



## **Multidisciplinary Approaches to Cancer Symposium**

# Myelodysplastic Syndrome and Myeloproliferative Neoplasm: Molecular Markers & Management with Novel Drugs

Subheading: Myelodysplastic Syndrome: An Update on Diagnosis & Treatment

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# Disclosures

- On the Speakers Bureau for Sanofi

*This presentation and/or comments will be free of any bias toward or promotion of the above referenced companies or their product(s) and/or other business interests.*

*This presentation and/or comments will provide a balanced, non-promotional, and evidence-based approach to all diagnostic, therapeutic and/or research related content.*

*This presentation has been peer-reviewed and no conflicts were noted.*

# Cultural Linguistic Competency (CLC) & Implicit Bias (IB)

## **STATE LAW:**

The California legislature has passed Assembly Bill (AB) 1195, which states that as of July 1, 2006, all Category 1 CME activities that relate to patient care must include a cultural diversity/linguistics component. It has also passed AB 241, which states that as of January 1, 2022, all continuing education courses for a physician and surgeon **must** contain curriculum that includes specified instruction in the understanding of implicit bias in medical treatment.

*The cultural and linguistic competency (CLC) and implicit bias (IB) definitions reiterate how patients' diverse backgrounds may impact their access to care.*

## **EXEMPTION:**

Business and Professions Code 2190.1 exempts activities which are dedicated solely to research or other issues that do not contain a direct patient care component.

## ***The following CLC & IB components will be addressed in this presentation:***

- *Impact of race/ethnicity on prognosis of patients with myelodysplastic syndrome.*
- *Correlation of socioeconomic status and survival of elderly patients with MDS .*

## MDS is now **Myelodysplastic Neoplasms**

WHO 2022			ICC 2022		
MDS Defining Genetic Abnormalities	Blasts	MDS with Morphologically Defined		Cytopenia	Mutations
Low Blasts and Isolated 5q del (MDS-5q)	< 5% BM and < 2% PB	Low Blasts (MDS-LB)	MDS-del(5q)	≥ 1	Any, except multi hit TP53
Low Blasts and SF3B1 (MDS-SF3B1)		MDS hypoplastic (MDS-h)	MDS-SF3B1		Any except isolated del(5q), -7, del (7q), abn 3q.26.2 or complex
Biallelic TP53 inactivation (MDS-bTP53)	< 20% BM and PB				
		MDS with increased blasts (MDS-IB)			
	5%-9% BM or 2%-4%PB	MDS-IB1	MDS-EB		Any, except multi-hit TP53
	10%-19% or 5%-19% PB or Auer Rods	MDS-IB2	MDS/AML		Any, except <i>NPM1</i> bZIP, CEBPA, or TP53

Adapted from  
 Khoury JD, et al. Leukemia 2022  
 Arber DA, et al. Blood 2022

**CHIP:** Clonal Hematopoiesis of Indetermined Potential

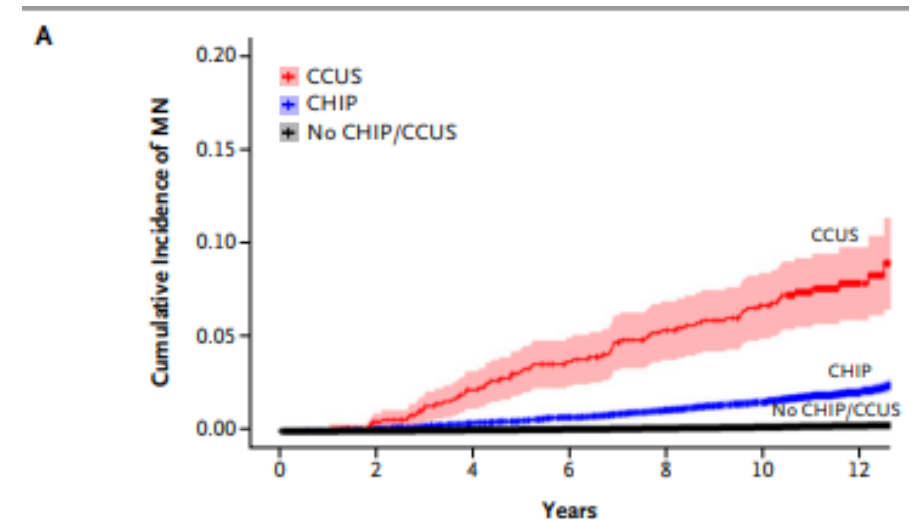
**CCUS:** Clonal Cytopenia of Undetermined Significance

■ **CHIP and CCUS**

- CHIP: Acquired mutations in BM stem cells leading to a mutated clonal population in peripheral blood. No Dx of myeloid disorder.
- CCUS: CHIP with  $\geq 1$  persistent idiopathic cytopenia.

■ **CCUS** - 10-fold increased risk of hematologic malignancy

- Increased risk of cardiovascular disease.

