



## **Multidisciplinary Approaches to Cancer Symposium**

# Myelodysplastic Syndrome and Myeloproliferative Neoplasm: Molecular Markers & Management with Novel Drugs

## Subheading: Novel Agents in MPNs

**Haris Ali, MD, FACP**

Associate Professor, Department of Hematology/HCT

MPN Section Leader

City of Hope

# Disclosures

- Consultant for GSK, Karyopharm, PharmaEssentia, & Sobi;
- Grant/Research Support from Incyte

*This presentation and/or comments will be free of any bias toward or promotion of the above referenced companies or their product(s) and/or other business interests.*

*This presentation and/or comments will provide a balanced, non-promotional, and evidence-based approach to all diagnostic, therapeutic and/or research related content.*

*This presentation has been peer-reviewed and no conflicts were noted.*

**The off-label/investigational use of Fludarabine, Melphalan, Hypomethylating Agents, Selinexor, INCA 33989, Janssen Vaccine, Imetalstat will be addressed.**

# Cultural Linguistic Competency (CLC) & Implicit Bias (IB)

## **STATE LAW:**

The California legislature has passed Assembly Bill (AB) 1195, which states that as of July 1, 2006, all Category 1 CME activities that relate to patient care must include a cultural diversity/linguistics component. It has also passed AB 241, which states that as of January 1, 2022, all continuing education courses for a physician and surgeon **must** contain curriculum that includes specified instruction in the understanding of implicit bias in medical treatment.

*The cultural and linguistic competency (CLC) and implicit bias (IB) definitions reiterate how patients' diverse backgrounds may impact their access to care.*

## **EXEMPTION:**

Business and Professions Code 2190.1 exempts activities which are dedicated solely to research or other issues that do not contain a direct patient care component.

# Myeloproliferative neoplasms (MPN)

- Phenotypically diverse group that are stem cell-derived clonal disorders characterized initially by slow, progressive myeloid proliferation
- Classified according to molecular drivers: BCR/ABL+ in CML, BCR/ABL- in classical MPN (PV, ET, and MF)
- Driver mutations within stem cells and myeloid progenitors provide cytokine-independent or -hypersensitive proliferative signals leading to the overproduction of myeloid cells
- MPN share several clinical and lab features
  - Cytosis
  - Pronounced constitutional symptom burden
  - Organomegaly due to extramedullary hematopoiesis
  - Progressive marrow fibrosis
  - Thrombotic complications
  - Bone marrow failure and risk for AML

# MPN Classification

ICC 2022	WHO 2022
Chronic myeloid leukemia	Chronic myeloid leukaemia
Polycythemia Vera	Polycythemia Vera
Essential thrombocythemia	Essential thrombocythaemia
<b>Primary myelofibrosis</b> <b>Early/Prefibrotic PMF</b> <b>Overt PMF</b>	<b>Primary myelofibrosis</b>
Chronic neutrophilic leukemia	Chronic neutrophilic leukaemia
Chronic eosinophilic leukemia, not otherwise specified	Chronic eosinophilic leukaemia
	<b>Juvenile myelomonocytic leukaemia</b>
MPN, unclassifiable	Myeloproliferative neoplasm, not otherwise specified

Khoury, J.D., et al. The 5th edition of the WHO Classification of Haematolymphoid Tumours: Myeloid and Histiocytic/Dendritic Neoplasms. *Leukemia* **36**, 1703–1719 (2022)  
 Arber DA et al., ICC of Myeloid Neoplasms and Acute Leukemias: integrating morphologic, clinical, and genomic data. *Blood* 2022; 140 (11): 1200–1228.


# Myelofibrosis

- Annual incidence of MF is 0.2-0.5 cases per 100,000
- Median age at diagnosis at 65 years (70% after 60 years of age)
- Subtypes
  - Prefibrotic MF
  - Primary
  - MF Evolved from ET and PV
    - Post-ET MF
    - Post-PV MF

# Myelofibrosis Diagnostic Criteria

## Primary myelofibrosis (Overtly fibrotic stage) (*Diagnosis requires meeting all 3 major criteria and one minor criterion*)

### Major criteria:

1. Megakaryocyte proliferation and atypia,<sup>a</sup> accompanied by   $\geq$ grade 2 reticulin/collagen fibrosis<sup>b</sup>
2. Presence of *JAK2*, *CALR* or *MPL* mutations, or presence of other clonal markers, or absence of evidence for reactive bone marrow fibrosis
3. Not meeting ICC criteria for other myeloid neoplasms


### Minor criteria:

Anemia not otherwise explained

Leukocytosis  $\geq 11 \times 10^9/L$


Palpable splenomegaly

Increased serum lactate dehydrogenase

 A leukoerythroblastic blood smear

## Primary myelofibrosis (Pre-fibrotic/early stage) (*Diagnosis requires meeting all 3 major criteria and one minor criterion*)

### Major criteria:

1. Megakaryocyte proliferation and atypia,<sup>a</sup> accompanied by   $\leq$ grade 1 reticulin/collagen fibrosis, granulocyte proliferation/decreased erythropoiesis
2. Presence of *JAK2*, *CALR* or *MPL* mutations, or presence of other clonal markers, or absence of evidence for reactive bone marrow fibrosis
3. Not meeting ICC criteria for other myeloid neoplasms

### Minor criteria:

Anemia not otherwise explained

Leukocytosis  $\geq 11 \times 10^9/L$

Palpable splenomegaly

Increased serum lactate dehydrogenase

# Secondary Myelofibrosis

Post-polycythemia vera myelofibrosis (post-PV MF)	Post-essential thrombocythemia myelofibrosis (post-ET MF)
<p><b>Required:</b></p> <ol style="list-style-type: none"><li>4. Prior documentation of ICC<sup>a</sup>-defined PV</li><li>5. Bone marrow fibrosis grade <math>\geq 2^b</math></li></ol>	<p><b>Required:</b></p> <ol style="list-style-type: none"><li>1. Prior documentation of ICC<sup>a</sup>-defined ET</li><li>2. Bone marrow fibrosis grade <math>\geq 2^b</math></li></ol>
<p><b>Additional criteria (two required)</b></p> <p><i>Anemia or loss of phlebotomy requirement</i></p> <p><i>A leukoerythroblastic blood smear</i></p> <p><i>Increasing splenomegaly</i></p> <p><i>Development of constitutional symptoms</i></p>	<p><b>Additional criteria (two required)</b></p> <p><i>Anemia and <math>\geq 2</math> g/dl decrease in hemoglobin level</i></p> <p><i>A leukoerythroblastic blood smear</i></p> <p><i>Increasing splenomegaly</i></p> <p><i>Development of constitutional symptoms</i></p> <p><i>Increased serum lactate dehydrogenase</i></p>



