

SIO 2024 Conference: Tips & Tricks



21st International Conference of the Society for Integrative Oncology



*The Transformative Power of Clinical
Observation to Ignite Scientific Discovery
and Optimize Patient Outcomes*

Conference Information:

1. **Conference Website:** [\[SIO 2024 Conference\]](#)

Before the Conference:

2. [] **Review the Program:** Familiarize yourself with the [conference agenda](#).
3. [] **Join the SIO Change Makers' What's App Group:** Organize car pooling, meet-ups, and stay informed about conference updates. [Click here to sign up!](#)
4. [] **Connect on Social Media:** Follow SIO on social media and use official conference hashtags. #SIO2024 #integrativeoncology #SIOChangeMakers

Follow SIO to stay up to date on conference happenings: [Instagram](#), [Twitter](#), [LinkedIn](#)

During the Conference:

5. [] **Arrive Early:** Plan to arrive at least 10 minutes before sessions begin.

6. [] **Networking:** Actively engage with fellow attendees, speakers, and exhibitors.

Tips on how to effectively network will be noted throughout this document.

7. [] **Ask Questions:** Participate in discussions and ask questions during sessions.

Review the abstracts of the talks you're attending and prepare 1-2 thoughtful questions to maximize your experience!

8. [] **Visit our Sponsors:** Explore the exhibition area for the latest research and technologies.

9. [] **Poster Sessions:** Attend poster presentations to learn about new developments.

Poster Reception is Friday (Oct 25th) from 5:15 – 7:30 PM

Enjoy a poster session walkthrough with Allison Rosen and/or Haley Schuman to learn about abstract and poster design elements and interpretation!

Conference Etiquette:

10. [] **Respect Time:** Be punctual for sessions and respect presentation time limits.

11. [] **Dress Appropriately:** Dress in business casual attire and prepare for a moderately warm weekend!

12. [] **Silence Devices:** Keep mobile devices on silent mode during sessions.

After the Conference:

13. [] **Follow Up:** Connect with new contacts and nurture professional relationships.

14. [] **Feedback:** Provide feedback to SIO about your conference experience including the new trainee / patient advocate Program.

15. [] **Apply What You've Learned:** Integrate conference insights into your work.

Explore Costa Mesa, CA:

16. [] **Sightseeing:** Discover Costa Mesa's local charm by visiting its [beautiful parks](#), gardens, and nearby beaches.
17. [] **Local Cuisine:** Enjoy the vibrant [food scene and try a variety of local dishes](#) at Costa Mesa's renowned restaurants and cafes.
18. [] **Relaxation:** Unwind at the beach (20 minutes from hotel to [Huntington State Beach](#)) or take in coastal views for some much-needed relaxation.

[Explore Costa Mesa here](#)

Networking:

Before the Conference:

19. [] **Connect on Social Media:** Join LinkedIn, Twitter, and professional networks.
20. [] **Research Attendees:** Identify potential connections in the attendee list.
21. [] **Reach Out in Advance:** Send personalized messages to attendees you'd like to meet.

During the Conference:

22. [] **Attend Social Events:** Participate in receptions, dinners, and social gatherings.
 - *Thursday, October 24th from 6:30 – 8 pm: **Trainee, new attendee, and patient advocate gathering** at Waterfall Terrace, Westin Hotel*
 - *Friday, October 25th at 9 am: **New Attendee/Trainee/Patient Advocate Networking Session** in the China Cove Room*
 - *Friday, October 25th at 5:15 pm: **Poster Reception***
 - *Saturday, October 26th from 6:00 – 10:00 PM: **SIO GALA Dinner at Westin Hotel** (Paid Ticket required to attend)*
 - ***Take breaks and network in the designated Change Makers' Lounge in the Catalina Room for the duration of the conference!***
 - *Connect with new friends and plan impromptu gatherings on the Change Makers' [What's App group](#)*

Key Events for Change Makers

Date	Time	Program
Thursday 10/24	6:30 - 8:00 PM	PA/Caregiver/Trainee get-together at Waterfall Terrace, Westin Hotel. <i>Join for NO Host food and beverages. Feel free to stop by to say hi or stay and chat!</i>
Friday 10/25	8:00 - 9:00 AM	Check-in at the Registration Desk (East Galleria) to pick up your Attendee Badge. Head to Terrace Pavilion for breakfast (New Attendees/Patient Advocates/Caregivers/Trainees).
	9:00 - 10:30 AM	Welcome Session at China Cove Room. <i>Haley Schuman and Dr. Julie Deleemans will present, which will include networking opportunities before the conference officially starts at 10:30 AM. Bring your breakfast and coffee with you!</i>
	3:45 - 4:15 PM	Chair Yoga/Meditation with Tari Prinster.
	5:15 - 6:30 PM	Poster Presentations: <i>What should I know? Poster session walkthrough with Allison Rosen and Haley Schuman. Learn about abstract and poster design elements. Meet in Poster Presentation Hall.</i>
Saturday 10/26	2:30 - 3:00 PM	Chair Yoga/Meditation with Tari Prinster.
	6:00 - 10:00 PM	DINNER MEETUP: <i>If you're not attending the Gala, this is your chance to meet up with other Change Makers for dinner!</i>
Sunday 10/27	7:15 - 7:50 AM	Special Interest Group Breakfast Roundtables
	10:15 - 11:15 AM	"Telling Your Story" Panel with Kara Kenan and Burt Rosen in the Catalina Room