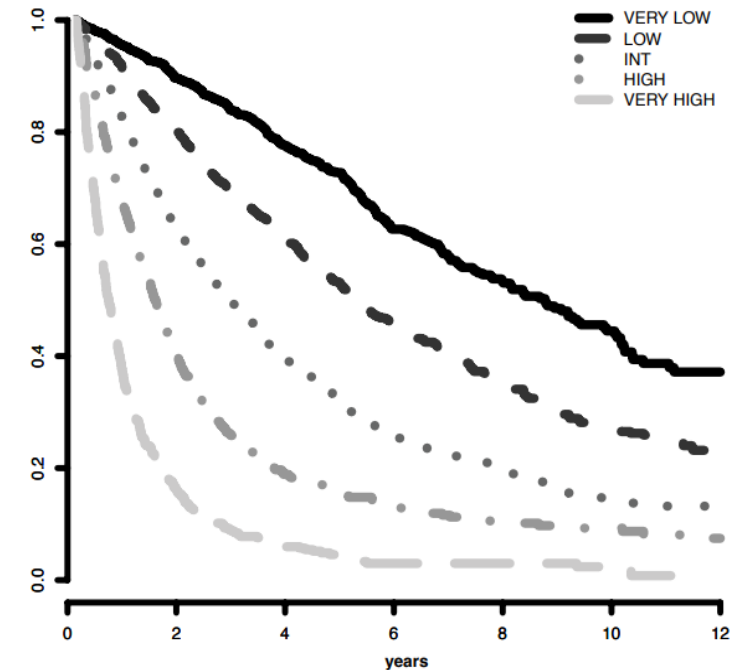


Number at Risk

Time (yr)	0	2	4	6	8	10	12
CCUS	858	834	798	764	728	697	230
CHIP	10,479	10,407	10,238	10,087	9,888	9,655	3,893
No CHIP/CCUS	182,404	181,674	180,407	178,734	176,774	174,453	72,254

# Revised International Prognostic Scoring System (IPPS-R) for MDS

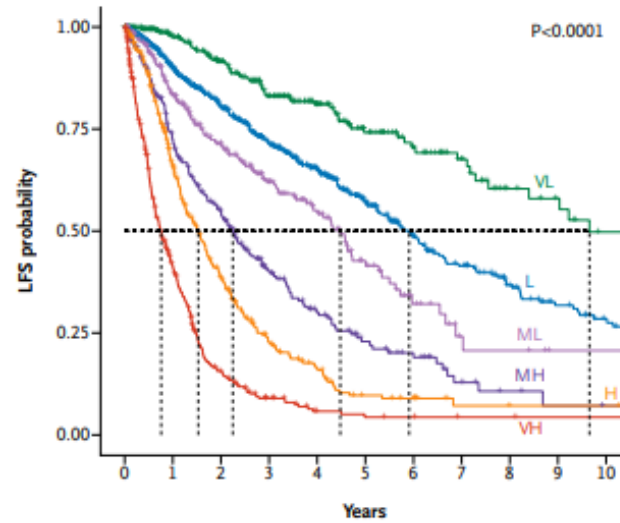
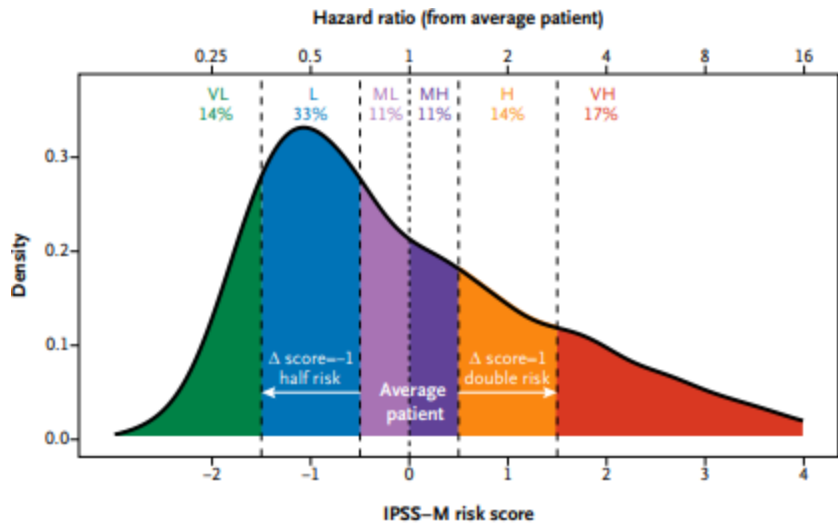
Prognostic Variable	0	0.5	1	1.5	2	3	4
Cytogenetics	Very Good		Good		Intermediate	Poor	Very Poor
BM blasts %	≤ 2		> 2% - < 5%		5% - 10%	> 10%	
Hemoglobin	≥ 10		8 - < 10	< 8			
Platelets	≥ 100	50 - < 100	< 50				
ANC	≥ 0.8	< 0.8					