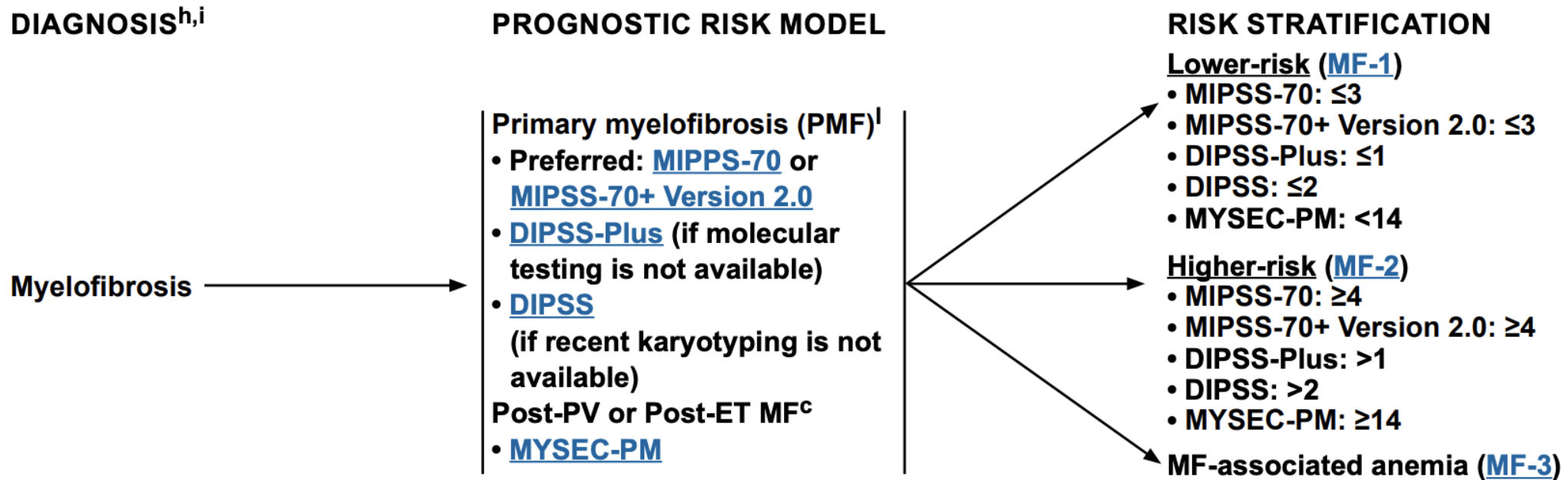
# Primary Myelofibrosis: Risk Stratification

Models	Variables	Risk categories					
		Very low	Low	Intermediate-1	Intermediate-2	High	Very high
<b>IPSS<sup>d</sup></b> <i>International Prognostic Scoring System</i>	Age >65 years (1 point)	NA	(0 points)	(1 point)	(2 points)	(≥3 points)	NA
	Constitutional symptoms <sup>a</sup> (1 point)		11.3 years	7.9 years	4 years	2.3 years	
	Hemoglobin <10 g/dl (1 point)						
	Leukocytes >25 × 10 <sup>9</sup> /L (1 point)						
<b>DIPSS<sup>e</sup></b> <i>Dynamic International Prognostic Scoring System</i>	Age >65 years (1 point)	NA	(0 points)	(1–2 points)	(3–4 points)	(5–6 points)	NA
	Constitutional symptoms (1 point)		Not reached	14.2 years	4 years	1.5 years	
	Hemoglobin <10 g/dl (2 points)						
	Leukocytes >25 × 10 <sup>9</sup> /L (1 point)						
<b>DIPSS-plus<sup>e</sup></b>	Circulating blasts ≥1% (1 point)						
	Age > 65 years (1 point)	NA	(0 points)	(1 point)	(2–3 points)	(≥4 points)	NA
	Constitutional symptoms <sup>a</sup> (1 point)		15.4 years	6.5 years	2.9 years	1.3 years	
	Hemoglobin <10 g/dl (1 point)						
	Leukocytes >25 × 10 <sup>9</sup> /L (1 point)						
	Circulating blasts ≥1% (1 point)						
	Unfavorable karyotype <sup>h</sup> (1 point)						
Platelet count <100 × 10 <sup>9</sup> /L (1 point)							
Transfusion needs (1 point)							