Date	Time	Program
	11:15 AM	Incoming Patient Advocate Committee Co-Chairs meet.

- 23. [] **Use the Conference App:** Utilize networking features for connections and scheduling. (QR Code with conference details will be provided Friday morning).
- 24. [] **Be Approachable:** Maintain open body language and initiate conversations.
- 25. [] **Elevator Pitch:** Prepare a concise introduction about yourself and your work.
- 26. [] **Ask Questions:** Engage in discussions and ask thought-provoking questions.
- 27. [] **Join Roundtable Discussions:** Participate in small group discussions.

Friday, Oct 25 at 9 am: *Change Makers Networking Meeting in the China Cove room*

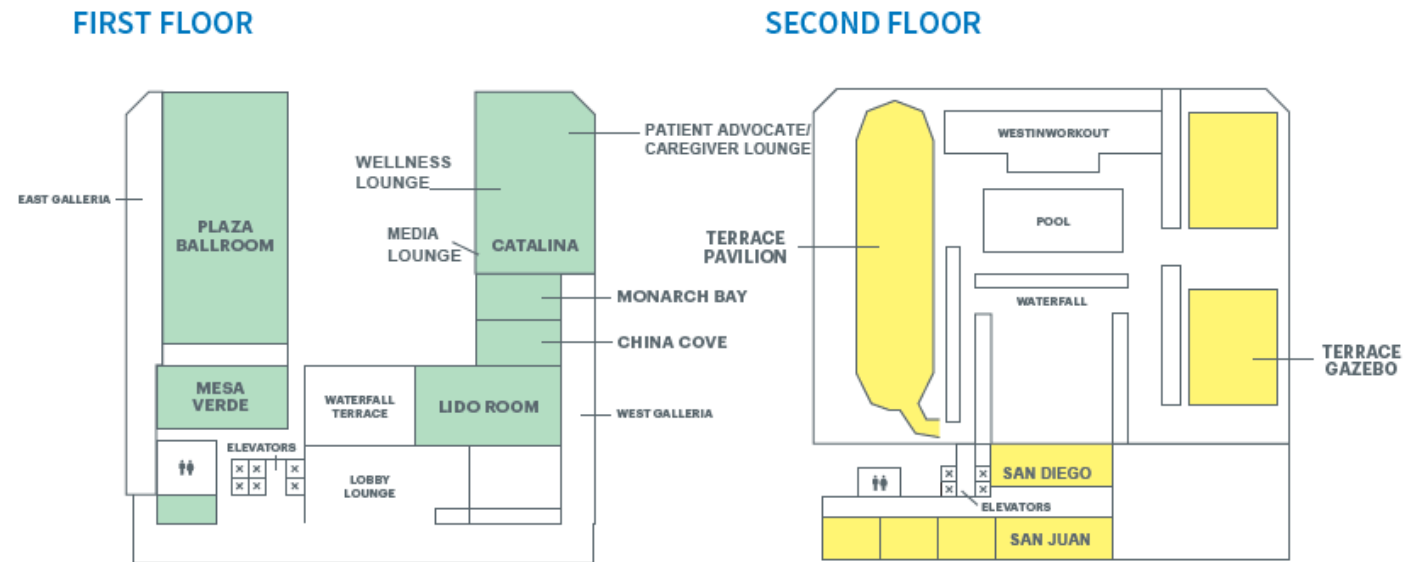
Sunday, Oct 27th at 7:15 am: *Connect with Special Interest Groups (SIGs) at Breakfast Tables*

➔ Learn about our SIG's [here](#)

After the Conference:

- 28. [] **Follow Up:** Send follow-up emails to people you met, mentioning specific topics.
- 29. [] **Share Conference Insights:** Post about your conference experience on social media.
- 30. [] **Join Post-Conference Activities:** Become a SIO Member and see how you can get involved with Special Interest Groups!

Venue Layout:



Feel free to use this form as a checklist to ensure you're well-prepared for the SIO 2024 Conference, both in terms of making the most of the event and effectively networking with fellow attendees and investigators. Enjoy the conference! 😊