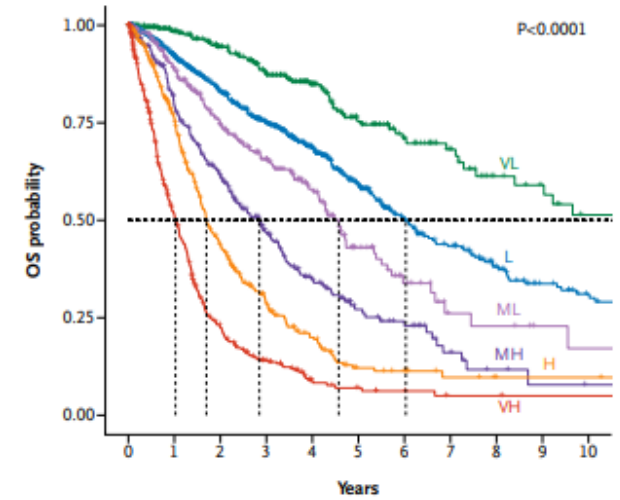
Greenberg PL, Blood. 2012;120(12): 2454-2465

Prognostic subgroups, % of patients	Cytogenetic abnormalities	Median survival (years)	Median AML evolution, 25% (years)	Hazard ratios OS/AML	Hazard ratios OS/AML
Very good (4%/3%)	-Y, del(11q)	5.4	NR	0.7/0.4	0.5/0.5
Good (72%/66%)	Normal, del(5q), del(12p), del(20q), double including del(5q)	4.8	9.4	1/1	1/1
Intermediate (13%/19%)	Del(7q), +8, +19, i(17q), any other single or double	2.7	2.5	1.5/1.8	1.6/2.2
Poor (4%/5%)	-7, inv(30/t(3q)/del(3q), double including -7/del(7q), complex: 3 abnormalities	1.5	1.7	2.3/2.3	2.6/3.4
Very Poor (7%/7%)	Complex: > 3 abnormalities	0.7	0.7	3.8/3.6	4.2/4.9

# Molecular International Prognostic Scoring System for MDS (M-IPSS)



No. at risk	0	1	2	3	4	5	6	7	8	9	10
VL	315	243	199	153	110	75	55	40	26	22	16
L	788	584	442	331	240	162	107	80	56	40	30
ML	274	188	135	92	62	34	16	7	6	3	3
MH	258	166	114	65	41	25	18	8	4	2	1
H	353	194	101	48	29	13	10	4	3	3	3
VH	440	152	50	21	8	6	5	3	3	2	2



No. at risk	0	1	2	3	4	5	6	7	8	9	10
VL	344	267	224	180	126	82	57	42	28	24	18
L	852	640	496	382	270	176	112	83	57	40	31
ML	295	214	152	111	72	35	18	8	7	4	3
MH	278	191	134	80	48	27	20	9	4	2	1
H	367	235	121	65	37	15	12	6	3	3	3
VH	460	200	77	37	14	9	6	3	3	2	2

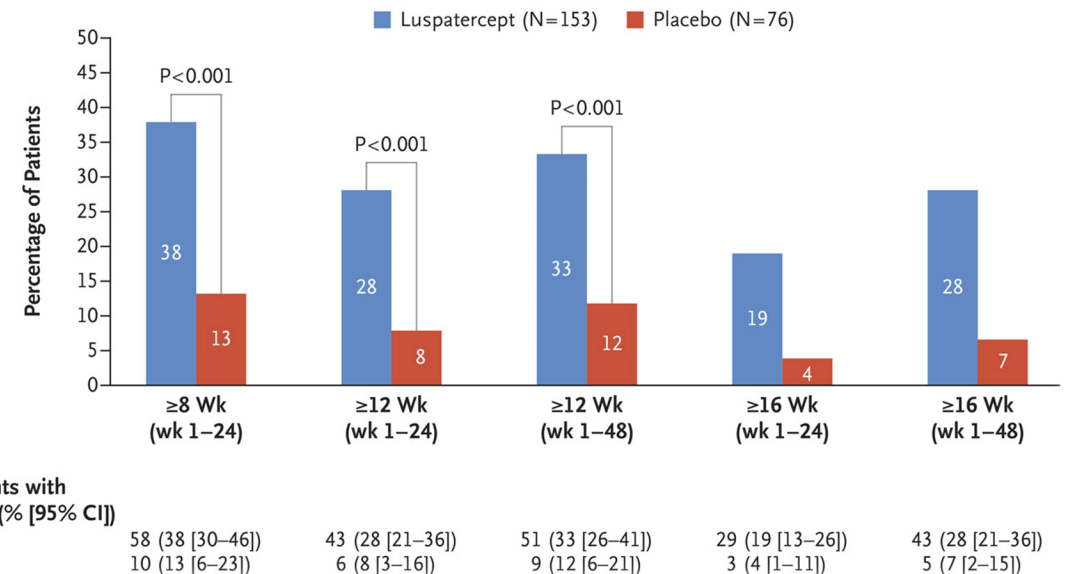
Bernard E; NEJM, 2022

# Luspatercept in Patients with Lower-Risk MDS after ESAs

\*Recombinant fusion protein that binds transforming growth factor  $\beta$  superfamily ligands to reduce SMAD2 and SMAD3 signaling