# Primary Myelofibrosis: Risk Stratification

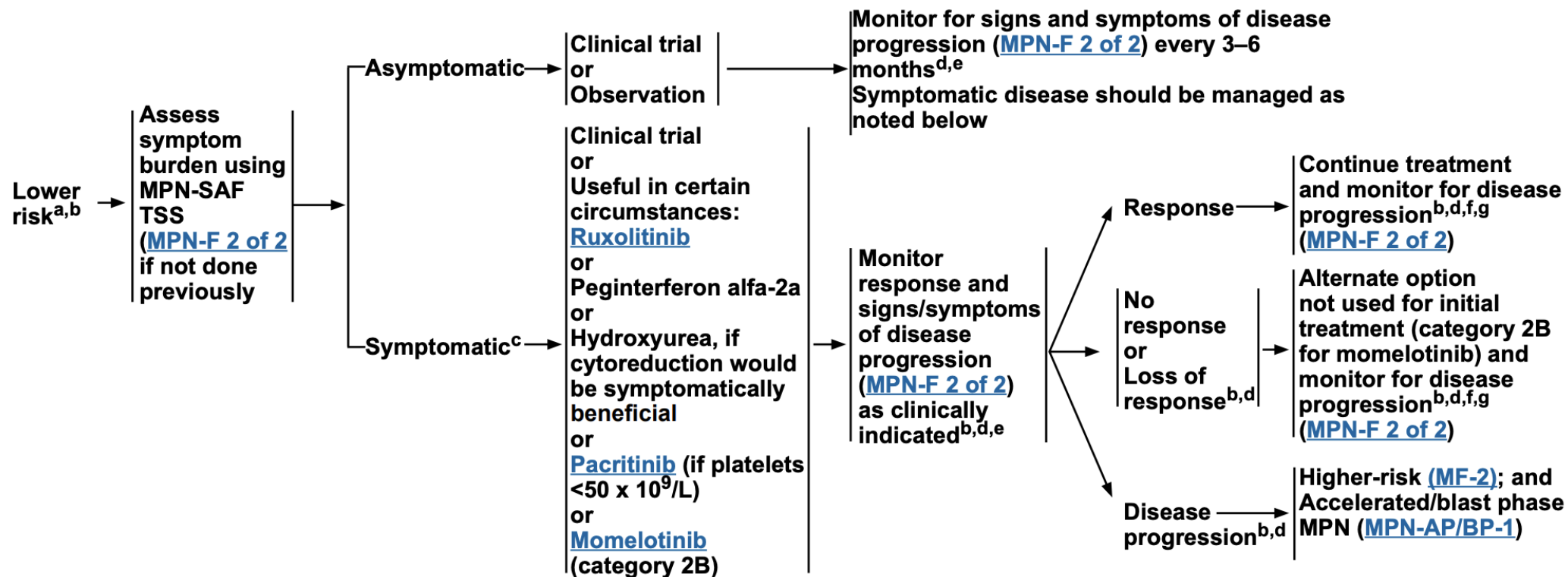
Models	Variables	Risk categories					
		Very low	Low	Intermediate-1	Intermediate-2	High	Very high
MIPSS70 <sup>d</sup> <i>Mutation-enhanced International Prognostic Scoring System</i> (Age ≤ 70 years)	≥2 HMR mutations <sup>b</sup> (2 points)	NA	(0-1 point)	(2-4 points)		(≥5 points)	NA
	Leukocytes >25 × 10 <sup>9</sup> /L (2 points)		Not reached	6.3 years		3.1 years	
	Platelets <100 × 10 <sup>9</sup> /L (2 points)						
	Hemoglobin <10 g/dl (1 point)						
	Circulating blasts ≥2% (1 point)						
	BM fibrosis grade ≥2 (1 point)						
	Constitutional symptoms <sup>a</sup> (1 point)						
	Type 1/like CALR absent (1 point)						
	One HMR mutation <sup>b</sup> (1 point)						
MIPSS70 + v2 <sup>e</sup>	Very high-risk karyotype <sup>f</sup> (4 points)	(0 points)	(1-2 points)	(3-4 points)		(5-8 points)	(≥9 points)
	Unfavorable karyotype <sup>g</sup> (3 points)	Not reached	16.4 years	7.7 years		4.1 years	1.8 years
	≥2 HMR mutations <sup>c</sup> (3 points)						
	One HMR mutation <sup>c</sup> (2 points)						
	Type 1/like CALR absent (2 points)						
	Constitutional symptoms <sup>a</sup> (2 points)						
	Severe anemia <sup>i</sup> (2 points)						
	Moderate anemia <sup>j</sup> (1 point)						
	Circulating blasts ≥2% (1 point)						
GIPSS <sup>e</sup> <i>Genetics-inspired International Prognostic Scoring System</i>	Very high-risk karyotype <sup>f</sup> (2 points)	NA	(0 points)	(1 point)	(2 points)	(≥3 points)	NA
	Unfavorable karyotype <sup>g</sup> (1 point)		26.4 years	8 years	4.2 years	2 years	
	ASXL1 mutation (1 point)						
	SRSF2 mutation (1 point)						
	U2AF1Q157 mutation (1 point)						
	Type 1/like CALR absent (1 point)						

