niedernhofer

Adoptive transfer of splenocytes from 10 mos old *Ercc1* – deficient mice – aging of recipient mice



Senescence: β -gal FACS analysis

n=15 normal, 10 insulin-resistant women

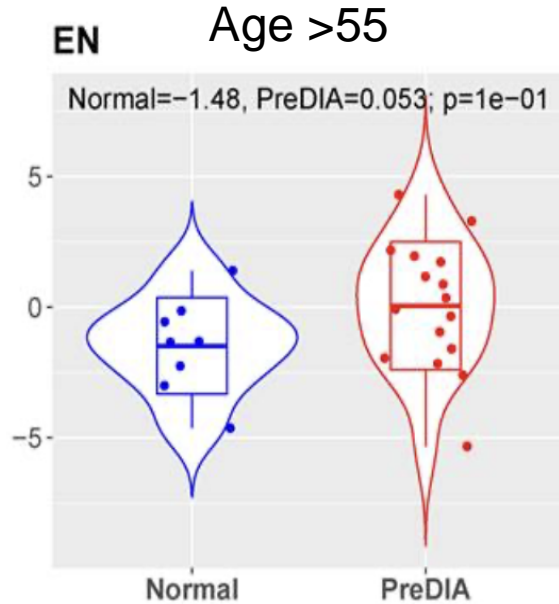


Accelerated aging: Epigenetic Clocks

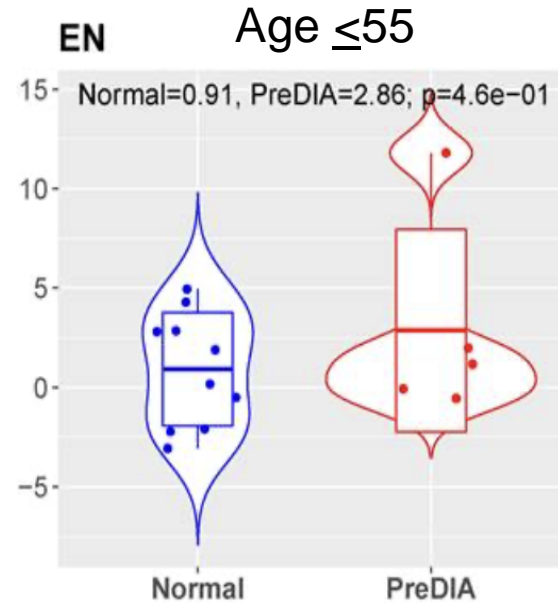
In the subjects with age > 50, Pre-diabetes showed higher age acceleration estimated by DNA methylation comparing to normal group (mean 0.053 vs. -1.48) at marginal $p=0.10$ (two-sided t test).



Rama
Natarajan, PhD



- 8 in Normal Group (HbA1c < 5.7)
- 16 in pre-Diabetes group (HbA1c \geq 5.7)



- 18 in Normal Group (HbA1c < 5.7)
- 12 in pre-Diabetes group (HbA1c \geq 5.7)

Matched for BMI, age

Conclusions:

Insulin resistance is associated with the acetylation of H3K9 in peripheral blood mononuclear cells (PBMCs) of women with insulin resistance.

- Promotes cytokine production/inflammation (interleukin-6, IL6; tumor necrosis factor-alpha, TNF α ; and cytokine signaling)
- Cellular senescence (NF κ B-signaling and innate immunity)
- Insulin resistance is potentially associated with accelerated aging in postmenopausal women.
 - In process – epigenetic clock – methylation analysis
 - Age 40-60 n=50 insulin resistant vs. metabolically healthy

Future Directions

- If IR normalized – can epigenetic changes/inflammation be reversed?
- Racial and ethnic differences in senescent cells

Angie Sanchez, Nancy Sanchez, Myriam Robles, Allen Nunez, Angela Wong, Tanya Chavez, Christina Tsai, Omi Idassi, Kendal Kennedy

leap^w



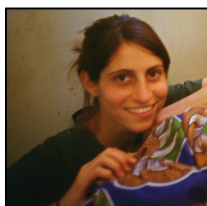
Shankar Subrmaniam
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Christina Vidal PhD



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