## Phase 3 trial

- Patients with **very-LR, LR, or intermedediate-risk MDS** with ring sideroblasts, transfusion dependent.
- **Luspatercept vs Placebo.**
- Primary end point **TI for  $\geq 8$  during weeks 1 through 24.**
- Secondary end point was **TI for  $\geq 12$  weeks.**



Fenaux P, et al; NEJM 2020. 382:140-51



# Imetelstat in patients with lower-risk MDS who have R/R to ESA (IMerge Trial)

- Phase 3, double-blind, placebo-controlled trial.
- ESA-relapsed, ESA-refractory, or ESA-ineligible.
- Low or Intermediate-1 risk disease.
- Imetelstat vs placebo Q4W until progression or toxicity.
- Primary endpoint: 8-week RBC-TI

	<b>Imetelstat (n/%)</b>	<b>Placebo (n/%)</b>
Patients	118	60
RBC-TI $\geq$ 8 wks	47 (40%)	9 (15%) (p = 0.0008)
Grade 3-4	107/118 (91%)	28/59 (47%)
Neutropenia	68%	3%
Thrombocytopenia	62%	8%

Platzbecker, U et al. *The Lancet*, Vol 403, Iss 10423, 249 – 260. Jan. 2024

# Oral Azacitidine in Patients With Lower-Risk MDS (Phase 3, Placebo Controlled)

CC-486 300-mg (107 pts) vs placebo (109 pts)

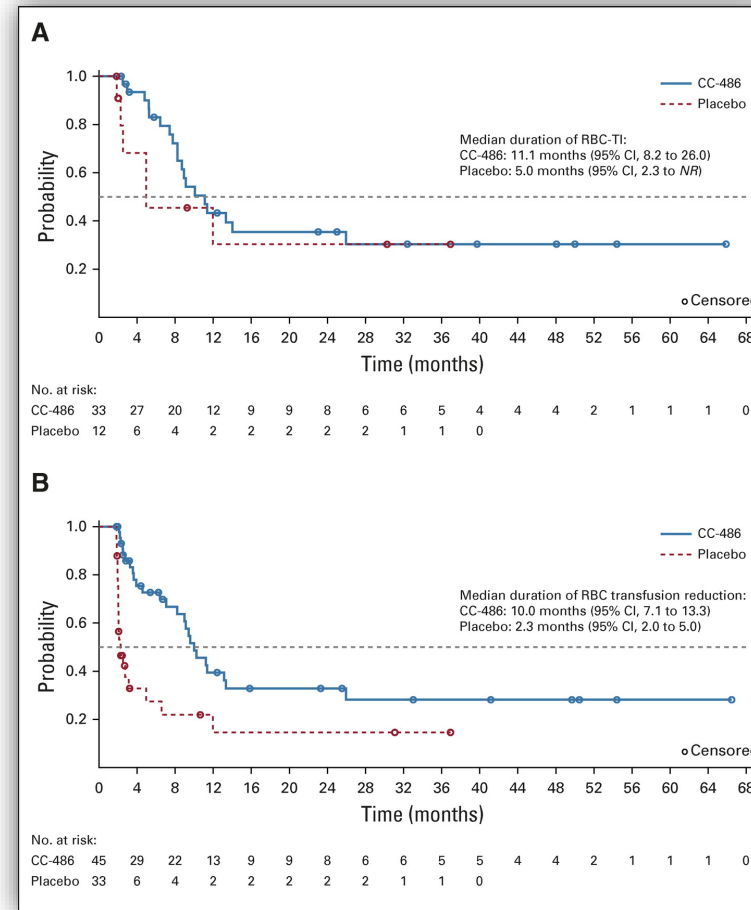
Primary end point: RBC TI

Median age: 74 years, mANC was  $1.3 \times 10^9/L$ .