# Treatment: Risk and Symptom based approach



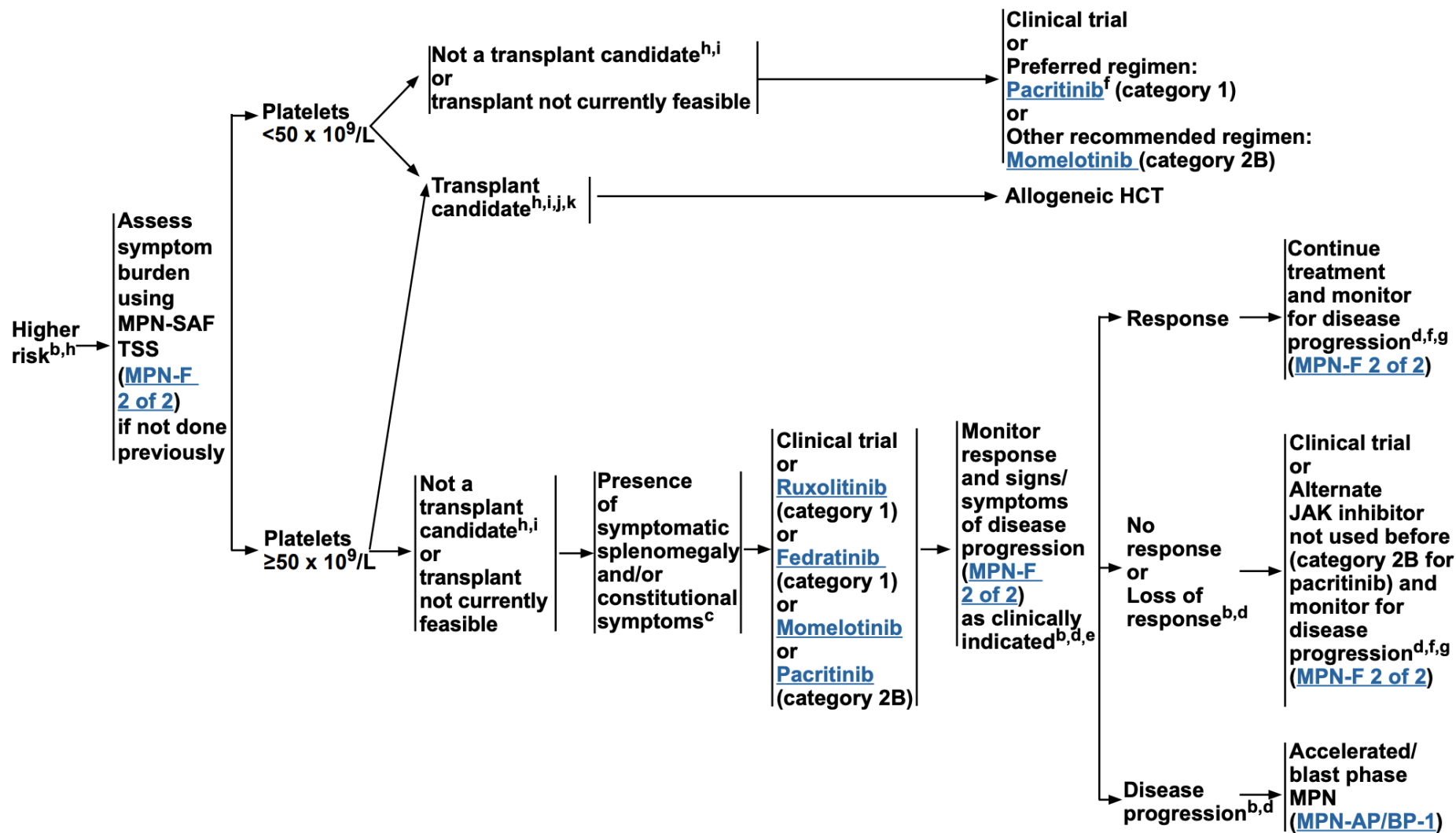
# Treatment: Risk and Symptom based approach

## TREATMENT FOR LOWER-RISK MYELOFIBROSIS



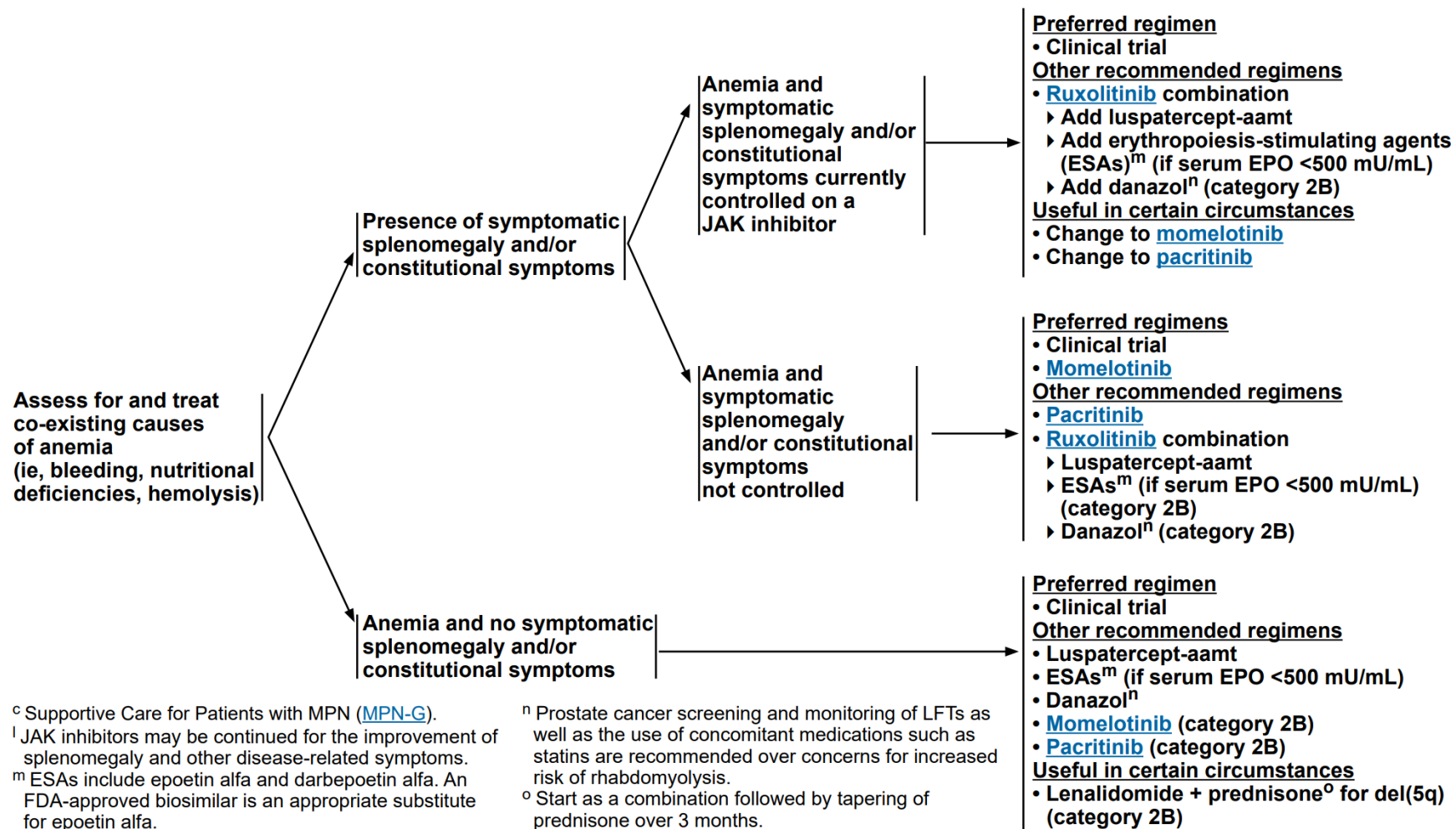
# Treatment: Risk and Symptom based approach

## TREATMENT FOR HIGHER-RISK MYELOFIBROSIS



# Treatment: Risk and Symptom based approach

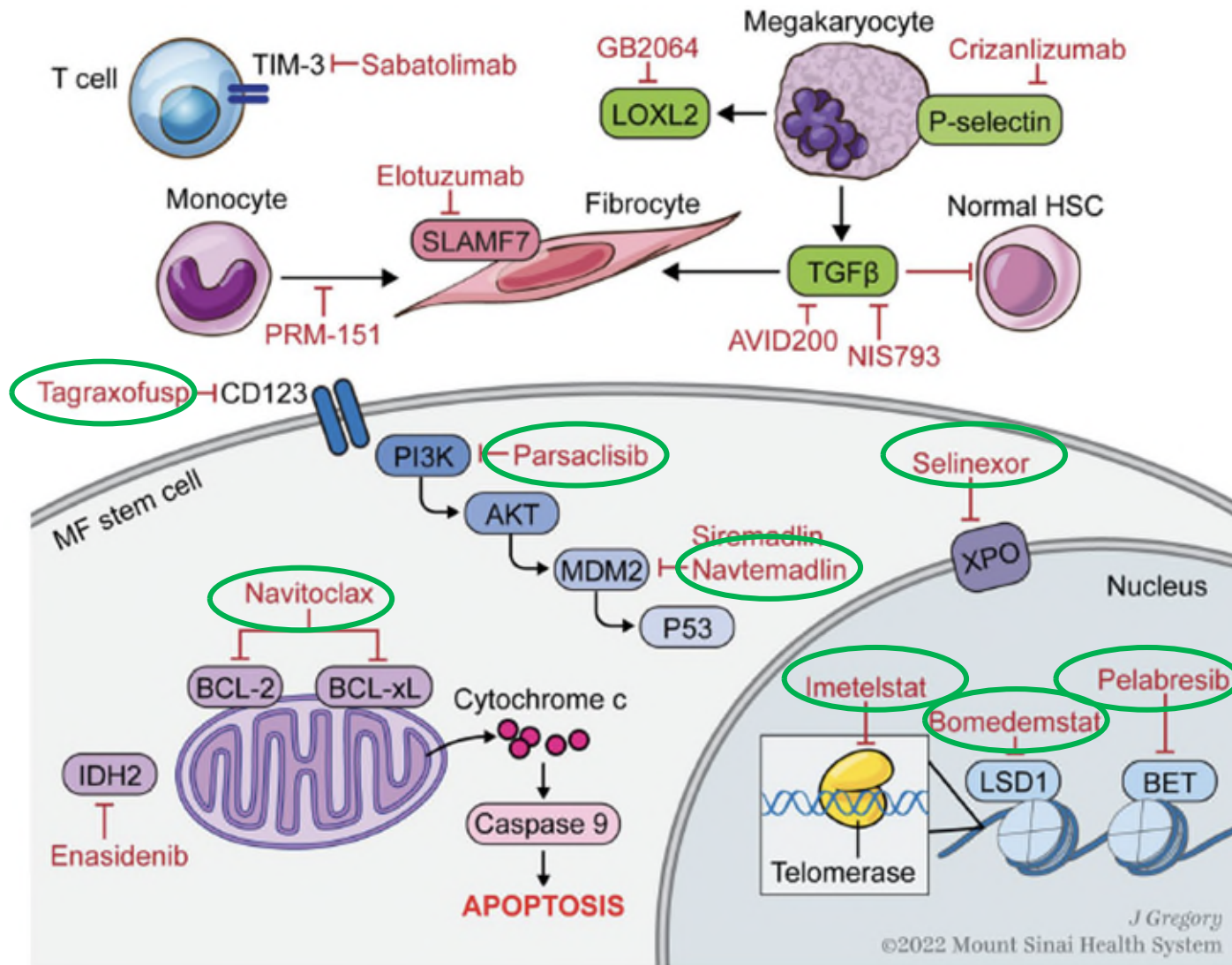
## MANAGEMENT OF MF-ASSOCIATED ANEMIA<sup>c,1</sup>