## RBC-TI

CC-486 300mg 31%

Placebo 11%



**Imbalance in deaths during the first 56 days.**

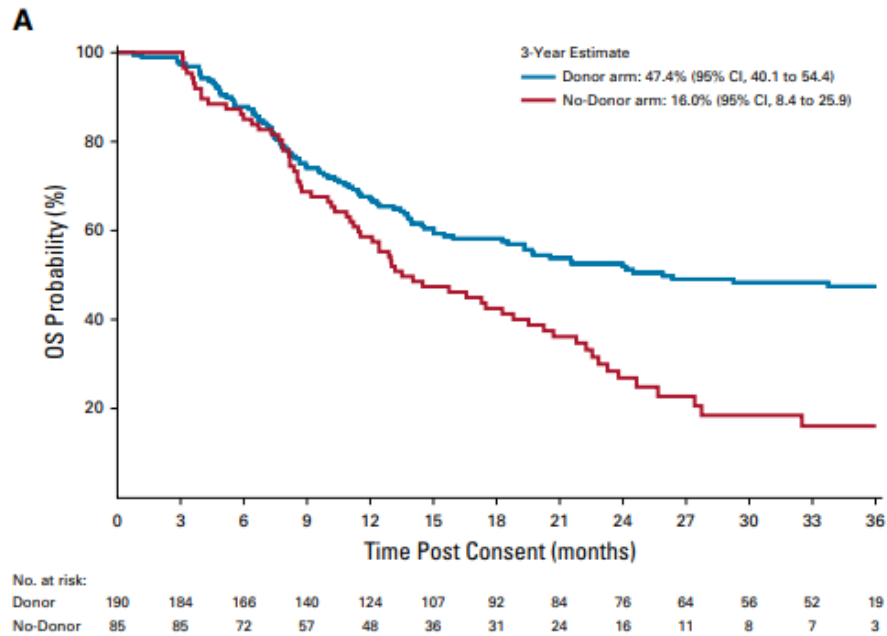
**CC-486, n = 16; placebo, n = 6**

**Main cause: infections**

**Oral Aza is NOT IV Aza**

Garcia-Manero, et al; J Clin Oncol 39:1426-1436. 2021

# Hematopoietic Cell Transplantation in Patients 50-75 Years of Age With High Risk-MDS



	@ 3 years	Transplant	No Transplant
Overall Survival*		47.9%	26.6%
Leukemia-free survival		35.8%	20.6%
* absolute difference 21.3%			

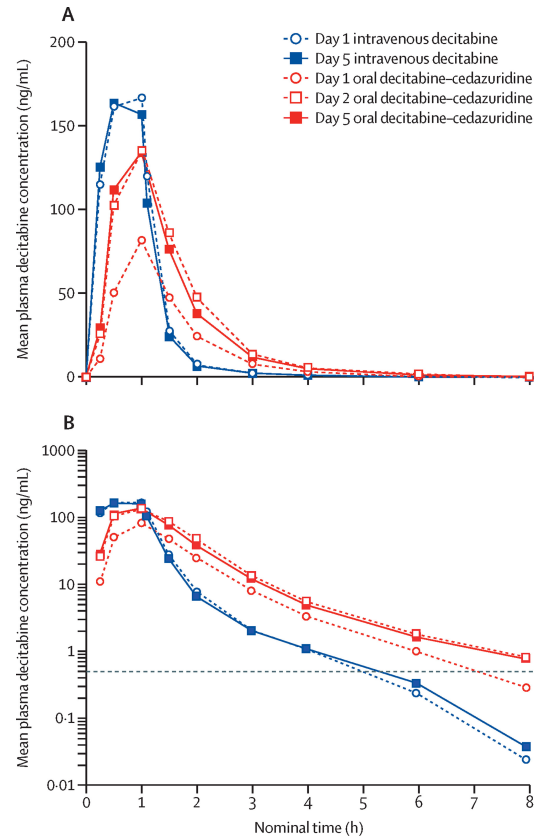
Significant survival advantage in **older subjects** with higher-risk MDS who underwent RIC HCT vs no HCT.

Nakamura, R et al; J Clin Oncol 39:3328-3339. 2021

# Oral decitabine–cedazuridine versus IV decitabine for MDS and CMML (ASCERTAIN)

## ■ 133 patients

- 121 (91%) White
- 4 (3%) Black or AA
- 3 (2%) Asian
- 5 (4%) not reported

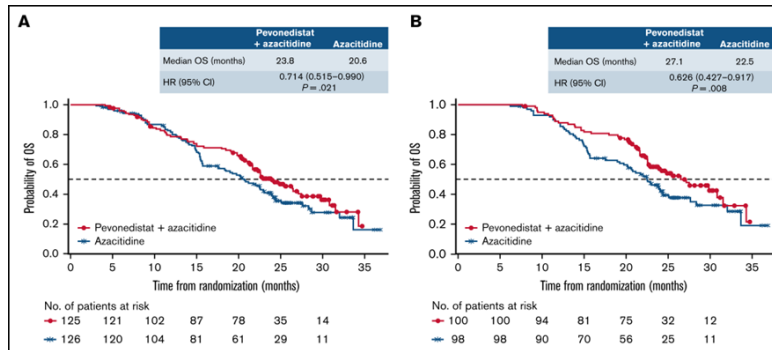
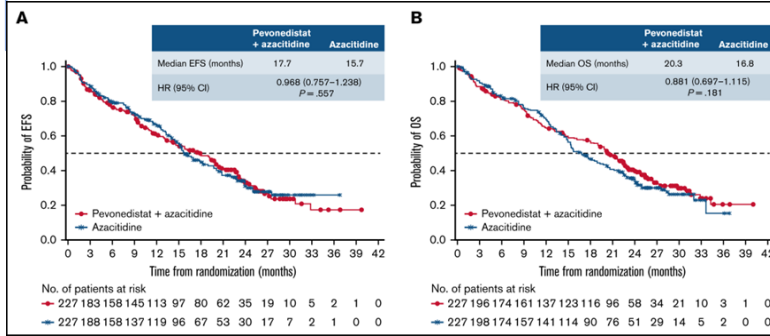