# Current JAKi

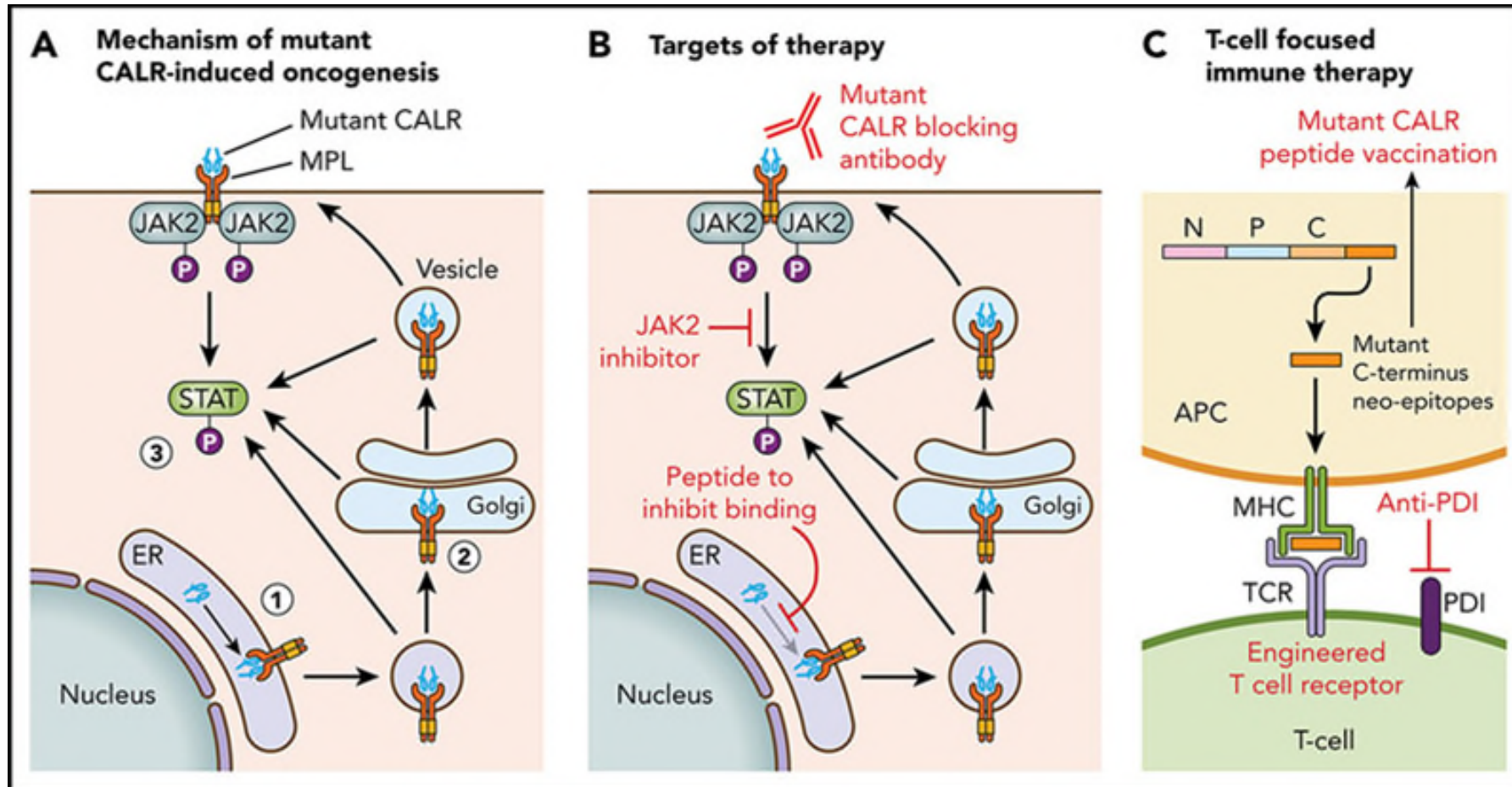
	<b>Ruxolitinib</b>	<b>Fedratinib</b>	<b>Pacritinib</b>	<b>Momelotinib</b>
Myelofibrosis symptom-relevant targets	JAK1/2	JAK2	JAK2 ACRV1	JAK1/2 ACRV1
FDA-approved indication	IPSS* High/intermediate risk	IPSS* High/Intermediate-2 risk First-line and Second-line	DIPSS** High/Intermediate risk First-line and Second-line for platelet count $<50 \times 10^9/L$	DIPSS High/Intermediate risk With Anemia
FDA-approved dose and schedule	20 mg twice-daily (Platelet count $>200 \times 10^9/L$ ) 15 mg twice-daily (Platelet count $150-200 \times 10^9/L$ )	400 mg twice-daily (Platelet count $\geq 50 \times 10^9/L$ )	200 mg twice-daily (Platelet count $<50 \times 10^9/L$ )	200mg daily
Spleen volume reduction $\geq 35\%$ (radiographic)	42% (COMFORT-1) 29% (COMFORT-2) 29% (SIMPLIFY-1)	36% (JAKARTA-1)	19% (PERSIST-1)	27% (SIMPLIFY-1)
Spleen response by palpation	32% (Mayo study)	83% (Mayo study)	Not reported	47% (Mayo study)
Anemia response in transfusion-dependent patients	30% (Mayo study)	10% (Mayo study)	25% (PERSIST-1)	51% (Mayo study)
Symptom response	57% (Mayo study) 46% (COMFORT-1) 42% (SIMPLIFY-1)	65% (Mayo study) 36% (JAKARTA-1)	19% (PERSIST-1)	48% (Mayo study) 28% (SIMPLIFY-1)
Adverse effects	Anemia Thrombocytopenia Withdrawal syndrome Opportunistic infections Poor response to COVID vaccines	Anemia Thrombocytopenia GI symptoms $\uparrow$ Liver function tests $\uparrow$ Amylase/lipase Wernicke's encephalopathy (Rare event)	GI symptoms (substantial) Peripheral edema Pneumonia Cardiac failure	Thrombocytopenia $\uparrow$ Liver function tests $\uparrow$ Amylase/lipase Peripheral neuropathy First-dose effect (Dizziness, Hypotension, Flushing, Nausea)

# Novel Treatments in Myelofibrosis





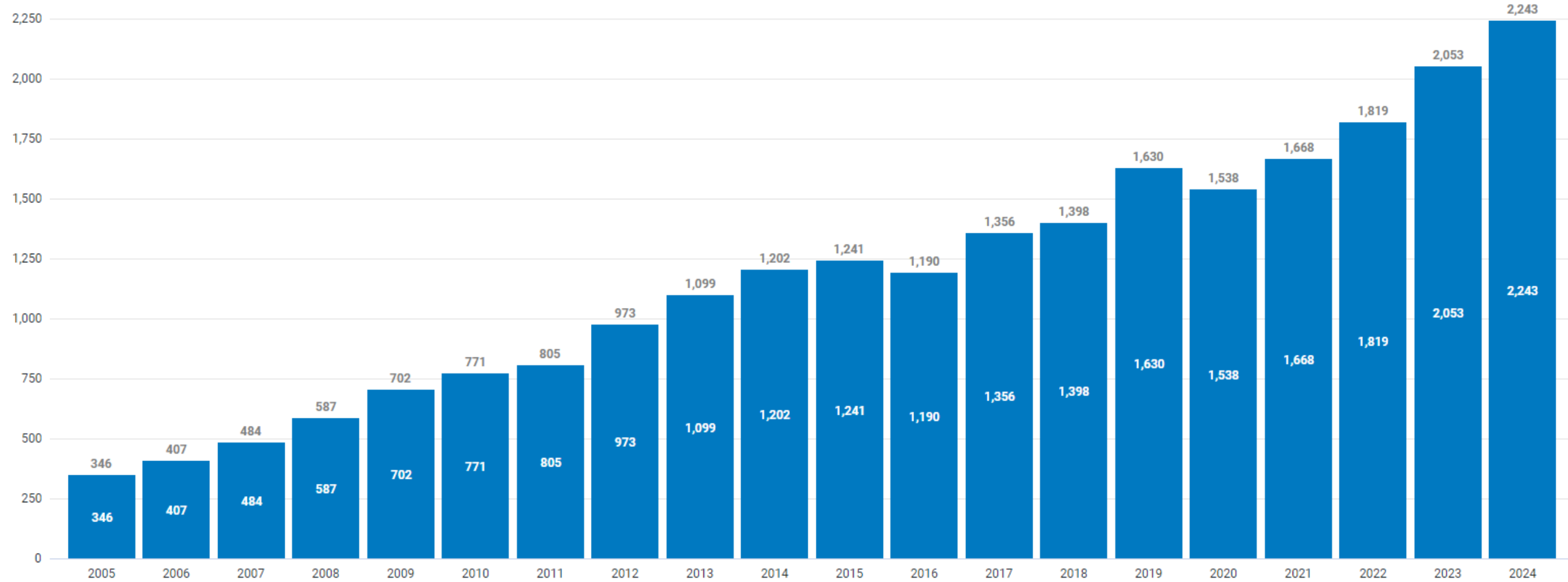
# Novel Treatments in Myelofibrosis



# Allogeneic Transplant in Myelofibrosis

- The only curative treatment modality
- Associated with some risk of transplant-related morbidity/mortality: GVHD, infection, graft rejection, and regimen-related toxicities
- What is optimal
  - Timing
  - Conditioning regimen
  - GVHD prophylaxis are not well-established
  - Impact of JAKi on transplant outcomes

# Trends of MPN Transplants

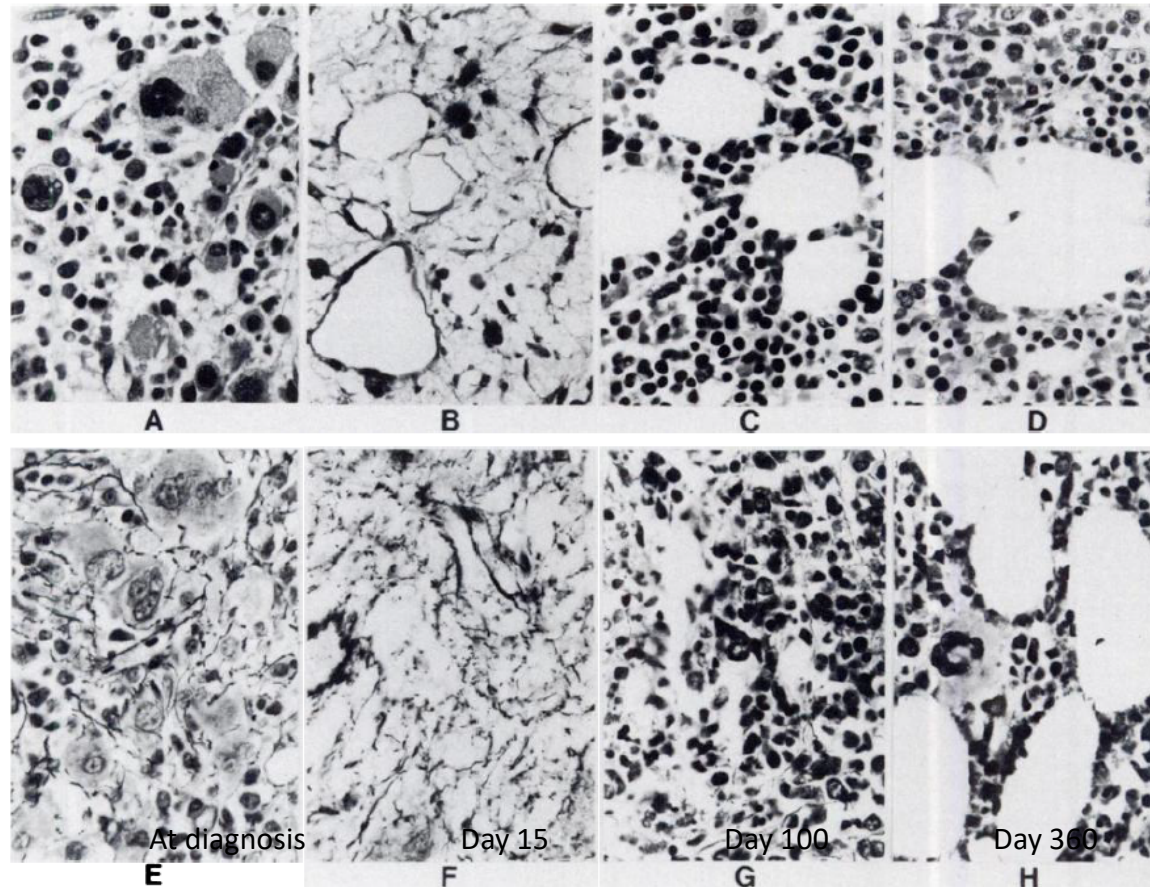


Time trend of HCT for Myelofibrosis: Data from NMDP

**CONCISE REPORT**

**Reversal of Acute (“Malignant”) Myelosclerosis by Allogeneic Bone Marrow Transplantation**

By Jeffrey L. Wolf, Wayne E. Spruce, Robert M. Bearman, Stephen J. Forman, Edward P. Scott, John L. Fahey,  
Mark J. Farbstein, Henry Rappaport, and Karl G. Blume



# Conditioning Regimen

- Cytoreduce malignant clone
- Immunosuppression to prevent graft rejection while preserving graft versus leukemia effect
- Regimen can be myeloablative or reduced intensity conditioning
- Choice of conditioning
  - Performance status
  - Comorbid conditions