**CONCLUSION:**  
Oral decitabine–cedazuridine was **pharmacologically** and **pharmacodynamically** equivalent to intravenous decitabine.

# Combination Therapies for HR-MDS

	CR	Drug D/C
Aza	24%	8%
Aza + Len	24%	20%
Aza + Vor	17%	21%
Aza + Sabatolimab	19.6%	Phase 3
Aza + Magrolimab	33%	Phase 1B

**Pevedonistat + Aza vs Aza in HR-MDS**  
mEFS and mOS not statistically different.



	OS	Pevo + Aza	AZA
> 3 cycles		23.8	20.6 (p=0.021)
> 6 cycles		27.1	22.5 (p=0.008)

Sekeres et al; JCO 2017;35: 2745 – 53

Sallman et al; JCO. 2023;41:2815-2826.

Zeidan, A. M; EHA 2024

Ades, L et al; Blood Adv (2022) 6 (17): 5132-5145

# Venetoclax and Azacitidine for Patients with High-Risk MDS

Ven 400 mg PO QD on Days 1-14 and Aza 75 mg/m<sup>2</sup> IV on D1-7 (or D 1-5, 8, and 9); on 28-day cycle.

Responses*	107 patients IPSS-R of > 3
CR	29.9% (95% CI, 21.4-39.5)
Median CR duration	16.6 mo (95% CI, 10.0-NR)
Median OS	26 mo (95% CI, 18.1-51.5)
Median TTNT	6.8 mo (95% CI, 5.6-8.3)
Subsequent treatment	57.9%
Subsequent HCT	39.3%
CR + PR + mCR	> 80%

\*by International Working Group 2006 criteria

Garcia, et al; Vol. 142, Iss. Supp. 1 Nov. 2 2023.

# FDA approves Ivosidenib for R/R MDS with mIDH1. Oct. 2023

- Open-label, single-arm.
- 18 adult patients
- 500 mg PO QD for 28-day cycles until progression, toxicity, or HCT.
- Median tx duration: 9.3 mo.

<b>18 Patients</b>	
CR	38.9% (95% CI: 17.3, 64.3)
Median time-to-CR	1.9 mo. (range, 1.0 to 5.6 mo.)
Median CR duration	Not estimable (range 1.9, 80.8+ mo.)
9 patients RBC or PLT TD	6/9 (67%) TI during any 56 days period
9 patients RBC or PLT TI	7/9 (78%) TI during any 56 days period

**Box Warning:**

**Risk of differentiation syndrome - May be life-threatening or fatal.**

# Comparison of Demographics, Disease characteristics, and Outcomes between African Americans patients and White patients with MDS: A population-based study.

- SEER\* (18 Registries, 2000-2018, Nov 2020 submission)
- 37,564 pats with confirmed MDS
- age  $\geq$  20
- Dx between 2000-2013
- MDS sub-types: low, intermediate, and high-risk disease.

	AA	W
3,7564	8%	92%
Males	49%	58%
Median Age	71	76
Metropolitan Areas	66.8%	60.2%
mOS	33 mo	26 mo

Multivariate Cox-PH model, HR for OS after adjusting for sex, age at diagnosis, histology, urban-rural continuum, income group was: 0.90 (95%CI 0.86-0.94),  $p < 0.001$ .

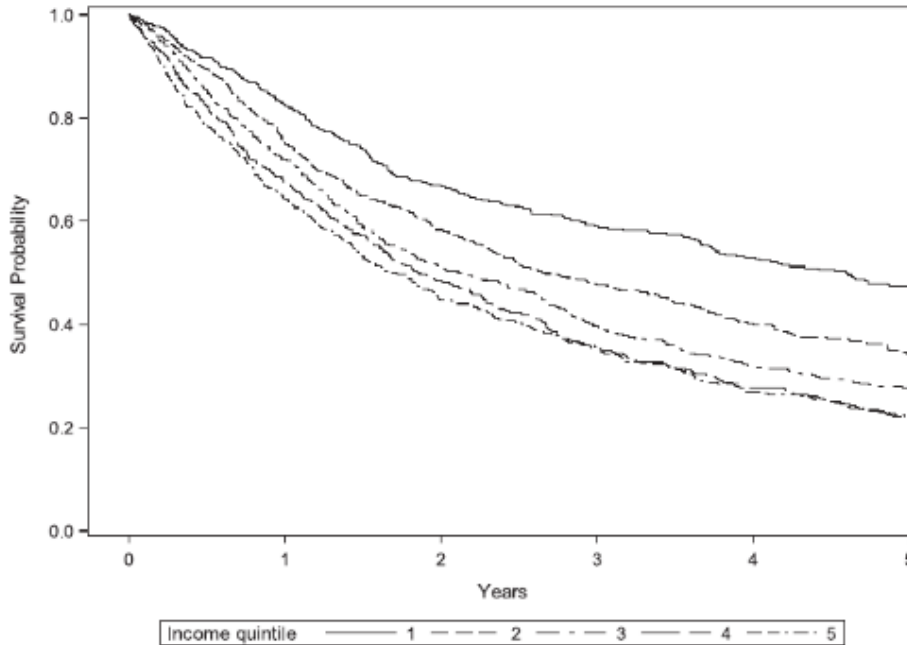
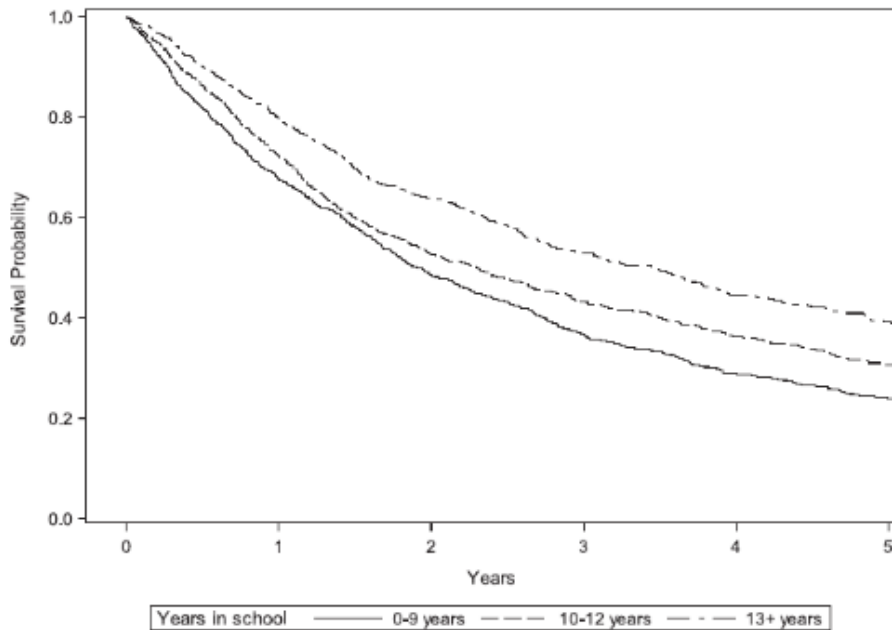
Limitations: retrospective nature, reliance on data only available in SEER, and the lack of data on subtypes of MDS.

\*Surveillance, Epidemiology, and End Results

Lesegretain et al, J Clin Oncol 40, 2022 (suppl 16; abstr 7051)



# Income, education and their impact on survival in patients with MDS.



Age at Diagnosis n= 2945	
≥ 75 y/o	1574 (53%)
< 75 y/o	1371 (47%)