# Retrospective Studies of MF Transplants

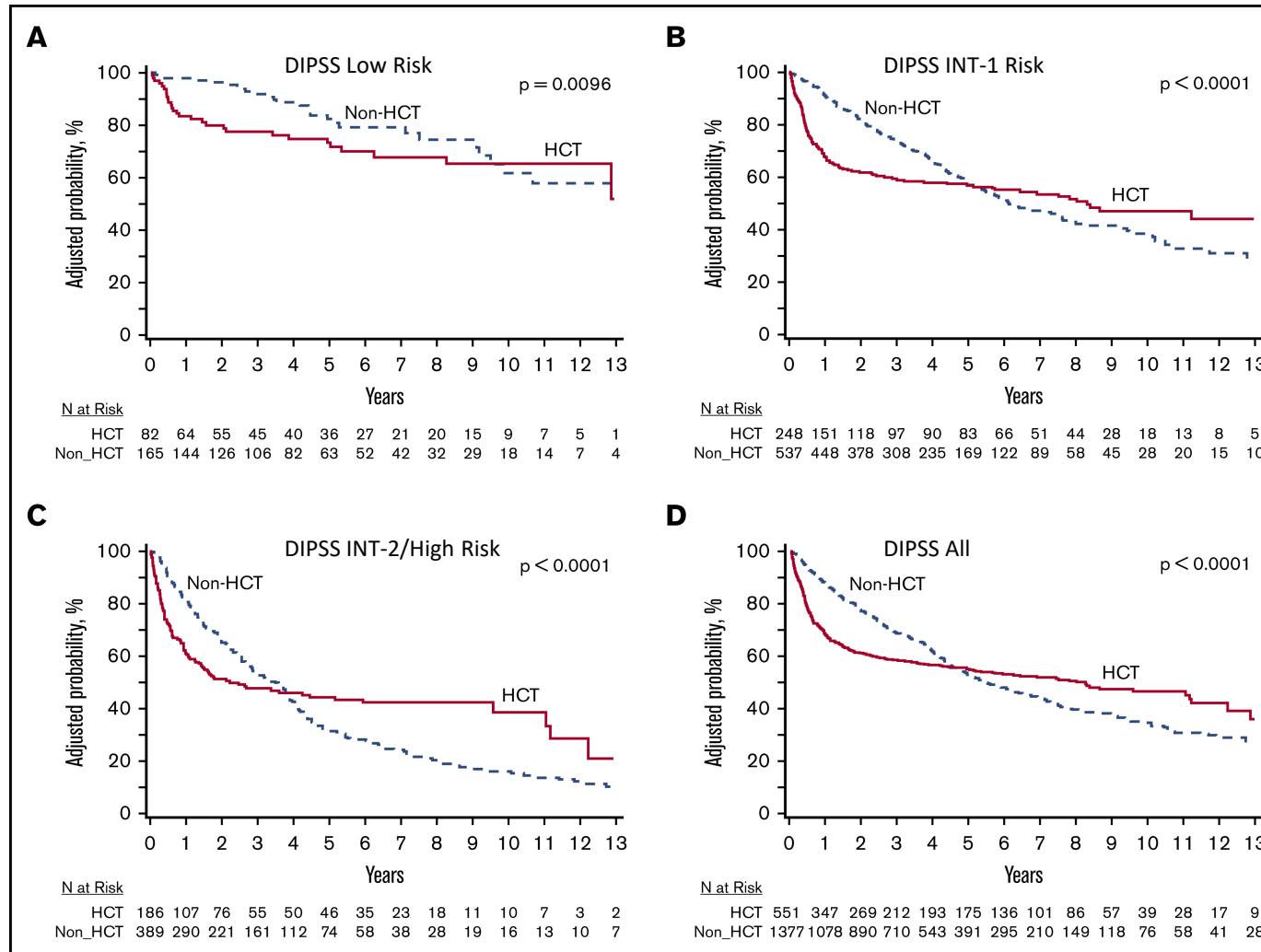
Study	Years	N	Conditioning Regimen	Median Age	Median Follow-up	OS% (years)	NRM
Patriarca et al.	1986-2006	100	RIC and MAC	49	34 mon	42 (3)	43%
Ballen et al.	1989-2002	289	RIC and MAC	47	41-46 mon	37-30% (5)	35-50%
Scott et al.	1990-2009	170	RIC and MAC	51	71 mon	57% (5)	34%
Lussana et al.	1994-2010	250	RIC and MAC	56	13 mon	55% (3)	28%
Robin et al.	1997-2008	147	RIC and MAC	53	35 mon	39% (4)	39%
Gupta et al.	1997-2010	233	RIC	55	50 mon	47% (5)	24%
Chiusolo et al	2000-2019	120	RIC and MAC	56	22 mm	62% (5)	22%
Kroger et al.	2000-2014	169	RIC Flu/Bu	58	74 mon	56% (5)	21%
Ali et al.	2004-2017	110	RIC Flu/Mel	59	64 mon	65%(5)	17%

# Prognostic Scoring System

Study	Prognostic System	N	Age	Era	Conditioning	OS % (yrs)
Scott et al.	DIPSS	170	12-78	1990-2009	Majority MAC Bu/Cy Bu/Flu	Low = NR Intermediate -1 = NR Intermediate -2 = 7 yr High = 2.5 yr
Bannow et al.	DIPSS-Plus	233	13-79	1990-2014	RIC (18%) MAC (82%)	Low/int-1 78 % (5) High 35% (5)
Ali et al.	MIPSS 70	93	29-72	2004-2017	RIC Flu/Mel	Intermediate 89% (5) High 54% (5)
Ali et al.	MIPSS 70 Plus	93	29-72	2004-2017	RIC Flu/Mel	Int 91% (5) High 77%( 5) Very High 30% (5)
Gagelmann et al.	MTSS*	361	18-75	NA	RIC 64% MAC 36%	Low 83 (5) Intermediate 64 % (5) High 37% (5) Very High 22% (5)

\*Age >57, KPS <90%, Platelets <150, WBC >25, HLA mismatched, ASXL1 mutation, Non CALR/MPL driver mutation

# HCT vs Non HCT Survival



Gowin et al. Survival following allogeneic transplant in patients with myelofibrosis. *Blood Adv* (2020) 4 (9): 1965–1973.



Thank you