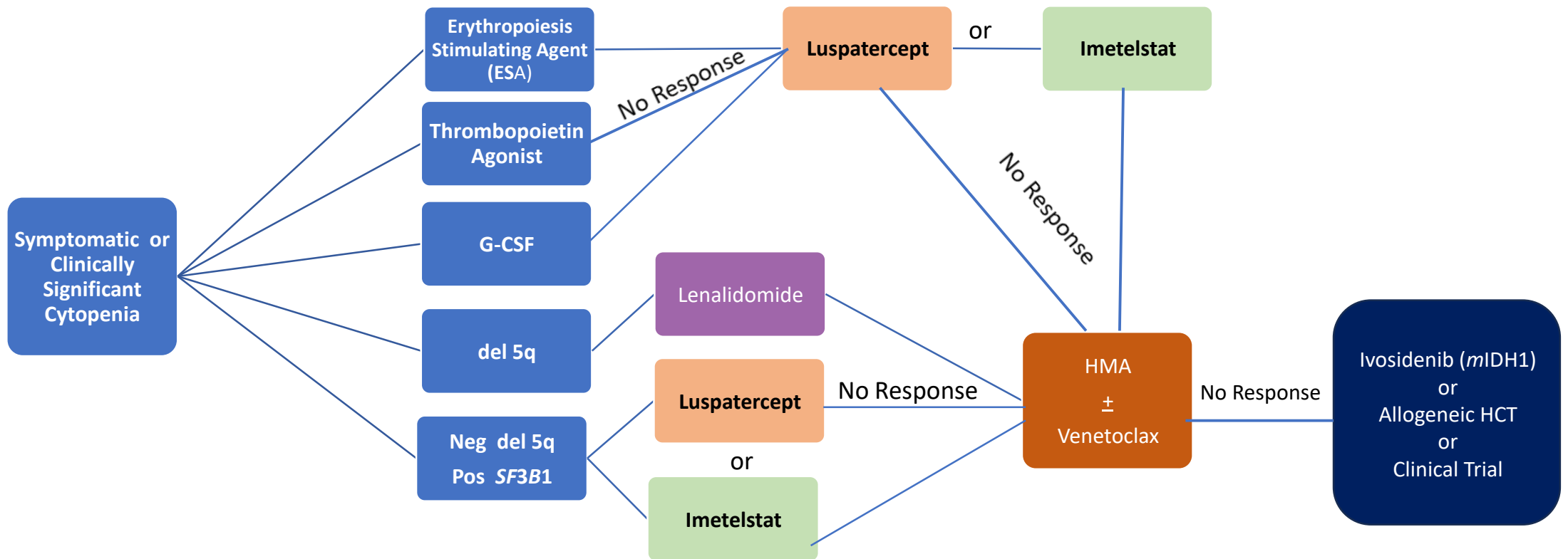
## Mortality

- **50% higher** among patients in the **lowest income** category
- **40% higher** in patients with **mandatory school education** only compared to college or university education.

Larfors G, et al. Eur J Haematol. 2021.

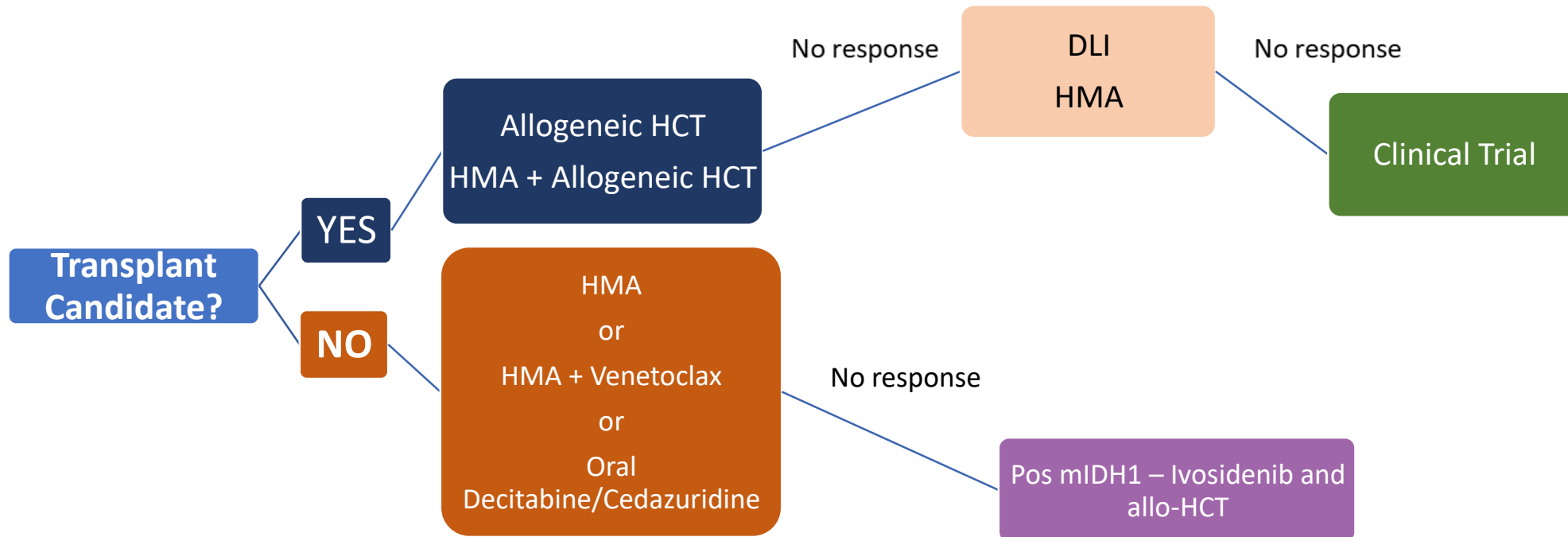


# Low Risk MDS (IPSS-R VERY-LOW-, LOW-, INTERMEDIATE-RISK DISEASE)



Adapted NCCN Guidelines Version 3.2024

# High Risk MDS (IPSS-R Intermediate, High, Very High-Risk Disease)



Adapted NCCN Guidelines Version 3.2024